

IROQUOIA BRUCE TRAIL CLUB

Hike Schedule

Fall 2017

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SEPTEMBER HIKES

Friday September 1, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday September 2, 2017 Sydenham Kemble

(Maps 33/34) - 23 Km

Depart: 8:30 am. Map 33, Km 122.4 - GPS -N 44.64- W 80.00.

Directions: From Highway 18 turn right on Denby-Sarawak road to County Rd 17, turn left follow to meeting spot at The Glen road side parking.

Hike Description: Car shuttle to km 152.2. Map 34. Hike by through Kemble Mountain and Lindenwood Areas and part of The Glen.

Pace: moderate terrain Variable and challenging, hiking boots, no dogs or no dropouts

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Sunday September 3, 2017 Iroquoia Section

Eramosa Karst, Map 7

This 7 km loop hike will take approximately 2 hours and is at a medium pace over easy terrain.

There is no dropout point.

Depart: 10:00 am In the North parking lot at Valley Park on Paramount Drive in Upper Stoney Creek.

Hike Description: We'll hike to the Eramosa Karst and do a loop hike there.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Sunday September 3, 2017 Sydenham Section

Lindenwood

(Maps 32/33) - 23 K

Depart: 8:30 am. Map 32, Km 99.5 - GPS -N 44.55- W 80.95

Directions: From Highway 6-10 turn left on to 18 go to Concession 3 where trial leave road. Roadside parking

Hike Description: Car shuttle to Km1`22.4 Map 33.Hike back through The Glenn Management Area and Pottawatomi Conservation Area

Pace: moderate terrain Variable and challenging, hiking boots, no dogs or no dropouts

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10pm

Monday September 4, 2017 Sydenham Owen Sound

(Maps 31/32) - 20 K

Depart: 8:30 am. Map 31, Km 80.2 - GPS -N 44.56- W 80.88

Directions: From Highway 6-10. Turn right on Derry Line to 10th Concession turn left to the KOA Campground parking area

Hike Description: Car shuttle to Km 99.5 Map 32.Hike back through Inglis Falls Conservation Area

Pace: moderate terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Monday September 4, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Tuesday September 5, 2017 Iroquoia Section

Battlefield Park, Stoney Creek

Stoney Creek Pizza Evening Walk - 1.5 - 2hrs

This 7 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 7:00 pm Meet at 7:00pm at the parking lot at Battlefield Park.

Directions: Take Centennial Parkway to King Street (Last traffic light before climbing the escarpment). Go East on King Street. Turn immediately right into the driveway for Battlefield Park (Sign at bottom of driveway on King Street). Meet in Parking Lot.

Hike Description: We will hike various trails and streets in the area, including the Battlefield Park Side Trail and the Bruce Trail and the Devils Punch Bowl Side trail. Optional Après Hike stop for pizza

Hike Leader: Paul Lewis outdooractive@hotmail.com

905-331-8600 I check email more often

Wednesday September 6, 2017 Caledon Section

Hikers R Us

Caledon E2E7 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot,

GPS Coordinates: 43.5270110, -79.9036470

Directions: Hwy 25 (Martin St) and Hwy 401 eastbound off-ramp

Hike Description: We will meet in Milton and shuttle cars to the hike start. We will hike approximately 7 km from the parking spot (=Roadside parking on the north corner of Finnerty Side Rd & Innis Lake Road intersection) and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com
5192224040

Wednesday September 6, 2017 Iroquoia Section

Good Companions

Dundas Valley Rail Trail

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain.

There is no dropout point. No dogs please.

Depart: 10:00 am. Sanctuary Park in Dundas.

Directions: From Old Ancaster Road turn right onto Pleasant Ave and follow it along to Sanctuary Drive. Turn right on Sanctuary Dr. The parking lot is at the end of the street.

Hike Description: We will walk from Sanctuary Park along the Springcreek Trail and return via the rail trail. Bring snack, water, bug spray and sunscreen.

Hike Leader: Stella Parr, scparr@yahoo.ca 905-628- 6436

Wednesday September 6, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday September 7, 2017 Iroquoia Section

Dundas Valley Conservation Area

This 10 km loop hike will take approximately 3.5 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. Start at the last parking lot of the Dundas Valley Conservation Area (closest to the Centre). Dundas Valley C.A is located off of Governor's Rd. in Dundas. Parking fee or Conservation Are pass.

Directions: From the 403 W. take the Main St. W. Exit. Turn left onto Main St. W. and travel to Osler Dr. Turn right and follow to Governor's Rd. Turn left onto Governor's Rd. and follow to the Dundas Valley C.A on your left.

Hike Description: This 10 km. double loop will take in two of the valley's lovely trails. Both loops begin and end at the Trail Centre. Hikers can hike one or both loops.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905 337 3937

Thursday September 7, 2017 Iroquoia Section

Kerncliffe Park Burlington

Tyandaga Evening Walk – 6km (1.5 hrs.)

This 6 km loop hike will take approximately 1.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 7:00 pm Meet at Kerncliffe Park (old quarry) parking lot on Kerns Road, Burlington

Directions: Take Brant Street north, left on North Service Road to Kerns Road. Go North on Kerns Road to below the escarpment. Parking lot entrance is on your right. Please be aware that you no longer can come south on Kerns Road from Dundas Street

Hike Description: Hike sections of the Bruce Trail and side trails while still light.

Hike cancelled if there is heavy rain.

Hike Leader: Paul Lewis outdooractive@hotmail.com

905-331-8600 please email since I check more often

Friday September 8, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday, September 9, 2017 Dufferin Hi-Land

Boyne Valley

(Maps 19/20) - 20 Km

Depart: 8:30 am. Map 19, Km 0.0. GPS N 44.02-W 80.05

Directions: From 401 West, North on 410 to 10 to Camilla, turn right on county Rd 8 to Mono Centre, turn right to junction of 3 & 8 turn right. Roadside parking.

Hike Description: Car shuttle to Km 20.6, Map 20. Hike back through the Boyne Valley and Mono Cliffs Provincial Park.

Pace: moderate terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519)485 0879 Weekday between 7-10 pm.

Saturday September 9, 2017 Iroquoia Section

Hamilton, Map 8

Halton Hikes Loops and Lattes

This 12 km shuttle hike will take approximately 4 hours and is at a medium pace over easy terrain.

There is a dropout point after 7 km.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet at 10 am at the Hendrie Valley Parking lot on Plains Rd West at Botanical Drive. Pay parking is in effect but it's only \$1 per hour at last check. If you want free parking you could park at the Royal Botanical Gardens Headquarters and cross Plains Road to meet us at Hendrie Park. For the 2nd hike, the leaders will provide directions to Burlington Beach and where to park

Directions: Hendrie Valley Parking lot on Plains Rd West at Botanical Drive

Hike Description: Halton Hikes Loops and Latte's is a series of 37 hikes over 2 years based on a new book by author Nicola Ross. The book is available widely including bookstores and outdoor stores.

Two hikes today both easy. The first is in lovely Hendrie Valley 7.2 km hike number 19 and the second along Burlington Beach 3.9km hike number 4.

Pre-register for the hike with the hike leader.

Please contact the leaders by e-mail to let them know you're coming.

To register for the hikes e mail gord.morrow@gmail.com

Hike Leader: Phil Armstrong hikinggrandpa@gmail.com

905-337-3937 gord.morrow@gmail.com

Saturday Sept 9, 2017 Iroquoia Section

Loops and Lattes

Hamilton, Map 8

This 12 km shuttle hike will take approximately 4 hours and is at a medium pace over easy terrain.

There is a dropout point after 7 km.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet at 10 am at the Hendrie Valley Parking lot on Plains Rd West at Botanical Drive.

Pay parking is in effect but it's only \$1 per hour at last check. If you want free parking you could park at the Royal Botanical Gardens Headquarters and cross Plains Road to meet us at Hendrie Park. For the 2nd hike, the leaders will provide directions to Burlington Beach and where to park

Directions: Hendrie Valley Parking lot on Plains Rd West at Botanical Drive

Hike Description: Halton Hikes Loops and Latte's is a series of 37 hikes over 2 years based on a new book by author Nicola Ross. The book is available widely including bookstores and outdoor stores.

Two hikes today both easy. The first is in lovely Hendrie Valley 7.2 km hike number 19 and the second along Burlington Beach 3.9km hike number 4.

Pre-register for the hike with the hike leader.

Please contact the leaders by e-mail to let them know you're coming.

To register for the hikes e mail gord.morrow@gmail.com

Hike Leader: Maureen Hills and Gordon Morrow gord.morrow@gmail.com

Sunday Sept 10, 2017 Iroquoia Section

Loops and Lattes

#30 Rockwood Pothole 5.5 km plus #3 Bear Den 5.5km or 7.5km. .

Two hikes again today. The first is in the Rockwood Conservation Area and we'll have our lunch there before hiking another loop on the Guelph Radial Line Trail in the Blue Springs Valley. The leader will give you instructions how to get to the second hike.

Depart: 10:00 a.m. near the washroom building at the parking lot. There will be a charge to enter the conservation area.

Directions: The conservation area is about 1hr drive from Burlington straight up Guelph Line.

To Register: e-mail Phill Armstrong at hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

Monday September 11, 2017 Caledon Section

Happy Wanderers

Caledon E2E8

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 Carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Roadside parking on the south side of Coolihan's Side Road). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com 519-222-4040

Monday September 11, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday September 13, 2017 Toronto Section

Hikers R Us

Temple Visit

This less than 5 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 10:00 am. The temple is at 16 Claireville Dr. Toronto M9W 5Z7 (416 798 2277) check on the Temple's website

OR meet at 9 a.m. at the carpool lot on the west side Bronte Rd, Oakville just south of QEW.

Directions:

Hike Description: We shall tour the Baps Shri Swaminarayan Mandir Temple and grounds and afterwards lunch at an Indian Restaurant Friends and Relatives are welcome as welcome. This is the big white temple seen from 427/Finch

Pre-register for the hike with the hike leader.

Register at least by Tuesday evening on Sept 12

Hike Leader: Norman Young mny176@outlook.com

905 845 0939 cell on hike day 905 330 6605

Wednesday September 13, 2017

Good Companions

La Salle Park, Burlington

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet at La Salle Park in Burlington, 50 North Shore Boulevard East. Look for us in the parking lot close to the playground structures and the Pavilion.

Hike Description: We will take a leisurely tour around the marina, the swan & duck gathering spot, and the trail eastward from there. We will likely add a second loop.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681- 6167

Wednesday September 13, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast Pace)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast Pace and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday September 14, 2017 Iroquoia Section

Oakville

14 Mile Creek

This 12 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am. At the south-west corner of the Glen Abby Rec Centre parking lot at 1415 Third Line (between the QEW and Upper Middle Rd.)

Hike Description: Basically a flat hike with a couple of hills, where poles would be helpful

Hike Leader: Norman Young

905 845 0939 cell on hike day 905 330 6605

Thursday September 14, 2017 Iroquoia Section

Borer's Falls

This 8 km "there and back" hike will take approximately 2.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am At the Dog Park which is off York Road in Dundas (nearest intersection is Valley Road). DO NOT LEAVE VALUABLES IN YOUR VEHICLE.

Directions:

Hike Description: We are hiking from the Dog Park off York Road in Dundas up the escarpment to Borer's Falls then we will take a break at Rock Chapel and return to the Dog Park by the same route. Bring snack and water.

The stairs are steep and if it's rained, can be slick.

Hike Leader: Linda Robinson fly@execulink.com

Friday September 15, 2017 Peninsula Section

Tobermory

This 9 km loop hike will take approximately 4 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 7:00 pm

Hike Description: Celebrate Canada 150 with a weekend trip to Flower Pot Island and The Grotto, the top two in the Bruce Peninsula National Park. We arrive Friday, 15 September at our comfortable hotel overlooking Little Tub Harbour in Tobermory where we will stay for two nights and have our meals. The walks will not be fast, lots to see and photograph. For more information: Greg Vincent 519-579-8210 or vincent.greg@gmail.com hikevincent.wordpress.com

Pre-register for the hike with the hike leader.

Call or email Greg Vincent.

Hike Leader: Greg Vincent vincent.greg@gmail.com
519-579-8210

Friday September 15, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday September 16, 2017 Iroquoia Section

Dundas, Map 8 ED 27

This 16 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am. Tiffany Falls parking lot on Wilson St

Directions: Map 8 ED 27 45.0 marker

Hike Description: Hike the main trail from Tiffany Falls to the Gatehouse and loop back to Tiffany Falls

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Sunday September 17, 2017 Iroquoia Section

Rockcliffe Trails, Map 8

This 8 km loop hike will take approximately 2.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am in front of the Walmart Supercentre on Dundas Street (Hwy. 5) in Waterdown.

Directions:

Hike Description: We will do a 100% loop hike on the Rockcliffe Trails (Clappison Woods).

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Sunday September 17, 2017 Niagara Section

St Catharine's, Map 2

Canal hike

This 16 km "there and back" hike will take approximately 5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 10:00 am From Sobeys parking lot on north east corner of Glendale Avenue and Mountain Street at 21.9 km on Map 2

Hike Description: This hike will take us along the 2nd, 3rd and 4th Welland Canals to picnic at Woodend Conservation Area.

Hike Leader: Cynthia Archer archercynthiab@gmail.com
416 573 4236

Monday September 18, 2017 Iroquoia Section

Happy Wanderers

Dundas, Map 8 ED 27

This 16 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am. Tiffany Falls parking lot on Wilson St

Directions: Map 8 ED 27 marker 45.0

Hike Description: Hike the main trail from Tiffany Falls to Canterbury Falls to the Gatehouse and loop back to Tiffany Falls

Hike Leader: Wayne Riley wlr8362@gmail.com
289-456-3498 RSVP

Monday September 18, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday September 20, 2017 Iroquoia Section

Hikers R Us

Winona to Stoney Creek, Map 6 and 7 (26th edition)

This 15 km shuttle hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Meet for 9:00 am departure at Paramount Park side trail parking lot.

Directions: Take Mud St. East and turn left to Winterberry Drive. Park is on left. We will move cars to side street off Fifty Road.

Hike Description: We will hike from Fifty Road to Paramount Park along escarpment using BT passing through Devil's Punch Bowl and Felker's Falls.

Pre-register for the hike with the hike leader.

Please email to pre-register for hike.

Hike Leader: Ruth Merz ruthmerz1@outlook.com
905 928 5491 (cell on day of hike)

Wednesday September 20, 2017 Iroquoia Section

Good Companions

RBG-North Shore Trail

This 8 km loop hike will take approximately 2 hours and is at a medium pace over easy terrain. There is no dropout point.

Depart: 10:00 am Former RBG North Shore Parking Lot on York Road in Dundas.

Directions: Park alongside of York Road or park at the Dog Park near Valley Rd. and walk down to the former parking lot where the group is meeting. DO NOT LEAVE VALUABLES IN YOUR CAR.

Hike Description: Easy hike, a few hills, with a break at the Nature Center. Bring snack and water.

Hike Leader: Linda Robinson fly@execulink.com

Wednesday September 20, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday September 21, 2017 Iroquoia Section

Burlington/Waterdown, Map 9

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. Start at City View Park on the east side of Kerns Rd. City View Park is on Kerns Rd., south of Highway 5 and north of the QEW. We will meet in the south parking area.

Directions: From Highway 5 travel south on Kerns Rd. to the second parking area on the east side of Kerns. From the North Service Rd. travel north on Kerns Rd. to the most southerly parking lot on the east side of Kerns.. (Don't get confused with Kerncliff Park which is below the escarpment.) Note: Kerns Rd. is one way going north from just south of City View.

Hike Description: This 10 km. hike takes us to Waterdown and Smokey Hollow via the McNally Side Trail. The climb up to Smokey Hollow follows Grindstone Creek up to Great Falls where we will have lunch. On the way back we will explore the Upper Grindstone Side Trail. Bring water and a lunch and sunscreen.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905 337 3937

Friday September 22, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Sunday September 24, 2017 Iroquoia Section

R.B.G. North Shore, Map 8

This 8 km loop hike will take approximately 2.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am along York Road near the Hopkins entrance to the Ray Lowes Trail in Dundas.

Hike Description: We will do a mainly loop hike on the R.B.G. North Shore trails.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Monday Sept 25, 2017 Iroquoia Section

Happy Wanderers

Webster Falls, Map 8 ED 27

This 17 km loop hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am 20 Marshboro Ave, Greensville

GPS Coordinates: 43.2699386,-80.006837

Directions: Turn east at # 5 and Brock Rd towards Dundas. Turn right at Brock and # 8 (Bullocks Corners). Approximately 1 k up the hill, Marshboro will be on your left. Follow to the 2nd last house on the street.

Hike Description: from meeting area hike down the escarpment and head towards Dundas Valley Golf course. We will continue to the base of Webster Falls and then back out to the white trail and climb the hill to Dundas Lookout. We will then proceed along to Spenser Creek and follow to Christie Conservation Area and back to parking area.

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Monday September 25, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday September 27, 2017 Iroquoia Section

Hikers R Us

Kelso Conservation Area, Map 11

This 15 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am. The hike will depart from the parking lot at the corner of Steeles Avenue and Bell School Line.

Hike Description: This hike explores the northern terminus of the Iroquoia section and will loop through Kelso along the main Bruce Trail, blue side trail and Kelso hiking trails. We will take the Steeles Avenue Side Trail which connects with the main trail at 116.6 km.

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Wednesday September 27, 2017

Good Companions

Scenic Drive, Hamilton, Map 7

This loop hike will take approximately 1.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet at the parking lot (Km.40.6 ed. 28) on Scenic Drive in West Hamilton (Where Scenic Drive makes 90 degree turn)

Directions: From the LINC: exit at Mohawk Road. Go north on Mohawk Rd and turn left onto Scenic Drive. Can also be reached by travelling westbound on Scenic Drive.

Hike Description: We will do a loop hike through the Iroquoia Heights Conservation Area.

Lunch will be at Kelsey's in Ancaster Meadowlands.

Hike Leader: Bill Fulton, ibtcrbguu.fulton@gmail.com

Wednesday September 27, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday September 28, 2017 Iroquoia Section

Oakville, Joshua Creek

This 12 km loop hike will take approximately 3 hours and is at a medium pace over easy terrain.

There is a dropout point after 5 km.

Depart: 10:00 am Oakville Town Hall

Directions: The Town hall is just north of the QEW off Trafalgar Rd left on White Oaks Blvd

Hike Leader: Norman Young mny176@outlook.com

905 845 0939 Cell 905 330 6605

Friday September 29, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 Or email: l.carruthers@hotmail.com

Saturday September 30, 2017 Iroquoia Section

Rattlesnake Point Conservation Area, Map 11

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet in the upper parking lot of Rattlesnake Conservation Area located on the east side of Appleby Line, north of Derry Rd. Parking fee or Conservation Area pass.

Directions: From Highway 5 or Derry Rd. go north on Appleby Line to the top of the twisty road. Rattlesnake Point Conservation Area is located on your left, immediately at the top of the hill. It is easy to miss.

Hike Description: This 10 km. hike will visit the most southerly edge of Rattlesnake Point and then follow the escarpment edge north, descend into Nassagaweya Canyon, follow the main trail south and then ascend back up to the escarpment edge to return to our cars. There will be a steep descent into the canyon and an easier ascent back up. We will use a combination of Conservation Area trails and Bruce Trail. Expect a few rocky areas. Bring water and a lunch.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905-337-3937

Saturday September 30, 2017 Toronto Section

Scotsdale Farm, Map 13

This 13 km loop hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:00 am Park at Silver Creek Education Centre - hike departs at 9am sharp.

GPS Coordinates: 43°41'35.3"N 79°58'06.0"W

Directions: Enter from Fallbrook Trail north of 27 Sideroad

Hike Description: Using both the Bennet Heritage Trail & the Great Esker Side Trail, we will hike approximately 13km through Scotsdale Farm at a medium pace. Well socialized and leashed dogs welcome.

Pre-register for the hike with the hike leader.

In order to be informed of cancellations or changes due to weather, please ensure you pre-register 12 hours in advance via email or text.

Hike Leader: Christine Hanley christine.m.hanley@gmail.com
6472942098 texts preferred

Saturday September 30, 2017 Dufferin Hi-Land

Pine River Area
(Maps 20/21) - 20 Km

Depart: 8:30 am. Map 20, Km 20.6. GPS N 44.11-W 80.11

Directions: From 401 West, North on 410 to 89 turn right to 1st Line turn left. Roadside parking on top of hill.

Hike Description: Car shuttle to Km 41.7, Map 21-.Hike back through the Pine River and Boyne Valley Provincial Park.

Pace: moderate terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

OCTOBER HIKES

Monday October 2, 2017 Niagara Section

Happy Wanderers

Short Hills. Picnic at Terrace Falls, Map 3

This 15 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:00 am

The hike will depart from the parking lot at Morning Star Mills at 33.5km on map 3

Hike Description: the hike will take us to Terrace Falls within Short Hills Park just in time for lunch

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Monday October 2, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday October 4, 2017 Caledon Section

Hikers R Us

Caledon E2E9

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (BTC parking lot off 7th line immediately east of Airport Rd.) We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com 519-222-4040

Wednesday October 4, 2017

Good Companions

Mount Nemo Conservation Area, Map 10, Km 93.0

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot at the entrance to Mount Nemo Conservation Area.

There is an entrance fee unless you have a Halton Conservation Pass.

Directions: North on Guelph Line approximately 6 km north of Hwy #5.

Hike Description: We will explore a combination of main trail, side trails and ski trails. Some hills and some rocky sections.

Hike Leader: Judy Bourke, judith.bourke@sympatico.ca 905-332- 8741

Wednesday October 4, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday October 5, 2017 Iroquoia Section

Ancaster

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:30 am Meet at the Little League Baseball Field on the Jerseyville Side Rd.

Directions: From Hamilton take the 403 west. Exit at Wilson Street in Ancaster. Turn right on Wilson St. At the traffic circle Take the exit right onto Meadowbrook St. (3rd exit), Take Meadowbrook to Jerseyville w Rd. Turn Right. Pass High School. Little League Park is on right at bottom of hill.

Hike Description: Loop Hike in Spring Valley

Hike Leader: Lorraine Shered 13 hiking13@gmail.com

519 753 5519 email please

Friday October 6, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday October 7, 2017 Sydenham Section

Owen Sound East (Maps 30/31) - 20 Km

Depart: 8:30 am. Map 31, Km 80.2. GPS N 44.56-W 80.88.

Directions: From Highway 6-10 turn right on Derry Line to 10th Concession turn left to the KOA Campground parking area.

Hike Description: Car shuttle to Km 61.0, Map 30.Hike back through Sydenham Forest East and West.

Pace: moderate, Terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Sunday October 8, 2017 Iroquoia Section

West Dundas Valley, Map W of 8

This 8 km loop hike will take approximately 2.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am in the parking lot at the Lions Club pool on Jerseyville Road in Ancaster.
Hike Description: We will do a mainly loop hike on several trails in the Western part of the Dundas Valley.
Hike Leader: Vern Erickson verickson@cogeco.ca
905-667-4370

Sunday October 8, 2017 Sydenham Section

Owen- Bayview Extension
(Maps 30) - 19 Km

Depart: 8:30 am. Map 30, Km 41.7. GPS N 44.59 -W 80.74

Directions: Woodford parking area north on Highway 26 along Woodford Crescent.

Hike Description: Car shuttle to KM 61.0, Map 30. Hike back through the Bayview Escarpment Provincial Nature Reserve.

Pace: moderate, Terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Monday October 9, 2017 Sydenham

Owen Bognor Marsh
(Maps 29/30) - 20 Km

Depart: 8:30 am. Map 30, Km 41.7 GPS N 44.59 W 80.72.

Directions: Woodford parking area north on Highway 26 along Woodford Crescent.

Hike Description: Car shuttle Km 21.8, Map 29. Hike back through Massie Management Area and Bognor Marsh.

Pace: moderate, Terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Monday October 9, 2017 Niagara Section

Short hills Provincial Park, Map 3
Comfort Maple Hikes #3/4

This 15 km "there and back" hike will take approximately 4 hours and is at a brisk pace over easy terrain. There is no dropout point.

No dogs please.

Depart: 9:00 am Meet in parking lot in Short hills Provincial Park off of Roland Rd

Directions: Parking Lot is just east of Effingham St on Roland Rd

Hike Description: Celebrating Canada's 150th with Four Seasons at the Comfort Maple #3/4 - autumn. All participants in these hikes will have their name entered in a draw for a commemorative pen or framed photo print of the Comfort Maple. Optional hike to Swayze Falls after our return to the parking lot.

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Monday October 9, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday October 11, 2017 Iroquoia Section

Hikers R Us

Iroquoia South Grimsby, Map 5

This 14 km shuttle hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am. The hike will depart from the parking lot at Grimsby Lions Community Pool. We will shuttle to the Adam Dopko Side Trail at the corner of Casablanca and Main Street and then hike back.

Hike Description: This hike explores the southern-most part of the Iroquoia Trail and include blue and white trails.

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Wednesday October 11, 2017

Good Companions

Crawford Lake Conservation Area, Map 11

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot immediately to the left of the entrance kiosk. There is an entrance fee unless you have a Halton Conservation Pass.

Directions: North on Guelph Line through Lowville. Approximately 3km north of Derry Road turn right on Conservation Road.

Hike Description: We will explore a combination of main trail, side trails and ski trails. Some hills.

Hike Leader: Vicki Grant, mrsvcg@aol.com 905-689- 6200

Wednesday October 11, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday October 12, 2017 Iroquoia Section

Oakville

14 Mile Creek

This 12 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am SW corner of the Glen Abbey Recreational Centre parking lot

Directions: Glen Abbey Rec is between the QEW and Upper Middle Rd at 1415 3rd line, Oakville

Hike Description: There is a steep hill where hiking poles are useful. Bring water, snack and perhaps lunch to eat in the rec center afterwards.

Hike Leader: Norman Young mny176@outlook.com

905 845 0939 Cell 905 330 6605

Friday October 13, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Friday October 13, 2017 Peninsula Section

Tobermory

This 9 km loop hike will take approximately 4 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 7:00 pm

Hike Description: Celebrate Canada 150 with a weekend trip walking the trails of the National Park at the "Tip o' the Bruce" Tobermory. We will walk the "Grotto" and along the Georgian Bay shore. If the ferry is still running we will visit Flower Pot Island. We arrive Friday 13 October at our comfortable hotel overlooking Little Tub Harbour in Tobermory where we will stay and have our meals for two nights. The walks will not be fast, lots to see and photograph. For more information: Greg Vincent 519-579-8210 vincent.greg@gmail.com hikevincent.wordpress.com

Hike Leader: Greg Vincent vincent.greg@gmail.com
519-579-8210

Saturday Oct 14, 2017 Iroquoia Section

Loops and Lattes

#28 Mountsberg 7 km or 14 km

The hikes are within the Mountsberg Conservation Area near Campbellville. There are various loops and the leader will choose the route to suit weather and participants.

Depart: 10:00 a.m. at the parking lot inside the gates in front of the visitor centre. There's an entrance fee but you can use a Halton Conservation Area pass if you have one.

Directions: There are many ways to get there from the Oakville Hamilton Area. You should allow about 45 minutes from Burlington.

To Register: e-mail Cheryl McCarney at social@haltonoutdoorclub.ca

Hike Leader: Cheryl McCarney

Sunday Oct 15, 2017 Iroquoia Section

Loops and Lattes

#21 Hilton Falls Long 10.8km

The hikes are within the Hilton Conservation Area near Campbellville. There are various loops and the leader will choose the route to follow the book but also to suit weather and local conditions.

Depart: 10:00 a.m. at the parking lot inside the gates in front of the visitor centre. There's an entrance fee but you can use a Halton Conservation Area pass if you have one.

Directions: There are many ways to get there from the Oakville Hamilton Area. You should allow about 35 minutes from Burlington.

To Register: e-mail Frank Cooney at fscooney@hotmail.com

Hike Leader: Frank Cooney

Sunday October 15, 2017 Iroquoia Section

Red Hill Valley, Map 6 and 7

This 9 km shuttle hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am just East (right side) of Hutch's on Van Wagner's Beach.

Hike Description: We'll car pool to the Mud Street parking lot near Pritchard Road and hike back along the Red Hill Valley Trail.

Hike Leader: Vern Erickson verickson@cogeco.ca
905-667-4370

Monday Oct 16, 2017 Iroquoia Section

Happy Wanderers

Dundas Valley, Map 8 ED 27

This 15 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Dundas Valley parking lot by Trail Centre

Directions: Main park entrance on Governors Rd

Hike Description: begin at the Trail Centre to the Main loop to the Headwaters Trail and back

Hike Leader: Roxanne Riley roxr125@gmail.com
289-456-3498 RSVP

Monday October 16, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday October 18, 2017 Iroquoia Section

Hikers R Us

Waterdown to Dundas linear hike, Map 8 and 9 (26th edition)

This 16 km shuttle hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Meet at parking lot beside lease-free dog park on York Road in Dundas. Move cars to City View Park on East side of Kerns Rd south of Hwy 5. We will park at lot closest to Bruce trail (escarpment).

Directions: From Hwy 403 take Hwy 6 exit and then York Road exit going west. It is on the north side of road just after Valley road.

Hike Description: We will hike along BT through Waterdown Woods, Grindstone Creek, and Clappison Woods to York St in Dundas. Bring lunch, water, hiking boots.

Pre-register for the hike with the hike leader.

Please email to register for hike.

Hike Leader: Ruth Merz ruthmerz1@outlook.com
905 928 5491 (cell on day of hike)

Wednesday October 18, 2017 Iroquoia Section

Good Companions

Rattlesnake Point, Map 11

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet in the lower parking lot of Rattlesnake Point, on the east side of Appleby Line, north of Derry Rd. Parking fee or Conservation Area pass. If you know someone with a pass it might be a good idea to carpool.

Directions: Take Appleby Line north of Highway 5. Cross Derry Rd. and climb the twisty road up to the top of the escarpment. Rattlesnake Point is immediately on your left, easy to miss.

Hike Description: This 8 km. hike takes us along the escarpment edge and then down into Nassagaweya Canyon via a rather long, steep hill. We walk south along an easy path and then climb a long, but gentle hill to return to the escarpment edge. We then retrace our steps back to the car park. The autumn colours should still be beautiful.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905 337 3937

Wednesday October 18, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday October 19, 2017 Iroquoia

Walkers Line to Kilbride PS Map 10

This 12 km shuttle hike will take approximately 3.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:30 am Meet at the back of Kilbride Public School (by tennis courts). From there we will shuttle to the bottom of Mt Nemo escarpment, (Walkers Rd. and No 2 Side Rd parking lot).

NOTE: There is a new conservation fee for cars that shuttle to the start of this hike.

Directions: Kilbride Public School is located in the heart of the Village of Kilbride at 6611

Panton St. (just off of Kilbride St.)

Hike Description: We will follow main BT up escarpment in to Mt. Nemo CA (for some breathtaking views of fall colours) and out along rural roads. We will continue into the woods of the Bronte Creek/Cedar Spring Valley and finish with a strenuous stretch out of the valley and into the village of Kilbride. Bring water, snacks and lunch

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca 905-332- 7254 Hike morning use cell (905-749- 0914)

Friday October 20, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday October 21, 2017 Dufferin Hi-Land/Blue Mountain Section

(Maps 21) - 21 Km

Depart: 8:30 am. Map 21, Km 41.7. GPS N 44.20-W 80.16

Directions: From 401 West, North on 410 to 10 to 89 turn left to 124 turn right to county Rd 21 turn right pass through Honeywood to Prince of Wales Rd. turn right to meeting place. Roadside parking.

Hike Description: Car shuttle to Km 6.2, Map 21. Hike back through the Noisy River Provincial Reserve.

Pace: moderate, Terrain Variable and challenging, hiking boots, no dogs or no dropouts.

Hike Leader: Ron Granger, ron.granger1@yahoo.com. (519) 485 0879 Weekday between 7-10 pm.

Sunday October 22, 2017 Iroquoia Section

Central Dundas Valley, Map 8

This 9 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am in the Sanctuary Park parking lot in Pleasant Valley, Dundas.

Hike Description: We will do a 100% loop hike on several trails in the Dundas Valley.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Sunday October 22, 2017 – Toronto

Toronto, Beach Boardwalk

This 8 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

No dogs please.

Depart: 9:30 am Beaches Branch Toronto Public Library

Queen St. East just west of Lee Ave.

Hike Description: Greg's Transit of the Boardwalk. Join us as we walk the Beach Boardwalk end to end.

We start through Kew Gardens to the Boardwalk, head west to Ashbridge's Bay then east to Nursewood Ave. returning the library approximately 12:30 p.m.

Hike Leader: Greg Vincent vincent.greg@gmail.com

Sunday October 22, 2017 Toronto Section

Limehouse, Map 12

Introductory Hike

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

No dogs please.

Depart: 10:30 am Limehouse Recreational Baseball Parking Lot

Directions: From Hwy 401 take Trafalgar Rd north for 10 km to 22 Sideroad just north of where Trafalgar Road merges with highway 7. Turn left onto 22 Sideroad then after about 3 km you will bear left to pass over a narrow bridge over the railway tracks in the village of Limehouse. Continue a short distance on and turn left (south) onto Fifth Line. Continue down fifth line until you see a Recreational Baseball Park on your left (east side). We will meet in the Ball Park parking lot. The hike leader's car will have a Canadian flag attached to the window behind the driver's door.

Hike Description: This hike is designed to give new hikers a sense of what hiking on the Bruce Trail has to offer. We will walk into the Limehouse Conservation Area, down into the valley along the Black Creek side trail and then up the main Bruce Trail to examine the lime kiln restoration. We will then reverse back down the main trail through the interesting "Hole in the Wall" feature and back to the cars in the parking lot.

Hike Leader: Robert Gillespie robert_gillespie@bell.net
905-469-0950 contact by email only

Monday October 23, 2017 Caledon Section

Happy Wanderers

Caledon E2E10 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (BTC parking lot off 7th line immediately east of Airport Rd). We will then hike northward, approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

Monday October 23, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday October 25, 2017 Iroquoia Section

Hikers R Us

Oakville

16 Mile Creek

This 14 km loop hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is a dropout point after 3 km.

Depart: 9:00 am Sixteen Hollow Park on the west side of West Oak Trails

Directions: West Oak Trails is off Upper Middle Road (the northern continuation of Dorval Dr)

Hike Description: Mostly Town flat trail with 4 big hills

Hike Leader: Norman Young mny176@outlook.com

905 845 0939 cell on hike day 905 330 6605

Wednesday October 25, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday October 26, 2017 Iroquoia Section

Jordan/Balls Falls

Midweek Thursday

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am Car park west of Hutch's on Van Wagners Beach (near the square brick structure). We will carpool to Jordan (please let the hike leader know if you plan to go directly to Jordan).

Hike Description: Starting from the main parking lot in Jordan we will use a combination of local trails and Bruce Trail, following Twenty Mile Creek, to reach Balls Falls and Upper Balls Falls. Here we will have lunch and then return via side trails to complete a loop. A few rocky, muddy and steep sections. With luck we should see spawning fish and fall colours.

Hike Leader: Terry Rose termarintl@gmail.com

905-320-6513 Phone, text or email

Friday October 27, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday October 28, 2017 Toronto Section

Speyside, Map 12

This 15 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:00 am Bruce Trail 22 Sideroad parking lot, immediately west of Fourth Line.

GPS Coordinates: N43 37.547', W79 59.447'

Directions: Exit 401 at Milton, and take Highway 25 north to 15th Sideroad at Speyside. Turn right and follow 15th Sideroad to stop sign at Fourth Line, turn left, drive two kilometers and then turn left onto 22 Sideroad. Entrance to parking lot is on the right.

Hike Description: An opportunity to enjoy the beauty of autumn colours on a loop hike using the Speyside North, Speyside South, and part of the Canada Goose and Vanderleck Sidetrails, joined together with sections of the Main trail.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com

519-883-1840 Weekdays between 7-10 pm.

Saturday October 28, 2017 Niagara Section

Allanburg - Port Dalhousie, Map N/A

Merritt Trail in Two Days "Merritthon Warm-up"

This 23 km shuttle hike will take approximately 5 hours and is at a brisk pace over easy terrain.

There is no dropout point.

No dogs please.

Depart: 8:00 am Meet in parking lot at Lakeside Park just off of Lakeport Rd in Port Dalhousie. Carpool to Regional Rd 20 at Allanburg Bridge, Allanburg (Thorold)

Hike Description: This is a two day Merritt Trail Hike which runs from Pt. Colbourne to Pt Dalhousie. This trail is approximately 45km in length but we will do it in two days for the Merritt Trail badge. Badges will be available on Sunday. \$5 members/ \$10 non-members.

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com

905-928-7056

Sunday October 29, 2017 Iroquoia Section

East Dundas Valley, Map 8

This 8 km loop hike will take approximately 2.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am behind the Shoppers Drug Mart in the University Plaza on Osler Drive, Dundas.

Hike Description: We will do a mainly loop hike on or near the Eastern part of the Monarch Trail.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Sunday October 29, 2017 Toronto Section

Silver Creek, Map 13

Introductory Hike

This 9 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

No dogs please.

Depart: 10:00 am Scottdale Farm parking lot

Directions: Take Trafalgar Rd exit off Hwy 401 and travel north on Trafalgar Rd through Stewartown and continue to lights at merge with Hwy 7. Turn left at lights and continue traveling north for about 4 km where Hwy 7 carries on to left and Trafalgar Rd exits on right. Continue north on Trafalgar Rd and after about 2 km turn right into Scottdale Farm. Drive east along the gravel road to the parking lot on the left

in front of the farmhouse. The hike leader's car will have a Canadian flag attached to the window behind the driver's seat. We will leave all cars at the meeting place while we complete this loop hike.

Hike Description: We will hike from Scotsdale Farm along the Bennett Heritage Trail to join the main trail just south of 27 Sideroad and then return to Scotsdale Farm via the Maureen Smith side trail.

Pre-register for the hike with the hike leader.

Since the ground on this hike is uneven and rocky (and may be muddy) in some sections, hiking boots or hiking shoes are preferable but since new hikers may not have access to all equipment, just be sure you wear comfortable walking shoes. The hike is short but you may wish to bring a bottle of water. If you do bring bottled water, snacks or extra clothes, please consider carrying these in a knapsack or fanny pack so your hands are free making walking more comfortable. Please arrive at least 15 minutes before hike departure time. Please pre-register by emailing the hike leader at robert_gillespie@bell.net

Hike Leader: Robert Gillespie robert_gillespie@bell.net
905-469-0950 by email only

Sunday October 29, 2017 Niagara Section

Port Colbourne to Allanburg, Map N/A

Merritt Trail in Two Days "Merritthon Warm-up"

This 23 km shuttle hike will take approximately 5 hours and is at a brisk pace over easy terrain.

There is no dropout point.

No dogs please.

Depart: 8:00 am Meet in parking lot just off Regional Rd 20 at Allanburg Bridge, Allanburg (Thorold).

Carpool to Princess St & Park St near the sign that says "Bikers and Hikers Parking Lot" in Port Colbourne

Hike Description: This is a two day Merritt Trail Hike which runs from Port Colbourne to Pt Dalhousie. This trail is approximately 45km in length but we will do it in two days for the Merritt Trail badge. Badges will be available on Sunday. \$5 members/ \$10 non-members.

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com
905-928-7056

Monday Oct 30, 2017 Iroquoia Section

Chedoke Radial Trail, Map 8 ED 27

This 16 km "there and back" hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am from the Tiffany Falls parking lot (45.0 map 8 edition 27)

GPS Coordinates: 43.2394033,-79.9611873

Directions: from Main St in Hamilton take Wilson St to Ancaster. Parking lot will be on your left.

Hike Description: Will hike from Tiffany Falls to Chedoke stairs and return using the Scenic Drive side trail and the Iroquoia Heights side trail. Will continue to Sherman Falls and return to parking lot.

Hike Leader: Wayne Riley wlr8362@gmail.com
289-456-3498 RSVP

Monday October 30, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

NOVEMBER HIKES

Wednesday November 1, 2017 Caledon Section

Hikers R Us

Caledon E2E11 southbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton H401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Roadside parking on 4th Line EHS at entrance to Peter Beecham Side Trail). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

Wednesday November 1, 2017 Iroquoia Section

Good Companions

King's Forest, Map 7

This 8 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am in the Mud Street parking lot near Pritchard Road in East Hamilton Mountain.

Hike Description: We will do a 100% loop hike on the King's Forest trails in the Red Hill Valley.

Hike Leader: Vern Erickson verickson@cogeco.ca 905-667-4370

Wednesday November 1, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday November 2, 2017 Iroquoia Section

Dundas

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 10:00 am Dundas Valley CA. Meet in the last parking lot closest to the trail Centre.

Directions: **Directions:** Heading west on Governor's Road from Dundas, turn left into the Dundas Valley Conservation Area. Proceed to the farthest parking lot.

Parking fee or Hamilton Conservation Authority pass required or parking fee \$10.

Hike Description: Loop hike in Dundas Valley.

Hike Leader: Lorraine Shered 13 hiking13@gmail.com

519 753 5519 email before 8am please

Friday November 3, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday November 4, 2017 Iroquoia Section

Highway to Highway (Grindstone Creek), Map 9

This 14 km shuttle hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Kerncliff Park

GPS Coordinates: 43°21'06.6"N 79°51'43.7"W

Directions: Travelling south along Kerns Rd from Highway 5 (Dundas Street), take the second left. Of the two parking lots available, we will use the one to the left (north side of park road)

Hike Description: This beautiful hike includes the dramatic lead up to Smokey Hollow's Great Falls as we follow Grindstone Creek surrounded by fall foliage through this forested area, as well as stunning views over Burlington and Lake Ontario at Kerncliff Park. We will also include a short loop of the Ian Reid Side Trail, and there is an optional pub lunch following the hike. Please note that, unfortunately, shuttle hikes are generally not suitable for dogs.

Pre-register for the hike with the hike leader.

In order to be informed of cancellations or changes due to weather, please ensure you pre-register 12 hours in advance via email or text. Please also advise whether you would like to be included in our reservation at the Royal Coachman Pub in Waterdown.

Hike Leader: Christine Hanley christine.m.hanley@gmail.com

6472942098 texts preferred

Saturday November 4, 2017 Caledon Hills Section

Hockley Valley & Hockley crest, Map 18

This 14 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:00 am Parking lot on 5th Line EHS, just south of Hockley Road.

GPS Coordinates: N43 59.600', W80 00.818'

Directions: Take Highway 10 north from Orangeville, turn right on Hockley Road (County Road 7), follow to 5th Line EHS and turn right, the entrance to the parking lot is on the left.

Hike Description: An opportunity to enjoy the beauty of autumn colours on a loop hike using the Hemlock Ridge, Glacier Valley, Hockley crest, Harmony and Darcy's Side Trails, joined together with sections of the Main trail.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com

519-883-1840 Weekdays between 7-10 pm.

Saturday November 4, 2017 Caledon Section

Hockley Valley, Map 18

Hike 2 in Canada 150 series

This 10 km loop hike will take approximately 3.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 10:00 am Parking lot on Hockley Rd near km 60.1.

GPS Coordinates: N 43.972857 W 80.056330

Directions: Take Hwy 10 north. Just north of Orangeville turn right on Hockley Rd. Follow 5 km to parking lot on left.

Hike Description: We will hike the Main Trail and the Isabel and Tom East side trails. See Caledon Club website for details about the Canada 150 hike series and badges.

Hike Leader: Peter Leeney peter.leeney@utoronto.ca

905-822-1877

Sunday November 5, 2017 Iroquoia Section

Iroquoia Heights, Map 8

This 8 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 10:00 am in the parking lot of the Chedoke Golf Club.

Hike Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Sunday November 5, 2017 Toronto Section

Speyside/Limehouse, Map 12

This 10 km shuttle hike will take approximately 3 hours and is at a leisurely pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Meet at 9:30 am. In the parking lot below the school in Limehouse. The parking lot is located on 22 Sideroad in the center of the village. We will car shuttle to the Pear Tree parking lot on 15th Sideroad, west of Speyside.

Directions: Go north on Highway 25. Turn east (right) at Speyside onto 15th Sideroad. Travel east to Fourth Line, turn left and go north to 22 Sideroad. Turn right and go east over a bridge and bear right. The parking lot is on your left. From Trafalgar Rd. go north to 15th Sideroad, turn left and travel west to Fifth Line. Turn right and travel north into Limehouse, over the bridge and bear right to the parking lot on your left.

Hike Description: This 10 km. shuttle hike takes in an area of trail where terrain shifts between easy to moderate with some very rocky areas. Good boots are necessary and poles would be helpful for this hike. Bring water and a lunch. The trail takes us through the famous "hole in the wall" and into the lovely village of Limehouse with its history of quarrying limestone and extracting lime at an impressive lime kiln.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905-337-3937

Sunday November 5, 2017 - Simcoe

Simcoe, Ontario

This 24 km "there and back" hike will take approximately 6 hours and is at a brisk pace over easy terrain. There is no dropout point.

No dogs please.

Depart: 9:30 am Memorial Park, Simcoe.

Directions: Hwy 24 South through Simcoe to Woodhouse Ave. to Memorial Park parking. If not familiar with the area leave extra time.

Hike Description: This rail trail in Carolinian Canada is one of Canada's best, following the Lynn River to Lake Erie. The trail surface provides for a good autumn walk. Lunch in Port Dover and we retrace our steps to Simcoe.

Hike Leader: Greg Vincent vincent.greg@gmail.com

Sunday November 5, 2017 Caledon Hills Section

Forks of the Credit Provincial Park, Map 15

Caledon End To End

This 18 km shuttle hike will take approximately 5 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

No dogs please.

Depart: 8:30 am Meet at roadside parking on Escarpment Sideroad & Willoughby Rd 18.3

Carpool to 47.5 of the Toronto Bruce Trail section at Boston Mills Rd and Mississauga Rd

Directions: West of Highway 10

Hike Description: Caledon End to End in three hikes

Pre-register for the hike with the hike leader.

The first hike will be led by Smadar Junkin and the 2nd and 3rd will be led by Ruth Moffatt

Hike Leader: Smadar Junkin smadarjunkin@hotmail.com

647 401 4178

Sunday November 5, 2017 Dufferin Hi-Land Section

Mulmur Lookout Picnic, Map 20

This 14 km shuttle hike will take approximately 4.5 hours and is at a medium pace over strenuous terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 11:00 am depart from Roadside Parking where the Primrose Loop Side Trail crosses County Rd 19 (Prince of Wales Rd) and shuttle to Roadside parking on 1st Line East near 29.4 km.

Directions:

Hike Description: We will hike to Murmur Hill for lunch.

Hike Leader: Cynthia Archer archercynthiab@gmail.com
416 573 4236

Monday November 6, 2017 Caledon Hills Section

Glen Haffy/Caledon East, Map 16 & 17

Caledon End To End

This 26 km shuttle hike will take approximately 7 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

No dogs please.

Depart: 8:30 am Meet at Escarpment Sideroad & Willoughby Rd 18.3km

Carpool to 7th Line just east of Airport Rd 44.4km

Hike Description: Bruce Trail Ed. 28

Caledon End to End in three hikes

Pre-register for the hike with the hike leader.

The first hike will be led by Smadar Junkin and the 2nd and 3rd will be led by Ruth Moffatt

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com
905-928-7056

Monday November 6, 2017 Caledon Section

Happy Wanderers

Caledon E2E12 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton H401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Roadside parking on 4th Line EHS at entrance to Peter Beecham Side Trail). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

Monday November 6, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Tuesday November 7, 2017 Caledon Hills Section

Hockley Valley & Mono Cliffs, Map 18 & 19

Caledon End To End

This 28 km shuttle hike will take approximately 7.5 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

No dogs please.

Depart: 8:30 am Meet at 7th Line just east of Airport Rd 44.4km

Carpool to Mono Centre Rd & 3rd Line EHS 72.3km

Hike Description: Bruce Trail Ed. 28

Caledon End to End in three hikes

Pre-register for the hike with the hike leader.

The first hike will be led by Smadar Junkin and the 2nd and 3rd will be led by Ruth Moffatt

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com

905-928-7056

Wednesday November 8, 2017 Iroquoia Section

Hikers R Us

Lunch at Limehouse, Map 12

This 15 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am **Departure** from the 17 Sideroad Access Trail parking lot just east of Highway 25 The access trail connects to the main trail at 14.1 KM.

Hike Description: We will hike to Limehouse Conservation Area for lunch taking some blue side trails along the way.

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Wednesday November 8, 2017

Good Companions

Shell Park, Oakville

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain.

Depart 10:00 am. Meet at Shell Park in Bronte, 3307 Lakeshore Road West in the Bronte area of Oakville. Go to the first parking lot on the right when you enter the park.

Hike Description: We may do the "traditional" route through the park, over to Bronte Creek and the harbour; or throw in a surprise route.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681- 6167

Wednesday November 8, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday November 9, 2017

Halton Agreement Forest

This 12 km "there and back" hike will take approximately 3 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. Start at the very small parking lot on the east side of Guelph Line, across from the Mohawk Casino and Raceway. Overflow parking can found at the north east corner of the Mohawk parking lot.

Directions: Travel north on Guelph Line to the parking lot on the east side of Guelph Line, across from the Mohawk Casino. It is north of Highway 401. Look for the "Hike Today" sign at the entrance to the parking lot.

Hike Description: This 12+km. hike leads us along easy (some poor footing) trails through parts of the Halton Agreement Forest. This is an area frequented by hikers and dog walkers as well as cyclists. Bring water and a lunch.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905 337 3937

Friday November 10, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 Or email: l.carruthers@hotmail.com

Saturday Nov 11, 2017 Iroquoia Section

Loops and Lattes

#32 Sixteen Mile Creek Loop 7 km plus a 7 km Remembrance Day Loop.

We won't start Nicola Ross #32 loop until we've done a Remembrance Day Loop, which will allow us to attend the short ceremony at the North Oakville Cenotaph. From the meeting point we will hike some pleasant park trails about 3.5 km to the Cenotaph arriving about 10:30 a.m. After the ceremony we walk back by a different route to the start point at Neyagawa Park.

We'll have our lunch in the park before setting off on the second loop, which follows the #32 Sixteen Nile Creek Loop. Our start point and parking is different from the book. The parking area is larger and easier to find.

Depart: 9:30 a.m. at the parking lot at the South East corner of River Glen Blvd and Neyagawa Blvd in Oakville.

Refreshment stop afterwards.

To register: e-mail Phill Armstrong hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

Sunday Nov 12, 2017 Iroquoia Section

Loops and Lattes

#11 Bronte Village Loop 8.4 km

We'll do this pleasant easy loop in and around the Bronte Village Area of Oakville. Again the start and end point is different from Nicola Ross book to allow for more parking.

Depart: 10:00 a.m. in the parking area behind Denningers. The parking area is behind the shops and restaurants of Bronte Village. Access is from Lakeshore Rd, Marine Drive. Bronte Rd. or Jones St.

To register: e-mail Phill Armstrong hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

Sunday November 12, 2017 Iroquoia Section

Stairs in Hamilton

STEPS, STEPS, STEPS, STEPS! (3.5 hrs-4 hrs.)

This 15 km shuttle hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:00 am Meet at the top of the Chedoke Stairs on Scenic Drive at Upper Paradise on the West Mountain.

Directions: Directions: From Garth Street take Scenic Drive west to Upper Paradise. The parking lot is on your right (across from the start of Upper Paradise)

If there is no room in the parking lot you can park on the street. From the 403, take the Linc to Golf Links and turn left on Golf Links that becomes Mohawk. Then turn left (north) on to Upper Paradise until the end at Scenic Drive (parking lot will be straight ahead)

Hike Description: An energetic way to start your Day! Back again this year! Delayed until November so that the Wentworth Stairs will be open again!

We will then carpool to Albion Falls, and do all 7 sets of escarpment stairs, including the new Kenilworth & Uli's Stairs. In between the sets of stairs we will hike parts of the Bruce Trail and the Rail Trails. The fall colours should still be out!

Hike is cancelled if there is heavy rain. Rain back up date is Sunday Nov 19th

Hike Leader: Paul Lewis outdooractive@hotmail.com

905-331-8600 please email since I check more often

Sunday November 12, 2017 Iroquoia Section

King's Forest, Map 7

This 8 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am in the Mud Street parking lot near Pritchard Road in East Hamilton Mountain.

Hike Description: We will do a 100% loop hike on the King's Forest trails in the Red Hill Valley.

Hike Leader: Vern Erickson verickson@cogeco.ca

905-667-4370

Monday November 13, 2017 Niagara Section

Happy Wanderers

Balls Falls, Map 4 ED 27

This 16 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Van Wagners Beach, Hamilton (parking lot Burlington side of Hutches). Will carpool to map 4 ED 27 marker 66.9

Directions: Take Van Wagners exit off of Beach Blvd by the lake and follow to Hutches.

Hike Description: Hike from Frost Rd for 8 K and return

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Monday November 13, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description:

We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. **Terrain:** moderate. **Map 8.**

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday November 15, 2017 Iroquoia Section

Hikers R Us

Crawford to Rattlesnake, Map 10 (26th edition)

This 14 km loop hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:00 am Meet at Crawford Lake Conservation Area (entrance fee applies).

Directions: Take Guelph Line to Conservation Road just north of Derry Road. Park in first parking lot.

Hike Description: We will do a combination of loop hikes including Crawford Lake ST, Rattlesnake Pt ST Leech Porter ST with interconnecting portions of BT. Bring water, lunch

Pre-register for the hike with the hike leader.

Please register by email.

Hike Leader: Ruth Merz ruthmerz1@outlook.com

905 928 5491 (cell on day of hike)

Wednesday November 15, 2017 Iroquoia Section

Good Companions

RBG Hendrie Valley

This 7 km "there and back" hike will take approximately 2 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

Depart: 10:00 am Hidden Valley Park in Aldershot (west Burlington). From Plains Road W. take Howard Rd north; the car park is on the right immediately past the bridge over the creek.

Hike Description: We will hike west along Grindstone Creek through the Hendrie Valley section of the Royal Botanical Gardens. A few gentle hills.

Hike Leader: Mary Rose termarintl@cogeco.ca
905-637-2918

Wednesday November 15, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday November 16, 2017 Iroquoia Section

Waterdown, Map 9

Midweek Thursday

This 10 km shuttle hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am City View Park, Burlington (south parking lot)

Directions: City View Park is on the east side of Kerns Road near the intersection with Highway 5. You can reach it by turning south off Highway 5 OR by going north on Kerns Road from the north service road of Hwy 403. Make sure to go to the south parking lot.

Hike Description: We will car shuttle from the meeting place to Patterson Road/Highway 6 underpass and return via the main trail. We will lunch at the Great Falls in Waterdown.

Hike Leader: Terry Rose termarintl@gmail.com
905-320-6513 Phone, text or email

Friday November 17, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Saturday November 18, 2017 Iroquoia Section

Dundas Conservation Area, Map 8

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am Gatehouse Museum (Google Maps calls this Sulphur Springs Parking Lot)

GPS Coordinates: 43°14'12.8"N 79°59'55.0"W

Directions: Entrance from Sulphur Springs Road approximately 125m east of intersection with Mineral Springs Road. Parking Fee in effect (or Conservation Area Pass)

Hike Description: Relatively easy terrain with some gentle climbs in a beautiful wooded section of the trail, using conservation area trails to form a 10km loop. Well socialized and leashed dogs welcome. Pre-register for the hike with the hike leader.

In order to be informed of cancellations or changes due to weather, please ensure you pre-register 12 hours in advance via email or text.

Hike Leader: Christine Hanley christine.m.hanley@gmail.com
6472942098 texts preferred

Monday November 20, 2017 Iroquoia Section

Happy Wanderers

Burlington

This 14 km loop hike will take approximately 4 hours and is at a medium pace over easy terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am. Burlington Library parking lot

Directions: on New Street between Brant and Guelph Line

Hike Description: hike from library to Spenser Smith Park along Waterfront Trail to the lift bridge

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Monday November 20, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description:

We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday November 22, 2017 Iroquoia Section

Hikers R Us

Sanctuary park to Woodley lanes, Map 8 (26th edition)

This 14 km "there and back" hike will take approximately 3 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Meet at Sanctuary Park just off Pleasant Ave. Dundas

Directions: From 403 take Main West exit and follow Main St. past McMaster towards Dundas where Main St. becomes Osler. Turn left at South St which will turn into Old Ancaster Road. At T intersection at top of hill turn right on Pleasant Ave. Then follow Pleasant to Sanctuary and turn right. Parking lot is at end of street.

Hike Description: We will hike along Spring Creek, Sawmill, McCormick and BT to Woodley Lane and return to Sanctuary Park

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Merz ruthmerz1@outlook.com

905 928 5491 (cell on day of hike)

Wednesday November 22, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Wednesday November 22, 2017

Good Companions

Kerncliff Park, Burlington

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot of Kerncliff Park in Burlington, 2198 Kerns Road. That's the former quarry below the Escarpment. You can drive to it only by going north on Kerns Road: all the way from the North Service Road or from Tyandaga Park Drive (please note this cannot be accessed from HWY 5 southbound on Kerns Road)

Hike Description: At a leisurely pace, we'll explore the trails in this area, including a portion of the main Bruce Trail, the Ian Reid Side Trail, and the wetland boardwalk created by the City of Burlington. A few hills, but nothing too long or difficult.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681- 6167

Thursday November 23, 2017 Iroquoia Section

Cedar Springs Rd. to Guelph Line Map 9

This 7 km “there and back” hike will take approximately 2 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am from the Fisher Access (Springer Crescent.).

NOTE: Please park just before the crescent on Highview Dr.

Directions: Highview Dr. is located just off of Cedar Spring Rd. just north of Hwy 5. Springer Crescent is your first right off of Highview Dr. Look for BT signs.

Hike Description: We will do an in/out hike from the Fisher Access to Guelph Line and back. Beautiful woodland with a few strenuous hills. Bring Water and snacks. Icers may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca
905-332- 7254 Hike morning use cell (905-749- 0914)

Friday November 24, 2017 Iroquoia Section

Burlington Waterfront. 2 Hours.

Depart: 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant.

Description: brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather.

Pace - brisk. Terrain - easy.

Hike Leader: Lorne Carruthers. 905- 315-8762 or email: l.carruthers@hotmail.com

Monday November 27, 2017 Iroquoia Section

Happy Wanderers

Ray Lowes and RBG, Map 8

This 15 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am **Departure** is from the Borer's Dog Park parking lot on York Rd just south of Valley Rd. A side trail connects the Dog Park to 63.5 km on the main trail.

Directions:

Hike Description: We will follow the Ray Lowes Side Trail into RBG where we can explore trails leading to Bull's Point among others.

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Monday November 27, 2017 Iroquoia Section

Hamilton Radial Trail +/- 10 km

Depart: 9:30 am. In the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. Description: We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area.

Pace: medium. Terrain: moderate. Map 8.

Hike Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

Wednesday November 29, 2017 Iroquoia Section

Hikers R Us

Oakville

14 Mile Creek

This 14 km loop hike will take approximately 3.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am Glen Abbey Rec Centre

Directions: Meet in the SW corner of the Glen Abbey Rec Centre at 1415 Third line (between the QEW and Upper Middle Rd.

Hike Description: Mostly Town flat trails with several steep hills

Hike Leader: Norman Young mny176@outlook.com

905 845 0939 cell on hike day 905 330 6605

Wednesday November 29, 2017 Iroquoia Section

Good Companions

Greensville - Christie Lake

This 8 km "there and back" hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

Depart: 10:00 am Playground on Park Ave. just off #8 Highway in Greensville.

Directions: Take #8 Highway north out of Dundas. Just past the intersection called Bullocks Corners turn left onto Park Ave. Bullocks Corners can also be reached by taking Brock Rd south from #5 Highway.

Hike Description: From the village of Greensville we will walk along the beautiful Spencer Gorge via Crooks Hollow to Christie Lake. We will return using a slightly different route. A short walk (optional) up to Webster's Falls will be added at the end.

Hike Leader: Terry Rose termarintl@gmail.com

905-320-6513 Phone, Text or Email

Wednesday November 29, 2017 Iroquoia Section

Walk for Health and Fun (1.5-2hrs at a Moderate to Fast **Pace**)

Climb the steps and walk the streets and trails of West Hamilton.

Depart: 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics).

Description: We will continue hiking sections of the Bruce Trail as long as daylight permits. Then we will hike the streets and rail trails that are lit. Then we will have Halloween and Christmas Light displays to view! Hike is cancelled if there is heavy rain. Medium to Fast **Pace** and Moderate Terrain

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

Thursday November 30, 2017 Iroquoia Section

Rattlesnake Pt. CA to Twiss Rd. Map 11

This 12 km shuttle hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am from road side parking on Twiss Rd (just south of the Boy Scout Camp - Camp Manitou).

Directions: Twiss Rd is just west of Guelph Line off of Derry Rd. The road side parking spot is south of Conservation Rd and north of Derry just past steep, windy descent.

Hike Description: From Rattlesnake Pt. CA we will follow conservation side trails and main BT along the escarpment and descend/ascend Nassagaweya Canyon into Crawford Lake CA. From there we will make our way through the CA and on to the calcium pits at Twiss Rd.

NOTE There is a conservation fee for those cars that park at Rattlesnake Pt CA. Bring water, snacks and lunch.

Iciers may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca
905-332- 7254 Hike morning use cell (905-749- 0914)

APPENDIX A HAPPY WANDERERS MONDAYS

Monday September 11, 2017 Iroquoia Section

Caledon

Caledon E2E8

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 Carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Coolhan Road). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

519 222 4040

Monday September 18, 2017 Iroquoia Section

Dundas, Map 8 ED 27

This 16 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Tiffany Falls parking lot on Wilson St

Directions: Map 8 ED 27 marker 45.0

Hike Description: Hike the main trail from Tiffany Falls to Canterbury Falls to the Gatehouse and loop back to Tiffany Falls

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Monday Sept 25, 2017 Iroquoia Section

WEBSTER FALLS, Map 8 ED 27

This 17 km loop hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am 20 Marshboro Ave, Greensville

GPS Coordinates: 43.2699386,-80.006837

Directions: Turn east at # 5 and Brock Rd towards Dundas. Turn right at Brock and # 8 (Bullocks Corners). Approximately 1 k up the hill, Marshboro will be on your left. Follow to the 2nd last house on the street.

Hike Description: from meeting area hike down the escarpment and head towards Dundas Valley Golf course. We will continue to the base of Webster Falls and then back out to the white trail and climb the hill to Dundas Lookout. We will then proceed along to Spenser Creek and follow to Christie Conservation Area and back to parking area.

Hike Leader: Wayne Riley wlr8362@gmail.com

289-456-3498 RSVP

Monday October 2, 2017 Niagara Section

Short Hills

Picnic at Terrace Falls, Map 3

This 15 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 a.m. The hike will depart from the parking lot at Morning Star Mills at 33.5km on map 3

Directions:

Hike Description: the hike will take us to Terrace Falls within Short Hills Park just in time for lunch

Hike Leader: Cynthia Archer archercynthiab@gmail.com

416 573 4236

Monday Oct 16, 2017 Iroquoia Section

Dundas Valley, Map 8 ED 27

This 15 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Dundas Valley parking lot by Trail Centre

Directions: Main park entrance on Governors Rd

Hike Description: begin at the Trail Centre to the Main loop to the Headwaters Trail and back

Hike Leader: Roxanne Riley roxr125@gmail.com

289-456-3498 RSVP

Monday October 23, 2017 Iroquoia Section

Caledon

Caledon E2E10 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (BTC parking lot off 7th line immediately east of Airport Rd). We will then hike northward, approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number). Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com
519 222 4040

Monday Oct 30, 2017 Iroquoia Section

CHEDOKE RADIAL TRAIL, Map 8 ED 27

This 16 km "there and back" hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am TIFFANY FALLS PARKING LOT 45.0 map 8 edition 27

GPS Coordinates: 43.2394033,-79.9611873

Directions: from Main St in Hamilton take Wilson St to Ancaster. Parking lot will be on your left.

Hike Description: Will hike from Tiffany Falls to Chedoke stairs and return using the Scenic Drive side trail and the Iroquoia Heights side trail. Will continue to Sherman Falls and return to parking lot.

Hike Leader: Wayne Riley wlr8362@gmail.com
289-456-3498 RSVP

Monday November 6, 2017 Iroquoia Section

Caledon

Caledon E2E12 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton H401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Roadside parking on 4th Line EHS at entrance to Peter Beecham Side Trail). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number). Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com
519 222 4040

Monday November 13, 2017 Niagara Section

Balls Falls, Map 4 ED 27

This 16 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 a.m. Van Wagners Beach, Hamilton (parking lot Burlington side of Hutches). Will carpool to map 4 ED 27 marker 66.9

Directions: Take Van Wagners exit off of Beach Blvd by the lake and follow to Hutches.

Hike Description: Hike from Frost Rd for 8 K and return

Hike Leader: Wayne Riley wlr8362@gmail.com
289-456-3498 RSVP

Monday November 20, 2017 Iroquoia Section

Burlington

This 14 km loop hike will take approximately 4 hours and is at a medium pace over easy terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Burlington Library parking lot

Directions: on New Street between Brant and Guelph Line

Hike Description: hike from library to Spenser Smith Park along Waterfront Trail to the lift bridge

Hike Leader: Wayne Riley wlr8362@gmail.com
289-456-3498 RSVP

Monday November 27, 2017 Iroquoia Section

Ray Lowes and RBG, Map 8

This 15 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am **Departure** is from the Borer's Dog Park parking lot on York Rd just south of Valley Rd. A side trail connects the Dog Park to 63.5 km on the main trail.

Hike Description: We will follow the Ray Lowes Side Trail into RBG where we can explore trails leading to Bull's Point among others.

Hike Leader: Cynthia Archer archercynthiab@gmail.com
416 573 4236

APPENDIX B

GOOD COMPANIONS

WEDNESDAYS

All hikes will be either leisurely or medium pace over easy or moderate terrain. We will try to retain the tone set by former leader Brian Gilmore: one of fun, fellowship and enjoyment of nature. Newcomers are welcome – just show up. Please note departure times as these may vary and also note that hike durations are approximate. Please wear appropriate clothing and footwear and bring water. Please contact the hike leader with any questions.

Wednesday September 6, 2017

Dundas Valley Rail Trail

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please.

Depart: 10:00 am. Sanctuary Park in Dundas.

Directions: From Old Ancaster Road turn right onto Pleasant Ave and follow it along to Sanctuary Drive. Turn right on Sanctuary Dr. The parking lot is at the end of the street.

Hike Description: We will walk from Sanctuary Park along the Springcreek Trail and return via the rail trail. Bring snack, water, bug spray and sunscreen.

Hike Leader: Stella Parr, scparr@yahoo.ca 905-628-6436

Wednesday September 13, 2017

La Salle Park, Burlington

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet at La Salle Park in Burlington, 50 North Shore Boulevard East. Look for us in the parking lot close to the playground structures and the Pavilion.

Hike Description: We will take a leisurely tour around the marina, the swan & duck gathering spot, and the trail eastward from there. We will likely add a second loop.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681-6167

Wednesday September 20, 2017

RBG-North Shore Trail, Map 8

This 8 km loop hike will take approximately 2 hours and is at a medium pace over easy terrain. There is no dropout point.

Depart: 10:00 am. Former RBG North Shore Parking Lot on York Road in Dundas.

Directions: Park alongside of York Road or park at the Dog Park near Valley Rd. and walk down to the former parking lot where the group is meeting. DO NOT LEAVE VALUABLES IN YOU CAR.

Hike Description: Easy hike, a few hills, with a break at the Nature Centre. Bring snack and water.

Hike Leader: Linda Robinson, fly@execulink.com

Wednesday September 27, 2017

Scenic Drive, Hamilton, Map 7

This loop hike will take approximately 1.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet at the parking lot (Km.40.6 ed. 28) on Scenic Drive in West Hamilton (where Scenic Drive makes 90 degree turn)

Directions: From the LINC: exit at Mohawk Road. Go north on Mohawk Rd and turn left onto Scenic Drive. Can also be reached by travelling westbound on Scenic Drive.

Hike Description: We will do a loop hike through the Iroquoia Heights Conservation Area. Lunch will be at Kelsey's in Ancaster Meadowlands.

Hike Leader: Bill Fulton, ibtcrbguu.fulton@gmail.com

Wednesday October 4, 2017

Mount Nemo Conservation Area, Map 10, Km 93.0

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot at the entrance to Mount Nemo Conservation Area. There is an entrance fee unless you have a Halton Conservation Pass.

Directions: North on Guelph Line approximately 6 km north of Hwy #5.

Hike Description: We will explore a combination of main trail, side trails and ski trails. Some hills and some rocky sections.

Hike Leader: Judy Bourke, judith.bourke@sympatico.ca 905-332-8741

Wednesday October 11, 2017

Crawford Lake Conservation Area, Map 11

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot immediately to the left of the entrance kiosk. There is an entrance fee unless you have a Halton Conservation Pass.

Directions: North on Guelph Line through Lowville. Approximately 3km north of Derry Road turn right on Conservation Road.

Hike Description: We will explore a combination of main trail, side trails and ski trails. Some hills.

Hike Leader: Vicki Grant, mrsvcg@aol.com 905-689-6200

Wednesday October 18, 2017

Rattlesnake Point, Map 11

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am. Meet in the lower parking lot of Rattlesnake Point, on the east side of Appleby Line, north of Derry Rd. Parking fee or Conservation Area pass. If you know someone with a pass it might be a good idea to carpool.

Directions: Take Appleby Line north of Highway 5. Cross Derry Rd. and climb the twisty road up to the top of the escarpment. Rattlesnake Point is immediately on your left, easy to miss.

Hike Description: This 8 km. hike takes us along the escarpment edge and then down into Nassagaweya Canyon via a rather long, steep hill. We walk south along an easy path and then climb a long, but gentle hill to return to the escarpment edge. We then retrace our steps back to the car park. The autumn colours should still be beautiful.

Hike Leader: Anne Armstrong, hikinggrandma@gmail.com 905-337-3937

Wednesday November 1, 2017

King's Forest, Map 7

Good Companions

This 8 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am. The Mud Street parking lot near Pritchard Road in East Hamilton Mountain.

Hike Description: We will do a 100% loop hike on the King's Forest trails in the Red Hill Valley.

Hike Leader: Vern Erickson, verickson@cogeco.ca 905-667-4370

Wednesday November 8, 2017

Shell Park, Oakville

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain.

Depart 10:00 am. Meet at Shell Park in Bronte, 3307 Lakeshore Road West in the Bronte area of Oakville.

Go to the first parking lot on the right when you enter the park.

Hike Description: We may do the "traditional" route through the park, over to Bronte Creek and the harbour; or throw in a surprise route.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681-6167

Wednesday November 15, 2017

RBG Hendrie Valley

This 7 km "there and back" hike will take approximately 2 hours and is at a leisurely pace over easy terrain.

Depart: 10:00 am. Meet at Hidden Valley Park in Aldershot (west Burlington). From Plains Road W. take Howard Rd north; the car park is on the right immediately past the bridge over the creek.

Hike Description: We will hike west along Grindstone Creek through the Hendrie Valley section of the Royal Botanical Gardens. A few gentle hills.

Hike Leader: Mary Rose, termarintl@cogeco.ca 905-637-2918

Wednesday November 22, 2017

Kerncliff Park, Burlington

This 7 km loop hike will take approximately 2.5 hours and is at a leisurely pace over moderate terrain.

Depart 10:00 am. Meet in the parking lot of Kerncliff Park in Burlington, 2198 Kerns Road. That's the former quarry below the Escarpment. You can drive to it only by going north on Kerns Road: all the way from the North Service Road or from Tyandaga Park Drive (please note this cannot be accessed from HWY 5 southbound on Kerns Road)

Hike Description: At a leisurely pace, we'll explore the trails in this area, including a portion of the main Bruce Trail, the Ian Reid Side Trail, and the wetland boardwalk created by the City of Burlington. A few hills, but nothing too long or difficult.

Hike Leader: Gary Wrathall, gary.wrathall@sympatico.ca 905-681-6167

Wednesday November 29, 2017

Greensville - Christie Lake

This 8 km "there and back" hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain.

Depart: 10:00 am. Meet at the playground on Park Ave. just off #8 Highway in Greensville.

Directions: Take #8 Highway north out of Dundas. Just past the intersection called Bullocks Corners turn left onto Park Ave. Bullocks Corners can also be reached by taking Brock Rd south from #5 Highway.

Hike Description: From the village of Greenville we will walk along the beautiful Spencer Gorge via Crooks Hollow to Christie Lake. We will return using a slightly different route. A short walk (optional) up to Webster's Falls will be added at the end.

Hike Leader: Terry Rose, termarintl@gmail.com 905-320-6513

APPENDIX C HIKERS R US WEDNESDAYS

Fall is a great time of year for hiking. Bring a snack/lunch and water, sunscreen, and bug spray (in September), wear hiking boots. No dogs. Please be sure to notify the hike leader if you plan to attend as sometimes weather or other circumstances mean changes to the meeting spot etc. For a late change in the hike you will be notified by email by 7:00 am the morning of the hike.

Hike convener: Charlotte Stewart stewchar01@gmail.com (905) 628-0509. Map references 28th edition unless otherwise noted.

Wednesday September 6, 2017 Caledon Section

Caledon E2E7 northbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot,

GPS Coordinates: 43.5270110, -79.9036470

Directions: Hwy 25 (Martin St) and Hwy 401 eastbound off-ramp

Hike Description: We will meet in Milton and shuttle cars to the hike start. We will hike approximately 7 km from the parking spot (=Roadside parking on the north corner of Finnerty Side Rd & Innis Lake Road intersection) and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com 5192224040

Wednesday September 13, 2017

Toronto

Temple visit

This less than 5 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 10 am. The temple is at 16 Claireville Drive, Toronto M9W 5Z7 (416 798-2277) check on the Temple's website or meet at 9 a.m. at the carpool lot on the west side of Bronte Road, Oakville, just south of the QEW.

Directions:

Hike Description: We shall tour the Bap Shri Swaminarayan Mandir Temple and grounds and afterwards lunch at an Indian restaurant. Friends and relatives are welcome. This is the big white temple seen from the 427/Finch.

Please pre-register for the hike with the hike leader.

Please register at least by Tuesday evening September 12.

Leader: Norman Young mny176@outlook.com 905 845-0939 cell on hike day 905 330-6605

Wednesday September 20, 2017 Iroquoia Section

Winona to Stoney Creek, Map 6 and 7 (26th edition)

This 15 km shuttle hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:00 am Meet for 9:00 am departure at Paramount Park side trail parking lot.

Directions: Take Mud St. East and turn left to Winterberry Drive. Park is on left. We will move cars to side street off Fifty Road.

Hike Description: We will hike from Fifty Road to Paramount Park along escarpment using BT passing through Devil's Punch Bowl and Felker's Falls. Bring lunch, sunscreen, bug spray and water.

Pre-register for the hike with the hike leader.

Please email to pre-register for hike.

Hike Leader: Ruth Merz ruthmerz1@outlook.com 905 928 5491 (cell on day of hike)

Wednesday September 27, 2017 Iroquoia Section

Kelso Conservation Area, Map 11

This 15 km loop hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am. The hike will depart from the parking lot at the corner of Steeles Ave. and Bell School Line.

Directions:

Hike Description: This hike explores the northern terminus of the Iroquoia section and will loop through Kelso along the main Bruce Trail, blue side trail and Kelso hiking trails. We will take the Steeles Avenue Side Trail which connects with the main trail at 116.6 km.

Hike Leader: Cynthia Archer archercynthiab@gmail.com 416 573 4236

Wednesday October 4, 2017 Caledon Section

Caledon E2E9

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton 401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start (BTC parking lot off 7th line immediately east of Airport Rd.). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com 5192224040

Wednesday October 11, 2017 Iroquoia Section

Iroquoia South Grimsby, Map 5

This 14 km shuttle hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am. The hike will depart from the parking lot at Grimsby Lions Community Pool. We will shuttle to the Adam Dopko Side Trail at the corner of Casablanca and Main Street and then hike back.

Directions:

Hike Description: This hike explores the southernmost part of the Iroquoia Trail and includes blue and white trails.

Hike Leader: Cynthia Archer archercynthiab@gmail.com 416 573 4236

Wednesday October 18, 2017 Iroquoia Section

Waterdown to Dundas linear hike, Map 8 and 9 (26th edition)

This 16 km shuttle hike will take approximately 5 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Meet at parking lot beside lease-free dog park on York Road in Dundas. Move cars to City View Park on East side of Kerns Rd south of Hwy 5. We will park at lot closest to Bruce trail (escarpment).

Directions: From Hwy 403 take Hwy 6 exit and then York Road exit going west. It is on the north side of road just after Valley road.

Hike Description: We will hike along BT through Waterdown Woods, Grindstone Creek, and Clappison Woods to York St in Dundas. Bring lunch, water, hiking boots.

Pre-register for the hike with the hike leader.

Please email to register for hike.

Hike Leader: Ruth Merz ruthmerz1@outlook.com 905 928 5491 (cell on day of hike)

Wednesday October 25, 2017 Iroquoia Section

Oakville

16 Mile Creek

This 14 km loop hike will take approximately 3.5 hours and is at a medium pace over moderate terrain.

There is a dropout point after 3 km.

Depart: 9:00 am Sixteen Hollow Park on the west side of West Oak Trails.

Directions: West Oak Trails is off upper Middle Road (the northern continuation of Dorval Drive).

Hike Description: mostly town flat trails with 4 big hills.

Leader: Norman Young mny176@outlook.com 905 845-0939 cell on hike day 905 330-6605

Wednesday November 1, 2017 Caledon Section

Caledon E2E11 southbound

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Milton H401 carpool lot.

GPS Coordinates: 43.5270110, -79.9036470

Directions: The carpool lot is off of Hwy 25 (Martin St). The entrance is off the Hwy 401 eastbound off-ramp.

Hike Description: We will meet in Milton, then carpool to the hike start. (Roadside parking on 4th Line EHS at entrance to Peter Beecham Side Trail). We will then hike approximately 7 km from the parking spot and then return to our cars. Ice cream or coffee stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (e.g. personal medication such as ibuprofen, Benadryl, prescription medication, band aids, steri-strips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com 5192224040

Wednesday November 8, 2017 Toronto Section

Lunch at Limehouse, Map 12

This 15 km "there and back" hike will take approximately 5 hours and is at a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am **Departure** from the 17 Sideroad Access Trail parking lot just east of Highway 25 The access trail connects to the man trail at 14.1 KM.

Directions:

Hike Description: We will hike to Limehouse Conservation Area for lunch taking some blue side trails along the way.

Hike Leader: Cynthia Archer archercynthiab@gmail.com 416 573 4236

Wednesday November 15, 2017 Iroquoia Section

Crawford to Rattlesnake, Map 10 (26th edition)

This 14 km loop hike will take approximately 4 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please.

Depart: 9:00 am Meet at Crawford Lake Conservation Area (entrance fee applies).

Directions: Take Guelph Line to Conservation Road just north of Derry Road. Park in first parking lot.

Hike Description: We will do a combination of loop hikes including Crawford Lake ST, Rattlesnake Pt ST Leech Porter ST with interconnecting portions of BT. Bring water, lunch

Pre-register for the hike with the hike leader.

Please register by email.

Hike Leader: Ruth Merz ruthmerz1@outlook.com 905 928 5491 (cell on day of hike)

Wednesday November 22, 2017 Iroquoia Section

Sanctuary park to Woodley lanes in Dundas, Map 8 (26th edition)

This 14 km "there and back" hike will take approximately 3.5 hours and is at a brisk pace over moderate terrain.

There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Meet at Sanctuary Park just off Pleasant Ave. Dundas

Directions: From 403 take Main West exit and follow Main St. past McMaster towards Dundas where Main St. becomes Osler. Turn left at South St which will turn into Old Ancaster Road. At T intersection at top of hill turn right on Pleasant Ave. Then follow Pleasant to Sanctuary and turn right. Parking lot is at end of street.

Hike Description: We will hike along Spring Creek, Sawmill, McCormick and BT to Woodley Lane and return to Sanctuary Park. Bring lunch and water.

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Merz ruthmerz1@outlook.com 905 928 5491 (cell on day of hike)

Wednesday November 29, 2017 Iroquoia Section

Oakville

14 Mile Creek

This 14 km loop hike will take approximately 3.5 hours and is a medium pace over moderate terrain.

There is no dropout point.

Depart: 9:00 am. Glen Abbey Rec Centre

Directions: Meet in the SW corner of the Glen Abbey Rec Centre at 1415 Third Line (between the QEW and Upper Middle Road).

Hike Description: Mostly town flat trails with several steep hills.

Leader: Norman Young mny176@outlook.com 905 845-0939 cell on hike day 905 330-6605

APPENDIX D

THURSDAYS

The fall can be the best time for hiking. Come out and enjoy the fun and the good friends! All hikes begin at 10:00am unless otherwise stated, they are at a moderate pace with the likelihood of hills and rocky footing. Hiking boots are recommended. Also, due to increasing concerns about deer ticks and possible Lyme disease it is recommended that you wear a long sleeved shirt and socks tucked into long pants especially when hiking through tall autumn grasses. In the event of inclement weather please contact the hike leader. Also, feel free to call the leader if you would like to make carpool arrangements. Hike convener: Connie Rusynyk, c.rusynyk@sympatico.ca

Thursday September 7, 2017 Iroquoia Section

Dundas Valley

This 10 km loop hike will take approximately 3.5 hours and is at a leisurely pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. Start at the last parking lot of the Dundas Valley Conservation Area (closest to the Centre). Dundas Valley C.A is located off of Governor's Rd. in Dundas. Parking fee or Conservation Area pass.

Directions: From the 403 W. take the Main St. W. Exit. Turn left onto Main St. W. and travel to Osler Dr. Turn right and follow to Governor's Rd. Turn left onto Governor's Rd. and follow to the Dundas Valley C.A on your left.

Hike Description: This 10 km. double loop will take in two of the valley's lovely trails. Both loops begin and end at the Trail Centre. Hikers can hike one or both loops.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com
905 337 3937

Thursday September 14, 2017 Iroquoia Section

Borer's Falls

This 8 km "there and back" hike will take approximately 2.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am At the Dog Park which is off York Road in Dundas (nearest intersection is Valley Road). DO NOT LEAVE VALUABLES IN YOUR VEHICLE.

Directions: **Hike Description:** We are hiking from the Dog Park off York Road in Dundas up the escarpment to Borer's Falls. Then we will take a break at Rock Chapel and return to the Dog Park by the same route. Bring snack and water. The stairs are steep and if it's rained, can be slick.

Hike Leader: Linda Robinson fly@execulink.com

Thursday September 21, 2017 Iroquoia Section

Burlington/Waterdown, Map 9

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. Start at City View Park on the east side of Kerns Rd. City View Park is on Kerns Rd., south of Highway 5 and north of the QEW. We will meet in the south parking area.

Directions: From Highway 5 travel south on Kerns Rd. to the second parking area on the east side of Kerns. From the North Service Rd. travel north on Kerns Rd. to the most southerly parking lot on the east side of Kerns.. (Don't get confused with Kerncliff Park which is below the escarpment.) Note: Kerns Rd. is one way going north from just south of City View.

Hike Description: This 10 km. hike takes us to Waterdown and Smokey Hollow via the McNally Side Trail. The climb up to Smokey Hollow follows Grindstone Creek up to Great Falls where we will have lunch. On the way back we will explore the Upper Grindstone Side Trail. Bring water and a lunch and sunscreen.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com 905-337-3937

Thursday September 28, 2017 – Iroquoia Section

Oakville

Joshua Creek

This 12 km loop hike will take approximately 3 hours and is at a medium pace over easy terrain.

There is a dropout point after 5 km.

Depart: 10:00 am Oakville Town Hall

Directions: The Town hall is just north of the QEW off Trafalgar Rd left on White Oaks Blvd

Hike Description: We shall follow town trails and the 14 mile creek, therein are a couple of hills where poles would be helpful

Hike Leader: Norman Young: email: mny176@outlook.com 905 845 0939. Cell (morning of the hike) 905 330 6605

Thursday October 5, 2017 Iroquoia Section

Ancaster

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain.

There is no dropout point. No dogs please.

Depart: 9:30 am Meet at the Little League Baseball Field on the Jerseyville Side Rd.

Directions: From Hamilton take the 403 West. Exit at Wilson Street in Ancaster. Turn right on Wilson St. At the traffic circle Take the exit right onto Meadowbrook St. (3rd exit), Take Meadowbrook to Jerseyville w Rd. Turn Right. Pass High School. Little League Park is on right at bottom of hill.

Hike Description: Loop Hike in Spring Valley

Hike Leader: Lorraine Sherred 13hiking13@gmail.com 519 753 5519 email please

Wednesday, October 12, 2017 Iroquoia Section

Oakville

This 12 km loop hike will pay approximately 2.5 hours and is a medium pace over moderate terrain. There are dropout points.

Depart: 10:00 am. Glen Abbey Rec Centre. **Directions;** Meet in the southwest corner of the Glen Abbey Rec Centre at 1415 Third Line (between the QEW and Upper Middle Rd.)

Hike Description; Mostly town trails with several steep hills where poles might be useful. Bring water, snack and perhaps lunch to eat in the rec centre afterwards. Leader: Norman Young mny176@outlook.com 905 845 0939 cell on hike day 905 330 6605

Thursday October 19, 2017 Iroquoia

Walkers Line to Kilbride PS Map 10

This 12 km shuttle hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am Meet at the back of Kilbride Public School (by tennis courts). From there we will shuttle to the bottom of Mt Nemo escarpment,(Walkers Rd. and No 2 Side Rd parking lot). NOTE: There is a new conservation fee for cars that shuttle to the start of this hike.

Directions: Kilbride Public School is located in the heart of the Village of Kilbride at 6611 Panton St. (just off of Kilbride St.)

Hike Description: We will follow main BT up escarpment in to Mt. Nemo CA (for some breathtaking views of fall colours) and out along rural roads. We will continue into the woods of the Bronte Creek/Cedar Spring Valley and finish with a strenuous stretch out of the valley and into the village of Kilbride. Bring water,snacks and lunch

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca 905-332-7254 Hike morning use cell (905-749-0914)

Thursday October 26, 2017 Iroquoia Section

Jordan/Balls Falls

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am Car park west of Hutch's on Van Wagners Beach (near the square brick structure). We will carpool to Jordan (please let the hike leader know if you plan to go directly to Jordan).

Hike Description: Starting from the main parking lot in Jordan we will use a combination of local trails and Bruce Trail, following Twenty Mile Creek, to reach Balls Falls and Upper Balls Falls. Here we will have lunch and then return via side trails to complete a loop. A few rocky, muddy and steep sections. With luck we should see spawning fish and fall colours.

Hike Leader: Terry Rose termarintl@gmail.com
905-320-6513 Phone, text or email

Thursday November 2, 2017 Iroquoia Section

Dundas

This 10 km loop hike will take approximately 3 hours and is at a medium pace over strenuous terrain. There is no dropout point. No dogs please.

Depart: 10:00 am. Meet at second parking lot in Dundas Valley Conservation Area.

Directions: Located on Highway 99 in Dundas

Hike Description: Several loops in the Dundas Valley. Lots of hills but no poor footing.

Hike Leader: Lorraine Sherred: 13hiking13@gmail.com 519-753-5519 please email before

Thursday November 9, 2017 Iroquoia Section

Halton Agreement Forest

This 12 km "there and back" hike will take approximately 3 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet for a 10:00 am. start at the very small parking lot on the east side of Guelph Line, across from the Mohawk Casino and Raceway. Overflow parking can found at the north east corner of the Mohawk parking lot.

Directions: Travel north on Guelph Line to the parking lot on the east side of Guelph Line, across from the Mohawk Casino. It is north of Highway 401. Look for the "Hike Today" sign at the entrance to the parking lot.

Hike Description: This 12+km. hike leads us along easy (some poor footing) trails through parts of the Halton Agreement Forest. This is an area frequented by hikers and dog walkers as well as cyclists. Bring water and a lunch.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com 905-337-3937

Thursday November 16, 2017 Iroquoia Section

Waterdown, Map 9

This 10 km shuttle hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am City View Park, Burlington (south parking lot).

Directions: City View Park is on the east side of Kerns Road near the intersection with Highway 5. You can reach it by turning south off Highway 5 OR by going north on Kerns Road from the north service road of Hwy 403. Make sure to go to the south parking lot.

Hike Description: We will car shuttle from the meeting place to Patterson Road/Highway 6 underpass and return via the main trail. We will lunch at the Great Falls in Waterdown.

Hike Leader: Terry Rose termarintl@gmail.com 905-320-6513 Phone, text or email

Thursday November 23, 2017 Iroquoia

Cedar Springs Rd. to Guelph Line Map 9

This 7 km "there and back" hike will take approximately 2 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am from the Fisher Access (Springer Cres.). NOTE: Please park just before the crescent on HighView Dr.

Directions: Highview Dr. is located just off of Cedar Spring Rd. just north of Hwy 5. Spring Crescent is your first right off of Highview Dr. Look for BT signs.

Hike Description: We will do an in/out hike from the Fisher Access to Guelph Line and back. Beautiful woodland with a few strenuous hills. Bring Water and snacks. Icers may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca
905-332-7254 Hike morning use cell (905-749-0914)

Thursday November 30, 2017 Iroquoia

Rattlesnake Pt. CA to Twiss Rd. Map 11

This 12 km shuttle hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am from road side parking on Twiss Rd (just south of the Boy Scout Camp - Camp Manitou).

Directions: Twiss Rd is just west of Guelph Line off of Derry Rd. The road side parking spot is south of Conservation Rd and north of Derry just past steep, windy descent.

Hike Description: From Rattlesnake Pt. CA we will follow conservation side trails and main BT along the escarpment and descend/ascend Nassagaweya Canyon into Crawford Lake CA. From there we will make our way through the CA and on to the calcium pits at Twiss Rd. NOTE There is a conservation fee for those cars that park at Rattlesnake Pt CA. Bring water, snacks and lunch. Icers may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca 905-332-7254 Hike morning use cell (905-749-0914)

APPENDIX E

LOOPS AND LATTES

WEEKENDS

Saturday Sept 9, 2017 Iroquoia Section

Loops and Lattes

Hamilton, Map 8

This 12 km shuttle hike will take approximately 4 hours and is at a medium pace over easy terrain.

There is a dropout point after 7 km.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet at 10 am at the Hendrie Valley Parking lot on Plains Rd West at Botanical Drive. Pay parking is in effect but it's only \$1 per hour at last check. If you want free parking you could park at the Royal Botanical Gardens Headquarters and cross Plains Road to meet us at Hendrie Park. For the 2nd hike, the leaders will provide directions to Burlington Beach and where to park

Directions: Hendrie Valley Parking lot on Plains Rd West at Botanical Drive

Hike Description: Halton Hikes Loops and Lattes is a series of 37 hikes over 2 years based on a new book by author Nicola Ross. The book is available widely including bookstores and outdoor stores.

Two hikes today both easy. The first is in lovely Hendrie Valley 7.2 km hike number 19 and the second along Burlington Beach 3.9km hike number 4.

Pre-register for the hike with the hike leader.

Please contact the leaders by e-mail to let them know you're coming.

To register for the hikes e mail gord.morrow@gmail.com

Hike Leader: Maureen Hills and Gordon Morrow gord.morrow@gmail.com

Sunday Sept 10, 2017 Iroquoia Section

#30 Rockwood Pothole 5.5 km plus #3 Bear Den 5.5km or 7.5km. .

Two hikes again today. The first is in the Rockwood Conservation Area and we'll have our lunch there before hiking another loop on the Guelph Radial Line Trail in the Blue Springs Valley. The leader will give you instructions how to get to the second hike.

Depart: 10:00 a.m. near the washroom building at the parking lot. There will be a charge to enter the conservation area.

Directions: The conservation area is about 1hr drive from Burlington straight up Guelph Line.

To Register: e-mail Phill Armstrong at hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

Saturday Oct 14, 2017 Iroquoia Section

#28 Mountsberg 7 km or 14 km

The hikes are within the Mountsberg Conservation Area near Campbellville. There are various loops and the leader will choose the route to suit weather and participants.

Depart: 10:00 a.m. at the parking lot inside the gates in front of the visitor centre. There's an entrance fee but you can use a Halton Conservation Area pass if you have one.

Directions: There are many ways to get there from the Oakville Hamilton Area. You should allow about 45 minutes from Burlington.

To Register: e-mail Cheryl McCarney at social@haltonoutdoorclub.ca

Hike Leader: Cheryl McCarney

Sunday Oct 15, 2017 Iroquoia Section

#21 Hilton Falls Long 10.8km

The hikes are within the Hilton Conservation Area near Campbellville. There are various loops and the leader will choose the route to follow the book but also to suit weather and local conditions.

Depart: 10:00 a.m. at the parking lot inside the gates in front of the visitor centre. There's an entrance fee but you can use a Halton Conservation Area pass if you have one.

Directions: There are many ways to get there from the Oakville Hamilton Area. You should allow about 35 minutes from Burlington.

To Register: e-mail Frank Cooney at fscooney@hotmail.com

Hike Leader: Frank Cooney

Saturday Nov 11, 2017 Iroquoia Section

#32 Sixteen Mile Creek Loop 7 km plus a 7 km Remembrance Day Loop.

We won't start Nicola Ross #32 loop until we've done a Remembrance Day Loop, which will allow us to attend the short ceremony at the North Oakville Cenotaph. From the meeting point we will hike some pleasant park trails about 3.5 km to the Cenotaph arriving about 10:30 a.m. After the ceremony we walk back by a different route to the start point at Neyagawa Park.

We'll have our lunch in the park before setting off on the second loop, which follows the #32 Sixteen Nile Creek Loop. Our start point and parking is different from the book. The parking area is larger and easier to find.

Depart: 9:30 a.m. at the parking lot at the South East corner of River Glen Blvd and Neyagawa Blvd in Oakville.

Refreshment stop afterwards.

To register: e-mail Phill Armstrong hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

Sunday Nov 12, 2017 Iroquoia Section

#11 Bronte Village Loop 8.4 km

We'll do this pleasant easy loop in and around the Bronte Village Area of Oakville. Again the start and end point is different from Nicola Ross book to allow for more parking.

Depart: 10:00 a.m. in the parking area behind Denningers. The parking area is behind the shops and restaurants of Bronte Village. Access is from Lakeshore Rd, Marine Drive, Bronte Rd. or Jones St.

To register: e-mail Phill Armstrong hikinggrandpa@gmail.com

Hike Leader: Phill Armstrong

The hikes will continue next year. They are also posted on the Iroquoia Bruce Trail Site. www.iroquoia.on.ca