

IROQUOIA SUMMER HIKES 2017

WEEKLY HIKES

****Thursday night walks in Grimsby have been cancelled until another leader steps up to lead.****

EVERY MONDAY MORNING - +/- 10 km.

Meet at 9:00 am. in the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area. Pace: medium. Terrain: moderate. Map 8. Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

EVERY WEDNESDAY NIGHT CULHAM TRAIL MISSISSAUGA 1.5 - 2 hrs

Brisk pace. Meet at Riverwood Visual Arts Centre in Mississauga. The centre is located just north of Burnhamthorpe Rd. between Mississauga Rd and Creditview Rd on Riverwood Park Lane. We will **meet at 6:00 pm.** in the parking lot at the top of the hilland hike along the Culham trail. Hike is cancelled if there is heavy rain.

Leader: Nancy Stevens nancystevens7@gmail.com

EVERY WEDNESDAY NIGHT – All Summer, excluding Aug 9, 16, 23 - Walk for Health and Fun (1.5hrs to 2hrs at a Moderate to Fast Pace – We have slowed down a bit now since we are getting older!)

Climb the steps and walk the streets and trails of West Hamilton. Meet at 7:00 pm at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics). We will continue hiking sections of the Bruce Trail as well as the trails of Iroquoia Heights C.A. There will be weekly walks all summer excluding August 9, 16, 23 Due to extended evening daylight, we will walk longer than usual when the weather is fine. Hike is cancelled if there is heavy rain

Medium to Fast Pace and Moderate Terrain

Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

EVERY FRIDAY NIGHT - Burlington Waterfront - 2 hrs.

Meet at 7:30 pm. in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant for brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather. Pace - brisk. Terrain - easy. Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

GENERAL HIKES

Saturday, June 3 2017 Iroquoia Section

Dundas Conservation Area, Map Map 8

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Meet for a 9:30 am. start in the parking (known as the Hermitage Parking lot) on Sulphur Springs Rd. (near the Gatehouse). Conservation Area Pass or parking fee.

Directions: Take the 403 W. to the Rousseau Rd. exit. Keep to the right and follow it to Wilson St. Turn left onto Wilson and then right onto Sulphur Springs Rd. Follow Sulphur Springs Rd. to the parking lot on your right. (look for the gatehouse at the entrance.)

Hike Description: This is a lovely, circular hike through the western section of the Dundas Valley Conservation Area. Bring water, a lunch or snack, bug repellent and sunscreen.

Hike Leader: Anne/Phill Armstrong hikinggrandma@gmail.com [905-337-3937](tel:905-337-3937)

Sunday June 4, 2017 Iroquoia Section

FLAMBORO Bluebird Wal

This 6 km hike will take approximately 3 hours and is at a leisurely pace over easy terrain. No dogs please.

Depart: 9:30 am .Meeting at Cedarbrook Farm 812 8th Concession Rd West

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THE HIKE WILL START AT 9:30 AM

Directions: North on Hwy 6, first left past Carlyle Rd.

Look for the pig in the ditch on the left hand side (and I don't mean me)

That will be Cedarbrook

Hike Description: This is a nature walk at Cedarbrook farm discussing bluebirds, tree swallows, wrens and birds in general. We also have many other animals on the farm that you could feed carrots to if you wish. The walk itself will take about three hours

Hike Leader: Dan Welsh bluebird6@sympatico.ca [905 - 659 - 4957](tel:905-659-4957)

Sunday June 4, 2017 Dufferin Hi-Land Section

Map 21 and 20. Dufferin Hi-Land Blue and White End to End

This 22 km shuttle hike will take approximately 5.5 hours and is at a brisk pace over moderate terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 8:30 am The parking area near Lavendar at km 56.0 on map 21.

Hike Description: This last hike in the series will include Bell Lookout Side Trail. Day hikers are welcome. We will shuttle cars to parking area at Kilgore where Centre Road and River Road meet at km 34.9 on map 20.

Hike Leader: Cynthia Archer Archercynthiab@gmail.com [416-573-4236](tel:416-573-4236)

Monday June 5 , 2017 Iroquoia Section

Hamilton Mountain

Mountain Brow and Wentworth Stairs Loop Extended Evening Walk

This 12 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 7:00 pm Top of Wentworth Stairs

Directions: Take Concession Street to Upper Wentworth and turn north toward the escarpment. Keep right and the road becomes Mountain Park Ave. Park in the first parking lot on the left or on the street and we will meet at the top of the Wentworth Stairs.

Hike Description: We will be hiking the Mountain Brow Side Trail to where it meets the main Bruce Trail. Then we will be returning on the main Bruce Trail, and then the fun part! We get to climb up the Wentworth Stairs (all 500 of them!) After the hike, there will be an optional ice cream stop. This is the only time of the year that we have enough daylight to do a 12 km hike as an evening walk, so come on out and enjoy the long evening daylight! Hike Cancelled, if there is heavy rain.

Directions: Take Concession Street to Upper Wentworth and turn north toward the escarpment. Keep right and the road becomes Mountain Park Ave. Park in the first parking lot on the left or on the street and we will meet at the top of the Wentworth Stairs. Medium Pace and Moderate Terrain (except for climbing the stairs)

Hike Leader: Paul Lewis (905) 331-8600, or email: outdooractive@hotmail.com

Saturday, June 10. Caledon Hills - Hockey Valley (Maps 17/18) - 20 km.

Depart 8:30 am. Map 17 Km 37.4.

Directions: Hwy 401 west, North on 410 to Caledon turn right on Charleston Sideroad, left on Airport Rd #7, right on Coolihans Sideroad to where the trail crosses road. Road side parking. Car shuttle to km 56.2 Map 18. Hike back through Hockey Valley and Glen Haffy. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Leader: Ron Granger, (519) 485-0879 weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Saturday June 10, 2017 Iroquoia Section

Cheltenham, Map Not on BT maps

Halton Loops and Lattes

This 13 km loop hike will take approximately 4 hours and is at a medium pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Caledon Trailway Parking Lot on the west side of Creditview Rd. at the north end of the village of Cheltenham, across from Credit River Ct.

Directions: Allow sufficient time to be ready to hike at 10-00 a.m.

Hike Description: Halton Hikes: Loops and Lattes is a new book by author Nicola Ross.

This hike is the first one in the book and is a 12.5km loop.

This series of hikes will complete all 37 hikes over two years.

Pre-register for the hike with the hike leader.

Please e-mail rather than call.

If you are a Halton Outdoor Club member please identify if you are interested in a carpool from 777 Walkers Line.

Hike Leader: Phill Armstrong hikinggrandpa@gmail.com [905-337-3937](tel:905-337-3937)

Sunday June 11, 2017 Iroquoia Section

Hamilton, Map 7

Halton Loops and Lattes

This 10 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Mohawk 4 Ice Centre. 710 Mountain Brow Boulevard, Hamilton. Use the North East Parking area adjacent to Mountain Brow Blvd. There's plenty of parking. Washrooms and snacks available in the building itself.

Directions: The 4 Ice complex is a large arena facility in South East Hamilton. Use a GPS or a good map to get you there. Hamilton Transit 42 Mohawk East also serves the arena. Be careful to look for Mountain Brow Boulevard not road or street.

Hike Description: Halton Hikes: Loops and Lattes is a new book by author Nicola Ross.

This hike is the fourteenth one in the book and is a 10km loop.

This series of hikes will complete all 37 hikes over two years.

Hike Leader: Phill Armstrong hikinggrandpa@gmail.com [905-337-3937](tel:905-337-3937)

Sunday June 11, 2017 Iroquoia Section

Filman Rd to Dundas Valley, Map 8

This 16 km "there and back" hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am Roadside parking on Filman Road, on top of the escarpment, south of km 44, map 8.

Directions: This is not Filman Road below the escarpment. Go to Filman Road on top of the escarpment, off of Mohawk Road, Ancaster.

Hike Description: Not a medium pace, but a vigorous hike intended to work the legs and get some cardio. We will hike past Tiffany Falls and Sherman Falls to the Dundas Valley Trail Centre and back.

Hike Leader: Douglas Boyce dboyce004@gmail.com

Friday June 9, 2017 Peninsula Section

Tobermory

Annual Orchid Adventure

This 10 km loop hike will take approximately 4 hours and is at a leisurely pace over easy terrain. There is no dropout.

Depart: 7:00 pm Princess Hotel in Tobermory

Hike Description: Please join Jeanette and Greg as we explore the Tip o' the Bruce in search of orchids and other flowers. Our search will extend to Flower Pot Island (cost approx. \$50.00 for the glass bottom ferry and Parks Canada fee - waived with a free Discovery Pass). The wildflowers in the Tobermory area at this time of year are wonderful and our slow paced walks will focus on these flowers and area's great views. We stay and have our meals in a comfortable hotel overlooking Little Tub Harbour, the outing is restricted to those joining us at the hotel. We stay at the Princess Hotel Friday and Saturday night. You will need a car to access this outing. hikevincent.wordpress.com

Hike Leader: Greg Vincent vincent.greg@gmail.com [\(519\) 579-8210"> \(519\) 579-8210](tel:519-579-8210)

Sunday June 18, 2017 Niagara Section

Shorthills Provincial Park, Map 3

Comfort Maple in the Summer Hike 2/4

This 15 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain. There is no dropout point.

Depart: 9:00 am Park in the Shorthills Provincial Park Roland Rd parking lot between Wessel Dr & Sulphur Springs Rd. GPS Coordinates: 87M23MRW+52

Hike Description: Part of Canada's Sesquicentennial, this is the 2nd of 4 hikes to the Comfort Maple in all seasons.

People participating will have their names entered in a draw from all hikes & after the 4th hike one commemorative pen made from wood from the Comfort Maple, carved by Marv Ens, will be drawn. Mostly back roads there & back with an optional hike to Swayze Falls on our return.

Hike Leader: Ruth Moffatt ruthdmoffatt@gmail.com

Sunday June 18, 2017 Niagara Section

Niagara Glen Nature Reserve

This 10 km loop hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is a dropout point after 3 km. No dogs please.

Depart: 10:00 am The Niagara Glen Parking lot is located on the Niagara River side of the Niagara Parkway between the Golf Course and the Botanical Gardens. If you are not familiar with the area leave extra time.

Hike Description: Talk about geology, history, trees, gigantic rocks! This hike has them all. The Niagara Glen is located in perhaps the best example of Carolinian Canada beside a raging river, amazing rock formations and a world famous whirlpool. Trekking poles and boots recommended. We descend into the Niagara Glen and the river and must ascend back to the top. You will need a car to access this hike, there is no public transport. More information hikevincent.wordpress.com

Hike Leader: Greg Vincent vincent.greg@gmail.com (519) 579-8210

Saturday, June 24 Caledon Hills - Hockey Valley (Maps 18/19) - 17 km.

Depart: 8:30 am. Map 19 Km 72.3.

Directions: Hwy 401 west, North on 410 to 10, turn right at Camilla county road 8 to Mono Centre, turn right to junction #3&8, Road side parking. Car shuttle to km 56.2 Map 18. Hike back through Hockey Valley. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879 ,weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Saturday June 24, 2017 Caledon Hills Section

Hockley Valley, Map 18

Hike #5 of Canada 150th

This 12 km shuttle hike will take approximately 5 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 10:00 am BTC parking lot where 7th Line meets Airport Rd. Near km 44.4 Map 18.

Directions: Drive north on Airport Road. About 2 km north of Hwy 9 (Mono Mills) 7th Line meets Airport Rd. Parking lot is on east side of Airport Rd.

Hike Description: This is hike #5 of the Canada 150th series organized by Caledon Hills Club but with an extra 3 km at the beginning. See Caledon website for more details about this series.

Hike Leader: Peter Leeney peter.leeney@utoronto.ca [905-301-4091](tel:905-301-4091) before 10 pm.

Saturday, July 1 Peninsula, Smokey Head (Map 39) - 19 km.

Depart: 8:30 am. Map 39, Km 86.

Directions: From Hwy 6 right on Caudle Sideroad and right on Forty Hills Road to Richardson side trail parking lot on left. Car shuttle to Km 104.6, Map 39. Hike back through Smoke Head, White Bluff Provincial Nature Reserve. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Leader: Ron Granger, (519) 485-0879 ,weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Sunday, July 2 Peninsula, Lion's Head (Map 38) - 20 km.

Depart: 8:30 am. Map 38, Km 66.4.

Directions: from Bruce Rd.9, BTC Parking lot off Bruce Rd. 9 in Barrow Bay, just south on West Shore Rd. Car shuttle to Km 86 Map 38. Hike back through Lion's Head Provincial Nature Reserve. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Monday July 3 Peninsula, Rush Cove and Barrow Bay (Maps 37/38) - 24 km. Depart: Map 37 ,Km 42.6.

Directions: from Bruce Rd 9, Right on Beech St. to Hope Bay parking lot south of Genera Hope's Bay Forest Provincial Nature Reserve. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879 ,weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Saturday July 8, 2017 Iroquoia Section

Erin Village, Map Not on BT maps

Halton Hikes Loops and Lattes

This 10 km loop hike will take approximately 3 hours and is at a medium pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Park in the lot designated for the Elora Cataract Trailway. To get to it, turn east off Main St. onto Ross

St. near the north end of the village of Erin.

Directions: Take Trafalgar Rd.northwards to Hwy 24 and turn east (right) into the village of Erin. Drive time from the Oakville Burlington area is about one hour.

Hike Description: An easy loop in and around the village of Erin including Stanley Park.

Halton Hikes: Loops and Lattes is a new book by author Nicola Ross.

This hike is the thirteenth one in the book and is a 10 km loop.

This series of hikes will complete all 37 hikes over two years.

Pre-register for the hike with the hike leader.

Please email the hike leader Jim Blair. Parking is limited at the Elora Cataract Trailway lot so car pooling may be needed.

Please consult with the leader about your travel plans to arrive ready start hiking at 10:00 am.

Hike Leader: Jim Blair pblair24@cogeco.ca 905-689-69

Saturday July 8, 2017 Dufferin Hi-Land Section

Boyne Valley, Murphy's Pinnacle & Mulmur Hills, Map 20

This 15 km shuttle hike will take approximately 5 hours and is at a medium pace over strenuous terrain. There is no dropout point. No dogs please.

Depart: 9:00 am Bruce Trail parking lot at km 29.4 in Dufferin Hi-Lands section.

GPS Coordinates: N44 08.898', W80 07.107'

Directions: Take H'wy 10 north of Orangeville to Primrose, continue north on Prince of Wales Rd to County Road 17, turn right and follow for 2 km to 1st Line EHS, turn right again and follow for 400 metres to parking lot on LH side.

Hike Description: A mixture of main and side trails that provides scenic views from Murphy's Pinnacle and across Mulmur Hills, a visit to the Enchanted Forest, potholes, and (possibly) orchids. Does it get any better than this? Bring sunscreen, insect repellent, a snack lunch and two litres of drinking water.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com [519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

Sunday July 9, 2017 Toronto Section

Georgetown, Map 13

Halton Hikes Loops and Lattes

This 8 km loop hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am We will meet at the Limehouse Conservation Area Parking lot.

NOTE the book has the hike starting in the village, however parking is very limited there so the Conservation Area parking lot will be much better and doesn't affect the hike.

The second hike will start at Scotsdale Farm and directions to car shuttle over there will be given.

Directions: We will meet at Limehouse Conservation Area Parking lot just south of Limehouse on 5th Line.If you come from the village you go up a steep hill and the no fee conservation area is on your left. There's plenty of parking.

Most people will get there from Trafalgar Rd then west on 22 Sd Rd a couple km to the village. Allow about 45 mins driving time from Burlington.There is Portaloo at the meeting place.

Hike Start 10:00 am.

Hike Description:

Halton Hikes: Loops and Lattes is a new book by author Nicola Ross.

These hikes are numbers 22 and 31 in the book. They are loops of 3.6km and 4.2 km. They are the shorter options of the loops but could be extended in cool weather.

This series of hikes will complete all 37 hikes over two years.

Pre-register for the hike with the hike leader.

Hike Leader: Freda and Clive Wright fredaandclive@cogeco.ca 905 628 0610

Sunday July 9, 2017 Toronto Section

Canada Goose and Speyside, Map 12

This 14 km "there and back" hike will take approximately 3.5 hours and is at a brisk pace over moderate terrain. There is no dropout point.

Depart: 9:00 am Bruce Trail 22 Sideroad Parking Lot, southwest of the community of Limehouse and km 21.3, Map 12.

Directions: The Bruce Trail parking lot is located near the intersection of 22 Sideroad and Fourth Line, southwest of the community of Limehouse

Hike Description: Not a medium pace, but a vigorous hike intended to qualify as a workout. We will hike parts of the

Canada Goose Side Trail, main trail, Vanderleek Side Trail, 17 Sideroad Access Trail and Speyside North Side Trail. Bring a snack or lunch. **Hike Leader:** Douglas Boyce dboyce004@gmail.com

**Tuesday July 11, 2017 Iroquoia Section
Stoney Creek**

STONEY CREEK PIZZA Extended Evening Walk - 2.5 - 3hrs

This 11 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 7:00 pm. Battlefield Park

Directions: Take Centennial Parkway to King Street (Last traffic light before climbing the escarpment). Go East on King Street. Turn immediately right into the driveway for Battlefield Park (Sign at bottom of driveway on King Street). Meet in parking lot.

Hike Description: We will hike up to the Devil's Punch Bowl via the Bruce Trail and various side trails. We will return on various streets, as it will be getting dark on the return journey. Enjoy the long evening daylight! Optional apres hike stop for pizza (Has outdoor patio and pizza specials on Tuesday nights! Optional)

Medium pace and moderate terrain

Leader: Paul Lewis 905-331-8600, or email: outdooractive@hotmail.com

Saturday July 15 Dufferin Hi-Land, Boyne Valley (Maps 19/20) - 20 km.

Depart: 8:30 am. Map 37 Km 42.6.

Directions: from 401 west, North on 410 to 10 to Camilla, turn right to Mono Centre, turn right to junction of 3 and 8. Road side parking. Car shuttle to Km 18.7, Map 20. Hike back through Boyne Valley and Mono Cliffs Provincial Parks. Pace; moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

July 15 – FALL HIKE SUBMISSIONS DUE

**Saturday July 15, 2017 Toronto Section
Speyside, & Limehouse, Map 12**

This 15 km shuttle hike will take approximately 5 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:00 am The pear tree parking lot at km 11.2 in Speyside.

GPS Coordinates: N43 34.676', W79 58.619'

Directions: Take the 401 to Milton, turn north on H'way 25 to the traffic light at Sideroad 15, turn left and follow for 300 metres to the pear tree parking lot on the left hand side. From there we will car shuttle to the start and hike back.

Hike Description: An opportunity to enjoy the highlights of the Toronto section in high summer, taking in the Charles Hilderbrandt, Canada Goose, and Speyside side trails all linked together by the main trail. Bring sunscreen, insect repellent, a snack lunch, and two litres of drinking water.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com [519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

**Saturday July 22, 2017 Caledon Hills Section
Glen Haffy, Map 17**

Hike #3 - Canada's 150th

This 11 km shuttle hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 10:00 am. Map 17, km 33.8.

Directions: Take Airport Rd north. About 6 km north of Village of Caledon East, drive east on Finnerty Sideroad for 1.5 km to roadside parking at Innis Lake Rd.

Hike Description: We will hike through the Glen Haffy conservation area. This hike is #3 in the series of "Canada 150th Birthday" hikes put on by Caledon Hills Club. See CHBTC website for information about special badge.

Hike Leader: Peter Leeney peter.leeney@utoronto.ca [905-301-4091](tel:905-301-4091) before 10 pm

**Sunday, July 23. 2017 Iroquoia Section
Rattlesnake/Kelso Conservation Areas, Map Map 11**

This 11 km shuttle hike will take approximately 3.5 hours and is at a leisurely pace over moderate terrain. There is no

dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Meet in the far western parking lot at Kelso Conservation Area on Tremaine Rd. at 9:30 am. We will car pool to the lower parking lot of Rattlesnake Point Conservation Area.

Directions: Kelso Conservation Area is on the west side of Tremaine Rd., north of Steeles Rd. and south of the 401. Parking fee in effect or Halton Conservation Area pass.

Hike Description: This is an old favourite linear hike which visits Rattlesnake Point and Kelso Conservation Areas, both of which provide spectacular escarpment views. Bring water, a snack or lunch, insect repellent and sunscreen.

Hike Leader: Anne/Phill Armstrong hikinggrandma@gmail.com [905-337-3937](tel:905-337-3937)

Sunday July 23, 2017 Iroquoia Section

Felker's Falls and Red Hill Valley, Map 6

This 15 km "there and back" hike will take approximately 4 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am Roadside parking for the Glover Mountain Road Side Trail, southwest of km 21.1, Map 6.

Directions: Glover Mountain Road is at the north end of First Road West, which is west of Upper Centennial Parkway on Stoney Creek mountain.

Hike Description: Not a medium pace, but a vigorous hike intended to raise the heart rate. We will hike through Felker's Falls Conservation Area and the Red Hill Valley, following the main trail, Red Hill Creek Side Trail and Mountain Brow Side Trail. Bring a snack or lunch.

Hike Leader: Douglas Boyce dboyce004@gmail.com

Tuesday July 25, 2017 Iroquoia Section

Dundas Lookout and Tews Falls, Map Map 8 Edition 27

Spectacular Summer Views

This 6 km "there and back" hike will take approximately 1.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 6:30 pm Dundas Driving Park parking lot near the baseball diamonds.

Hike Description: Beautiful opportunity to take in some spectacular vistas of Dundas from several perspectives. This adventure is a good early evening summer challenge with a few good climbs. Footing should be fine if dry and we cancel if it's raining due to this issue. Planning to head to the Collins post hike. Please join us!

Hike Leader: Kim Agostino kmz2g0@gmail.com [905-308-1466](tel:905-308-1466) email or text as you prefer

Saturday August 5 Peninsula, Sydney Bay (Maps 36/37) - 20 km.

Depart: 8:30 am. Map 37, Km 42.6.

Directions: from Bruce Rd 9, right on Beech St. to Hope Bay parking lot south of General Store. Car shuttle Km 22 Map 36. Hike back through Jones Bluff and Sydney Bay Bluff. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Sunday August 6 Peninsula, Colpoy's Bay (Maps 35/36) - 22 km.

Depart: 8:30 am. Map 35 Km 0.0. Warton Bluewater Park, Parking area opposite the arena. Car shuttle to Km 22 Map 36. Hike back to Malcolm Bluff and Colpoy's Bay. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Monday August 7 Sydenham, Skinner's Bluff (Maps 34/35) - 20 km.

Depart: 8:30 am. Map 35, Km 0.0. Warton Bluewater Park, parking area opposite the arena. Car shuttle to Km 148.2 Map 34. Hike back through Skinner's Bluff Management Area. Pace: moderate. Terrain: variable and challenging, hike boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Saturday August 12, 2017 Toronto Section

Georgetown, Map 13 and 14

Halton Hikes Loops and Lattes

This 10 km loop hike will take approximately 4 hours and is at a medium pace over easy terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am. Enter the Terra Cotta Conservation Area from Winston Churchill Blvd. Park and meet at the visitor

centre. There is a small entry fee adult \$5 Seniors \$4.

After the morning hike you will be given directions to get to the parking area and start of the second hike in Glen Williams.

Directions: There are numerous ways to get there but from the south they all end up on Winston Churchill Blvd either for a short or long distance. Allow an hour to get there. Washrooms etc at the visitor centre.

Hike Description: Halton Hikes: Loops and Lattes is a new book by author Nicola Ross. This series of hikes will complete all 37 hikes over two years.

Two loops today 5 km in the morning and 5 km in the afternoon. The loops are number 34 Terra Cotta and number 15 Glen Williams.

The two hikes are a few km apart so it will be necessary to drive over to the second hike.

Pre-register for the hike with the hike leader.

Please contact Freda and Clive by e-mail. **Hike Leader:** Freda and Clive Wright [905-628-0610](tel:905-628-0610) fredaandclive@cogeco.ca

Saturday August 12, 2017 Iroquoia Section

Iroquoia, Waterdown, Map 9

This 12 km shuttle hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:00 am at km 64.6 in Iroquoia section, on Old Guelph Road by the tunnel entrance.

GPS Coordinates: N43 18.449', W79 54.700'

Directions: Take H'way 6 south from Clappison's Corners, take exit to York Road on right to Old Guelph Road, turn right and follow to parking area by the tunnel under H'way 6. From there we will shuttle to the start and hike back.

Hike Description: The classic hike through the middle of the Iroquoia section. Lots of trees and our favourite scenery of Grindstone Creek are featured in this hike. Bring sunscreen, insect repellent, a snack lunch and two litres of drinking water.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com [519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

Sunday August 13, 2017 Iroquoia Section

Waterdown, Map 9

Halton Hikes Loops and Lattes

This 15 km loop hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am City View Park in Burlington not Smokey Hollow. The parking at Smokey Hollow can be chaotic.

Use the South Parking Lot at City View Park next to the blue trail access to the Bruce trail.

Directions: Use the south entrance to the park on Kerns Rd south of Dundas Street Hwy 5.

Hike Description: Halton Hikes: Loops and Lattes is a new book by author Nicola Ross. This series of hikes will complete all 37 hikes over two years.

This loop is number 36 in the book.

The hike includes Grindstone Creek, Great Falls, Smokey Hollow and superb views from the escarpment over Burlington Bay and Lake Ontario.

Pre-register for the hike with the hike leader.

Please register by e mail with the leader Isabelle Bravo

Hike Leader: Isabelle Bravo [905-318-4753](tel:905-318-4753) ibravo_13@icloud.com

Saturday August 19 Dufferin Hi-Land, Boyne Valley (Maps 20/21) - 20 km.

Depart: 8:30 am. Map 20 Km 20.6.

Directions; 401 west, north on 410 to Hwy 89, turn right, to 1st Line E. turn left. Road side parking on top of hill. Car shuttle to Km 41.7, Map 21. Hike back through Black Bank. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, weekdays before 10 pm or E-mail ron.granger1@yahoo.com

Sunday August 20, 2017 Toronto Section

Georgetown, Map 13

This 10 km "there and back" hike will take approximately 3 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am. Meet in the parking lot of Scotsdale Farm (an Ontario Heritage Site) on the east side of Trafalgar Rd. We will use the main trail to travel south and then west and then onto a little used side trail. Bring water, a snack or lunch, bug repellent and sunscreen.

Directions: Take Trafalgar Rd. north to where it joins Highway 7, above the 401. Turn left here and travel north to where Trafalgar Rd. goes to the right. Follow it until you come to the narrow driveway which leads to Scotsdale Farm (on the east side of Trafalgar). Be careful as it easy to miss.

Hike Description: This is a lovely section of trail introduced to me by a fellow hiker. It uses main trail and a little used side trail which takes in some lovely scenery and leads to a very old cistern.

Hike Leader: Anne/Phill Armstrong hikinggrandma@gmail.com [905-337-3937](tel:905-337-3937)

Sunday August 27, 2017 Iroquoia Section

Mount Nemo Conservation Area, Map 11 Gentle Hikes

This 6 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Meet in the parking lot of Mount Nemo Conservation Area for a 10:00 am. start. Mount Nemo is located north of Highway 5 and south of Derry Rd. on the east side of Guelph Line. Parking fee in effect or Halton Conservation Area pass.

Directions: Take Highway 5 west (or east depending on where you live) to Guelph Line. Turn north onto Guelph Line and travel until you come to the entrance off Guelph Line on your right Turn in here.

Hike Description: This is a hike for new hikers, families or regular hikers wanting a shorter, slower hike. we should get some spectacular views from the top of the escarpment. Bring water, a snack, sunscreen and bug repellent.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com [905-337-3937](tel:905-337-3937)

Tuesday August 29, 2017 Iroquoia Section

Stoney Creek

Stoney Creek Pizza Evening Walk 1.5 - 2hrs

This 7 km loop hike will take approximately 2 hours and is at a medium pace over moderate terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 7:00 pm Battlefield Park

Directions: Take Centennial Parkway to King Street (Last traffic light before climbing the escarpment). Go East on King Street. Turn immediately right into the driveway for Battlefield Park (Sign at bottom of driveway on King Street). Meet in Parking Lot.

Hike Description: We will hike various trails and streets in the area, including the Battlefield Park Side Trail and the Bruce Trail. Optional apres hike stop for Pizza (Mother's) If it is raining, we will go straight to Mother's Pizza on Queenston Road

Leader: Paul Lewis 905-331-8600, or email: outdooractive@hotmail.com

HAPPY WANDERERS

Monday June 5, 2017 Niagara Section

ST CATHARINES - MERRITT ST, TWELVE ST & BRUCE MAIN TRAIL Map 2

This 16 km loop hike will take approximately 4.5 hours and is at a medium pace over moderate terrain.

Depart: Car Pool Meeting Place: 9:00 am

Car Pooling Meeting Place - We will initially meet at Van Wagners Beach Rd. Parking Lot adjacent to small brick building just west (Burlington side) of Hutch's Restaurant. We will then car pool to the Penn Centre Mall in St. Catharines.

Hike Start Meeting Place - For those intending to drive directly to the hike start then meet at 9:45 AM across from the last mall entrance on Hwy 406 side of mall.

GPS Coordinates: Car Pool Meet Location 43.137252, -79.222075 Hike Start Location 43.137252, -79.222075

Directions To Car Pooling Meeting Place - QEW (Skyway Bridge Niagara Bound) take Woodward Ave Exit Ramp. Right onto Woodward Ave. Next Right onto Beach Blvd and under QEW. Next right onto Van Wagners Beach Rd.

Parking Lot 800 meters on left before Hutches Restaurant.

Directions To Hike Start Meeting Place- From QEW (Niagara Bound) exit onto 406 at St. Catharines to Glendale Ave. Right onto Glendale Ave. then next right into Mall and continue towards the far end of mall and park across from the last mall entrance.

Hike Description: We will hike the Merritt ST, Twelve ST and return on the Bruce Main Trail

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Monday June 12, 2017 Iroquoia Section

CHEDOKE RADIAL TRAIL, Map 8 ED 27

This 16 km "there and back" hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain. There is no dropout point.

No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am TIFFANY FALLS PARKING LOT 45.0 map 8 edition 27

GPS Coordinates: 43.2394033,-79.9611873

DIRECTIONS: from Main St in Hamilton take Wilson St to Ancaster. Parking lot will be on your left.

HIKE DESCRIPTION: Will hike from Tiffany Falls to Chedoke stairs and return using the Scenic Drive side trail and the Iroquoia Heights side trail. Will continue to Sherman Falls and return to parking lot.

Hike Leader: Wayne Riley wlr8362@gmail.com 289-456-3498 RSVP

Monday June 19, 2017 Toronto Section TERRA COTTA C.A., Map 13 & 14

This 16 km loop hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain.

Depart Car Pool Meeting Place: 9:00 am

Car Pool Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to the trail access and limited parking at 27SR/Fallbrook Rd (Map 13).

Hike Start Meeting Place - For those that intend to drive directly to the Hike Start then meet there at 9:30AM. GPS

Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Start Meet Location 43.692145, -79.966984

43.692145, -79.966984 43.692145, -79.966984

Directions to Car Pool Meeting Place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to Hike Start Meeting Place - From 401 take Trafalgar Rd. north to Hwy 7 lights. Turn left on 7 and follow up hill and bear right back onto Trafalgar Rd north. In 700 Meters turn right onto 27SR and follow to 8th line then in short distance right onto 27 SR to Fallbrook Trail. Turn right onto Fallbrook Trail and limited parking at roadside. **Hike**

Description: We will hike the Roberts ST and Main Trail to Terracotta C.A. then hike the Winston Churchill ST and connecting parts of the conservation area trails, returning on the main trail.

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Monday June 26, 2017 Iroquoia Section

WEBSTER FALLS, Map 8 ED 27

This 17 km loop hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am 20 Marshboro Ave, Greensville

GPS Coordinates: 43.2699386,-80.006837

Directions: Turn east at # 5 and Brock Rd towards Dundas. Turn right at Brock and # 8 (Bullocks Corners).

Approximately 1 km up the hill, Marshboro will be on your left. Follow to the 2nd last house on the street.

Hike Description: from meeting area hike down the escarpment and head towards Dundas Valley Golf course. We will continue to the base of Webster Falls and then back out to the white trail and climb the hill to Dundas Lookout. We will then proceed along to Spenser Creek and follow to Christie Conservation Area and back to parking area.

Hike Leader: Wayne Riley wlr8362@gmail.com 289-456-3498 RSVP

Monday July 3, 2017 NO HIKE

Monday July 10, 2017 Caledon Hills Section

GLEN HAFFY C.A. TO PALGRAVE C.A., Map 17

This 19 km shuttle hike will take approximately 5.5 hours and is at a brisk pace over strenuous terrain.

Depart Car Pool Meeting Place: 9:00 am

Car Pool Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to just north of Palgrave.

Hike Shuttle Meeting Place - For those that are intending to drive directly to Hike Shuttle Meeting Place then meet at 10:00AM at Oak Ridges Trail Parking Lot just south of Palgrave C.A. entrance on east side of Hwy 50 by Palgrave Pond. We will then shuttle some cars to the hike start at 7th Line Main Trail Access Parking (Limited).

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Shuttle Meet Location 43.953356, -79.840745

Directions to Car Pool Meeting Place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to Hike Shuttle Meeting Place - Hwy 50 to north side of Palgrave to Oak Ridges Trail Parking Lot on east side of Hwy 50 by Palgrave Pond.

Directions to Hike Start Location - Follow Hwy 50 from Palgrave Parking for 2.7 km to Jct with Hwy 9. Turn Left onto 9 and travel 9 km to Airport Rd. Turn right onto Airport Rd and travel 1.7 km north to 7th Line and turn right. Access Trail Parking (limited) a short distance on right.

Hike Description: We will hike from 7th Line Parking Access Trail on Main Trail South through Glen Haffy C.A. to the junction of the Oak Ridges Trail (Formerly Palgrave ST). We will continue on the Oak Ridges Trail to Palgrave C.A. and parking lot by Palgrave Pond. 2.3 km of road walking.

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Monday July 17, 2017 Niagara Section Niagara River

This 16 km loop hike will take approximately 5.5 hours and is at a medium pace over strenuous terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am meet at the parking lot east side of Hutches at Hamilton Beach

Directions: From the QEW take the Woodward Ave exit at the base of the Skyway Bridge and follow to Van Wagners Rd (runs along the lakefront)

Hike Description: Hike down the gorge across from the Butterfly Museum along the river to Whirlpool Rapids, backup the escarpment and back to the parking lot.**Hike Leader:** Wayne Riley wlr8362@gmail.com 289-456-3498 RSVP

Monday July 24, 2017 Toronto Section

SILVER CREEK, Map 13 ED 27

This 16 km loop hike will take approximately 5 hours and is at a brisk pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Carpool at 401/25 hwy Go parking lot on the S/E corner by traffic lights.

Directions: See meeting place

Hike Description: Carpool to 8th line and hike Great Esker, Bennett Heritage with interconnecting parts of the main trail.

Hike Leader Wayne Riley wlr8362@gmail.com 289-456-3498 RSVP

Monday July 31, 2017 Iroquoia Section

SMOKEY HOLLOW, Map 9 ED 27

This 15 km "there and back" hike will take approximately 4.5 hours and is at a medium pace over strenuous terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Smoke Hollow parking lot at 71.0 map 9

GPS Coordinates: 43.4274389,-79.9388423

Directions: at the Dundas St and Mill St intersection in Waterdown go south on Mill. Smokey Hollow will be on your right just after the train bridge

Hike Description: head west from Smokey Hollow and follow the main trail to around #6 hwy and return

Hike Leader: Wayne Riley wlr8362@gmail.com 289-456-3498 RSVP

Monday August 7 - NO HIKE

Monday August 14, 2017 Iroquoia Section

SMOKEY HOLLOW

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Smokey Hollow parking lot

Directions: at #5 hwy and Mill street intersection in Waterdown, take Mill south for approx 1 km, lot is on the right

Hike Description: Depart from parking lot heading east towards Kerncliff Park using main trail as well as McNally, Waterdown, King and Ian Reid side trails.

Hike Leader: Ruth Merz ruthmerz1@outlook.com 905 928 5491 RSVP

Monday August 21, 2017 Dufferin Hi-Land Section

MONO CLIFFS P.P. & SPLITROCK, Map 19

This 16 km loop hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart Car Pool Meeting Place: 9:00 am

Car Pool Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to Mono Centre Community Centre Parking Lot.

Hike Start Meeting Place - For those that are intending to drive directly to Hike Meeting Place then meet at 10:15AM at Mono Centre Community Centre South Parking Lot.

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Start Meet Location 44.026067, -80.071096

Directions to Car Pool Meeting Place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to Hike Start Meeting Place - Take Hwy 10 north of Orangeville to Mono Centre Rd./Dufferin Rd 8 and turn right. Follow for 5.9 km to Mono Centre Community Centre Parking Lot just before Community Centre Buildings.

Hike Description: We will hike the Walter Towell, Splitrock, Lookout ST's and interconnecting parts of the main trail.

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Monday August 28, 2017 Dufferin Hi-Land Section

BOYNE VALLEY PP, Map 20

This 16 km loop hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart Car Pool Meeting Place: 9:00 am

Car Pool Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to Prince of Wales Rd Parking close to Prince of Wales ST Access.

Hike Start Meeting Place - For those that are intending to drive directly to the Hike Start then meet at 10:15AM at parking lot just past bridge on Prince of Wales Rd.

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Start Meet Location 44.100162, -80.137489

Directions to Car Pool Meeting Place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to Hike start meeting Place - Take Hwy 10 north of Orangeville to Jct with Hwy 89. Cross over Hwy 89 onto Prince of Wales Rd and follow for 1.1 km to parking lot on right side of road after crossing bridge.

Hike Description: We will hike the Prince of Wales ST, Primrose Loop ST, Murphy's Pinnacle ST, Boyne Valley ST and interconnecting parts of the main trail.

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

TUESDAYS WITH BILL

No hikes for the summer

HIKERS R US

Hikers R Us Summer Hikes Summer is a great time of year for hiking. Bring a snack/lunch and water, sunscreen and bug spray, wear hiking boots. No dogs. It's essential to carry lots of water for hiking in the hot weather. Please be sure to notify the hike leader if you plan to attend as sometimes weather or other circumstances mean changes to the meeting spot etc. For a late change in the hike you will be notified by email by 7:00 am the morning of the hike.

Hike convenor: Charlotte Stewart stewchar01@gmail.com (905) 628-0509. Map references 28th edition unless otherwise noted.

Wednesday June 7 Niagara Section St. CATHARINES - SHORT HILLS PP, Map 3

This 14 km loop hike will take approximately 4 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am Car Pooling Meeting Place - We will initially meet at Van Wagners Beach Rd. Parking Lot adjacent to small brick building just west (Burlington side) of Hutches Restaurant. We will then car pool to Trail Access Parking off

Pelham Rd.

Hike Start Meeting Place. - For those intending to drive directly to the hike start then meet at 9:45 AM at Pelham Rd Parking Lot.

GPS Coordinates: Car Pool Meet Location 43.137252, -79.222075 Hike Start Location 43.108389, -79.287120

Directions to Car Pool Meeting Place - QEW (Skyway Bridge Niagara Bound) take Woodward Ave Exit Ramp. Right onto Woodward Ave. Next Right onto Beach Blvd and under QEW. Next right onto Van Wagners Beach Rd. Parking Lot 800 meters on left before Hutches Restaurant.

Directions to Hike Start Meeting Place - From QEW (Niagara Bound) exit Seventh St. Louth (Hwy 34). Head south to King St (Hwy 81)/St. Paul St W and turn left. Continue on St. Paul St W for 800 Meters to Eight St. Louth and turn right. Continue to Pelham Rd and turn left. Parking Lot entrance is a 500 Meters on right side.

Hike Description: We will hike the Black Walnut, Scarlet Tanager, Hemlock Valley & Terrace Creek ST's

Hike Leader: Keith Barber kbarber11@cogeco.ca [289-878-2299](tel:289-878-2299) RSVP

Wednesday June 14 Caledon Section CALEDON E2E4 Southbound

This 12 km "there and back" hike will take approximately 3 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am. We will meet at the carpool lot on H25 in Milton, just south of the 401, and will proceed to the hike start point at the southwest corner of Willoughby Rd & Escarpment SR.

GPS Coordinates: 43.831244, -79.98058

Directions: Hwy 25 (Martin St) or Hwy 401 eastbound off-ramp. 43.5270110, -79.9036470

Hike Description: We will hike approximately 6 km from the parking spot and then return to our cars. Coffee or pub stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (eg personal medication such as ibuprofen, Benadryl, prescription medication, bandaids, steristrips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

[519-222-4040](tel:519-222-4040)

Wednesday June 21 Caledon Hills Section HOCKLEY VALLEY NATURE RESERVE, Map 18

This 15 km loop hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am. Car Pooling Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to the Hockley Rd. Parking Lot just east of 2nd Line EHS.

Hike Start Meeting Place- For those that intend to drive directly to the Hike Start then meet there at 10:00 am.

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Start Meet Location 43.972755, -80.056120

Directions to car pool meeting place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to hike start meeting place - From Hwy 10 at Orangeville continue north to Hockley Rd. and turn right.

Drive east for 5.1 km to trail access parking lot on left side, 200 Meters past 2nd Line EHS.

Hike Description: We will hike the Main Trail then return on the Cam Snell, Glen Cross & Tom East ST's.

Hike Leader: Keith Barber kbarber11@cogeco.ca, [289-878-2299](tel:289-878-2299) RSVP

Wednesday June 28 Iroquoia Section LOWVILLE TO TWISS ROAD map 10 (26th edition)

This 14 km "there and back" hike will take approximately 4 hours and is at a brisk pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:00 am. Meet at Lowville park

Directions: Take Guelph line to Lowville park, just north of Britannia

Hike Description: From Lowville park we will hike along River and Ruins trail and continue to Twiss road and return along another part of Ruins loop. Bring water, lunch, sunscreen and bug spray.

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Merz ruthmerz1@outlook.com [905- 928- 5491](tel:905-928-5491) cell on day of hike

Wednesday July 5 Caledon Hills Section FORKS OF THE CREDIT & MCCLAREN ST, Map 14 & 15

This 15 km loop hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am Car Pooling Meeting Place- We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to the roadside parking on Creditview Rd just north of The Grange SR (Refer Map 14) Hike Start Meeting Place - For those intending to drive directly to the hike start then meet at 9:45 AM

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Start Meet Location 43.791367, -79.975210

Directions to car pool meeting place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to hike start meeting place - North on Mississauga Rd to The Grange SR and turn right. Drive 1.5 km East to jct of Creditview Rd. Turn left to roadside parking.

Hike Description: We will hike Quarryman's ST & McClaren Rd ST including interconnection sections of the main trail. McClaren Rd Bridge reconstruction was completed Dec 2016 so Side Trail is now accessible.

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Wednesday July 17 Caledon Section CALEDON E2E5 northbound

This 12 km "there and back" hike will take approximately 3 hours and is at a brisk pace over strenuous terrain.

There is no dropout point.

Depart: 9:30 am Milton Carpool Lot.

We will then drive to Escarpment Side Road between Mountainview and St. Andrews Roads.

GPS Coordinates: 43.884912,-79.920313

Directions: Hwy 25 (Martin St) or Hwy 401 eastbound off-ramp
43.5270110, -79.9036470

Hike Description: We will hike approximately 6 km from the parking spot and then return to our cars. Coffee or pub stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (eg personal medication such as ibuprofen, Benadryl, prescription medication, bandaids, steristrips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com
[519-222-4040](tel:519-222-4040)

Wednesday July 19 Iroquoia Section DUNDAS VALLEY, Map 8 ED 27

This 15 km loop hike will take approximately 4.5 hours and is at a brisk pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:00 am Artaban Rd parking lot (FEE REQUIRED)

GPS Coordinates: 43.2407757,-79.9778128

Directions: Follow Old Dundas Rd to 46.4 marker, map 8, edition 27

Hike Description: From parking lot hike to Sherman Falls and head back to Dundas Valley following the white trail. Will take the Canterbury Falls side trail and then back on the main trail to the Trail Centre. We will then take the Sulphur Creek trail back to the main trail and parking lot.

Hike Leader: Wayne Riley wlr8362@gmail.com
[289-456-3498](tel:289-456-3498) RSVP

Wednesday July 26 Iroquoia Section STONEY CREEK, Map 6 and 5

This 14 km "there and back" hike will take approximately 4.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:00 am Jones Road Access Trail at km 14.0 on map 6

Hike Description: We will hike from Jones Access Side Trail to Woolverton Conservation area on map 5 for lunch then return.

Hike Leader: Cynthia Archer Archercynthiab@gmail.com
[4165734236](tel:4165734236)

Wednesday August 2 Caledon Section CALEDON E2E6 southbound

This 12 km "there and back" hike will take approximately 3 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:30 am Milton carpool lot. We will then drive to Escarpment Side Road between Mountainview and St. Andrews Roads.

GPS Coordinates: 43.884912, -79.920313

Directions: Hwy 25 (Martin St) or Hwy 401 eastbound off-ramp
43.5270110, - 79.9036470

Hike Description: We will hike approximately 6 km from the parking spot and then return to our cars.

Coffee or pub stop after the hike. Please bring sunscreen, bug spray, hiking shoes or boots, water, lunch and a small first aid kit (eg. personal medication such as ibuprofen, Benadryl, prescription medication, bandaids, steristrips, moleskin, duct tape, health card number).

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

[519-222-4040](tel:519-222-4040)

Wednesday August 9 Iroquoia Section CHEDOKE TO SHERMAN FALLS Map 8 (26th edition)

This 16 km "there and back" hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. **There is no dropout point. No dogs please.**

Depart: 9:00 am Meet at Chedoke Golf course parking lot.

Directions: Take 403 to Aberdeen exit. Go under railway bridge and turn right on Studholme and continue up the hill to the golf course.

Hike Description: Will hike from Chedoke golf course to Sherman falls via Chedoke radial trail, Iroquois Woods, Tiffany Falls, stopping for lunch at Tiffany falls. Bring water, sunscreen and bug spray.

Pre-register for the hike with the hike leader.

Hike Leader: Ruth Merz ruthmerz1@outlook.com [905- 928- 5491](tel:905-928-5491) cell on day of hike

Wednesday August 16 DRYDEN AND SUDDEN TRACTS 14 km 4.5 km/hr very hilly

We will meet at **9:00** sharp at the Dryden Tract parking lot located at 1865 Alps Road, North Dumfries, GPS

43°19'35.7"N 80°23'12.3"W. Let's hike the hilly and tree hugging-worthy forests of the Grand River Valley Trails in Dryden and Sudden Tracts. There will likely be lots of mushrooms in there this time of year, so you have been warned that some stopping to look at them is expected on this day.

This is an In and Out hike because your wonderful hike leader hates car shuttles. Please bring lots of water and a lunch.

Bug spray is also highly recommended, although in August they hopefully will not be too bad.

Pre-register for the hike with the hike leader.

Please email Louise at least 24 hours before the hike to register. Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

Hike Leader: Louise Langlais langlaislouise@gmail.com

[519-222-4040](tel:519-222-4040)

Wednesday August 23 HUMBER VALLEY HERITAGE TRAIL, Map: Refer Trail Website

This 16 km shuttle hike will take approximately 4.5 hours and is at a brisk pace over strenuous terrain. There is no dropout point.

Depart: 9:00 am Car Pooling Meeting Place - We will initially meet at Hwy 401/ Hwy 25 GO Milton Commuter Parking Lot (SE corner of intersection at Traffic lights). We will then carpool to Dick's Dam Park Parking Lot off Hickman St. in Bolton.

Car Shuttle Meeting Place- For those intending to drive directly to the hike shuttle meeting place then meet at 10:00 AM at Dick's Dam Park Parking Lot off Hickman St. Bolton. We will then shuttle some cars north to the hike start at Humber Station Rd and Caledon Trailway Crossing (Limited roadside parking).

GPS Coordinates: Car Pool Meet Location 43.527205, -79.903404 Hike Shuttle Meet Location 43.880294, -79.743312

Directions to Car Pool Meeting Place - From 401 eastbound exit at Hwy 25 and cross over at lights to GO Commuter Parking Lot. From 401 Westbound exit Hwy 25 and turn left over 401 to lights and turn left into GO Commuter Parking.

Directions to Hike Shuttle Meeting Place - Follow King St.(Hwy 9) east to traffic circle in Bolton. Turn right on Emil Kolb Parkway. Follow for 1km and then left onto King St.(Hwy 9). In 850 meters turn left on Hesp Drive. Follow to Hickman St and turn right and follow to just beyond Sackville St. intersection to Parking Lot Entrance on left side.

Directions to Hike Start from hike shuttle meeting place - Left out of parking lot onto Hickman St. Follow short distance to Hwy 50 and turn left. Follow Hwy 50 for 7.1 km to Old Church Rd and turn left. Follow for 2.7 km to Humber Station Rd. and turn right. Follow for 1.9 km to Caledon Trailway Crossing and limited roadside parking close to trailhead.

Hike Description: We will hike from Humber Station Rd/Caledon Trailway Crossing Trailhead back to SE end of Dick's Dam Park, Bolton (Hickman St. Access)

Hike Leader: Keith Barber kbarber11@cogeco.ca 289-878-2299 RSVP

Wednesday August 30 Toronto Section SCOTCH BLOCK Map 12 and 11

This 16 km "there and back" hike will take approximately 4.5 hours and is at a medium pace over moderate terrain. **There is no dropout point.**

Depart: 9:00 am Scotch Block parking area at km 8.6 on map 12

Hike Description: We will hike from Scotch Block at km 8.6 on map 12 to a lookout at km 2.0 on map 11

Hike Leader: Cynthia Archer Archercynthiab@gmail.com
[4165734236](tel:4165734236)

GOOD COMPANIONS

All hikes begin at 10:00 am. and are at a leisurely pace. Please wear appropriate clothing and footwear. Bring water, a snack, sunscreen and bug spray and a sense of humour. Remember, as in life it's the journey that matters not the destination. Please contact the individual hike leaders with any questions.

Wednesday June 7, 2017 Iroquoia Section Dundas

This 8 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please.

Depart: 10:00 am Sanctuary Park in Dundas.

Directions: From Old Ancaster Road turn right onto Pleasant Ave and follow it along to Sanctuary Drive. Turn right on Sanctuary Dr. The parking lot is at the end of the street.

Hike Description: We will walk from Sanctuary Park along the Springcreek Trail and return via the rail trail. Bring snack, water, bug spray and sunscreen.

Hike Leader: Stella Parr scparr@yahoo.ca 905 628 6436

Wednesday June 14, 2017 Iroquoia Section

RBG York Road entrance

This 8 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please.

Depart: 9:30 am Meet at the former RBG parking lot on York Road in Dundas. Park on the side of the road or the dog park at the corner of Valley road

Directions: Call hike leader

Hike Description: Loop hike around to Cootes Paradise and up to the Arboretum to see the Tulip Trees.

Hike Leader: Mary Rose termarintl@cogeco.ca 905-637-2918

Wednesday June 21, 2017

Oakville, Joshua Creek South Trail

This 7 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. Refreshment stop after hike.

Depart: 10:00 am Parking lot of Maplegrove Arena at the corner of Devon Road and Elmhurst Ave.

Directions: From the QEW take Ford Drive south to Devon Road. Turn right onto Devon Road. Look for the Arena on your right. The parking lot is at the back. Take the first driveway* into the parking lot.

Hike Description: This 7 km. hike follows Joshua's Creek through a forested area, skirts the lakeshore and passes some enormous houses. The ravine is peaceful as the creek makes its way to the lake. Bring a snack, water, sunscreen and insect repellent.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com 9053373937

Wednesday June 28, 2017 Toronto Section

Hilton Falls, Map 11 Good Companions

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over moderate terrain. There is no dropout

point. No dogs please.

Depart: 10:00 am Parking lot of Hilton Falls Conservation Area. Parking fee or Conservation Area pass.

Directions: Campbellville Road west of Walkers Line and east of Guelph Line

Hike Leader: Judith Bourke judith.bourke@sympatico.ca [9053328741](tel:9053328741)

Wednesday July 5, 2017 Iroquoia Section Greensville

This 8 km "there and back" hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please.

Depart: 10:00 am Parking lot on Crooks Hollow Rd. Fee charge or C/A membership card required.

Directions: Take Hwy 8 to Brock Rd and at the 4-way stop sign turn left. Continue onto Crooks Hollow Rd. If coming from Hwy 5 turn left at Brock Rd and at the 4-way stop turn right to Crooks Hollow Rd.

Hike Description: We will follow the Spencer Creek Adventure Trail to Webster's Falls and back. Bring snack, water, sunscreen and bugspray.

Hike Leader: Stella Parr scparr@yahoo.ca 905 628 6436

Wednesday July 12, 2017 Iroquoia Section Hidden Valley, Aldershot

This 8 km "there and back" hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point.

Depart: 9:30 am. We will meet in the parking lot off Howard Rd in Aldershot.

Directions: From Plains Road go north along Howard Rd. The parking lot is on right after you go around the curves.

Hike Description: We will hike beside Grindstone Creek on the RBG trail over to the toll ponds and back. One big hill with a little tricky footing. Bring water, snack, bugspray and sunscreen. If the weather is good you may want to bring your lunch to picnic afterwards in the park.

Hike Leader: Connie Ruszyk c.ruszyk@sympatico.ca
905 520 6502

Wednesday July 19, 2017 Iroquoia Section Crawford Lake C/A

This 8 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Crawford Lake C/A. We will park our cars in the lower parking lot.

Directions: The C/A is north of Derry Rd off Guelph line in Burlington.

Hike Description: We will hike around the green marked conservation trail meeting up with the main Bruce trail, then go out to the lookout to check for turkey vultures and finish up with a walk around the lake. After the hike you may want to head off to Campbellville for ice cream. Alternately, you may want to tour the interesting Iroquoia village.

Hike Leader: Connie Ruszyk c.ruszyk@sympatico.ca 905 520 6502

Wednesday July 26, 2017 Iroquoia Section

Kerncliff

This 7 km "there and back" hike will take approximately 2 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please.

Depart: 9:30 am Meet in the north parking lot of City View park in Burlington(closest lot to Dundas Road).

Directions:

Hike Description: Partly loop hike around the local trails.

Hike Leader: Mary Rose termarintl@cogeco.ca [905-637-2918](tel:905-637-2918)

Wednesday August 2, 2017 Iroquoia Section Lowville

This 10 km "there and back" hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 10:00 am. We will meet at Lowville Park.

Directions: Take Guelph Line to Lowville. The park is on the east side at the bottom of the big hill.

Hike Description: The trail is mostly through wooded areas close to Bronte Creek. Bring water, snack, sunscreen and bugspray.

Hike Leader: Stella Parr scparr@yahoo.ca 905 628 6436

Wednesday August 9, 2017 Iroquoia Section

Red Hill Valley, Hamilton.

This 7 km loop hike will take approximately 2 hours and is at a leisurely pace over easy terrain. There is no dropout point.

Depart: 9:30 am Parking lot at intersection of Old Mud Street and Pritchard in East Hamilton.

Hike Description: A loop hike taking in Albion Falls, Buttermilk Falls and Red Hill Creek

Hike Leader: Terry Rose termarintl@gmail.com 905 320 6513

Wednesday, August 16

Sixteen Mile Creek Valley, Oakville

This 9 km loop hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. Refreshment stop after.

Depart: 10:00 am Parking lot on the southeast corner of River Glen Blvd. and Neyagawa, beside the baseball diamonds.

Directions: From Highway 5 travel south on Neyagawa and turn left onto River Glen. From Upper Middle Rd. go north on Neyagawa and turn right onto River Glen.

Hike Description: This 9 km. hike takes us deep into the Sixteen Mile Creek and also along the top banks of the valley as we follow the "creek" along its meandering course. It is an oasis of green in a busy community. There will be a couple of long but gentle hills to go up and down. Bring sunscreen, water, a snack and insect repellent.

Hike Leader: Anne Armstrong hikinggrandma@gmail.com 9053373937

Wednesday August 23, 2017 Iroquoia Section

Eramosa Karst, Map 7

This 7 km loop hike will take approximately 2 hours and is at a medium pace over easy terrain. There is no dropout point. There will be a refreshment/pub stop afterwards.

Depart: 10:00 am Valley Park, Upper Stoney Creek

GPS Coordinates: 43.1943 / 79.7958

Hike Description: Meet at 10:00 am in the north parking lot at Valley Park on Paramount Drive in Upper Stoney Creek. We will hike to the Eramosa Karst and do a loop hike there.

Hike Leader: Vern Erickson verickson@cogeco.ca

Wednesday August 30, 2017 Iroquoia Section

North Burlington

This 8 km "there and back" hike will take approximately 2.5 hours and is at a leisurely pace over easy terrain. There is no dropout point.

Depart: 9:30 am. City View Park, Burlington. North car park (one closest to Highway 5)

Directions: From the south go north on Kerns Road. Turn right into north car park just before you reach Highway 5.

From all other directions turn south off Highway 5 onto Kerns Road and take first left into north car park.

Hike Description: From City View Park we will head west towards Waterdown and return by a similar route. How far we go will depend on conditions. Bring water and snack.

Hike Leader: Terry Rose termarintl@gmail.com 905 320 6513

MIDWEEK HIKES

Planning a "Stay-cation" this summer. Great! Come out and enjoy the trails and some great company. Just a few things to keep in mind...Hiking boots are recommended. Also, due to increasing concerns about deer ticks and possible lyme disease it is recommended that you wear a long sleeved shirt and socks tucked into long pants especially when hiking through tall grasses.

All hikes are at a moderate pace (unless otherwise stated) with the likelihood of hills and rocky footing. Please note that the starting time varies! No dogs, please. In the event of inclement weather please call the hike leader. Also, feel free to call the hike leader if you would like to make carpool arrangements. Thursday hike convenor: Connie Rusnyk, 905 689 2203 c.rusnyk@sympatico.ca

Thursday June 1, 2017 Iroquoia Section Ancaster

This 11 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 10:00 am. Meet in the parking lot of the Little League baseball field on the Jerseyville Rd West.

Directions: Take the 403 towards Ancaster. Exit on to Wilson street. Turn right on Wilson St. At the traffic circle Take the exit right onto Meadowbrook St. (3rd exit), Take Meadowbrook to Jerseyville w Rd. Turn Right. Pass High School Little League Park is on right at bottom of hill.

Hike Description: Several loops in the Spring Valley area of the Dundas Valley Conservation area.

Hike Leader: Lorraine Sherred 13hiking13@gmail.com 519-753-5519 please email

Thursday June 8, 2017 Iroquoia Section Dundas Valley CA, Map 8

This 10 km shuttle hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:30 am Dundas Valley CA Trail Centre off Governors Road

Directions: Heading west on Governor's Road from Dundas, turn left into the Dundas Valley Conservation Area. Proceed to the farthest parking lot. Parking fee or Hamilton Conservation Authority pass required.

Hike Description: We will carpool to the Tews Falls parking area off Harvest Road. The hike will include Tews Falls, Dundas Peak, Old Dundas Station Side Trail, continuing on the Bruce Trail back to the Dundas Valley CA Trail Centre. Bring water, snack/lunch and possibly bug spray and sunscreen.

Hike Leader: Janina Vanderpost kayakhiker1@gmail.com 905-521-2296

Thursday June 15, 2017 Iroquoia Section Walkers Line to Kilbride Public School, Map 10

This 12 km shuttle hike will take approximately 3.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am Meet at 9:30 am sharp at the back of Kilbride Public School (by tennis courts). From there we will shuttle to bottom of Mt Nemo escarpment (Walkers and No 2 Side Rd. by cemetery).

Directions: Kilbride Public School is located in the heart of the Village of Kilbride at 6611 Panton St. (just off of Kilbride St.)

Hike Description: We will follow main BT up escarpment into Mt. Nemo CA (for lots of lovely views of the countryside) and out along rural roads. We will lunch overlooking the quarry and then continue on and into the lush Bronte Creek/Cedar Springs Valley. We will finish our walk by climbing a strenuous stretch out of the valley and into the village of Kilbride. Upon completion of the hike, hiker(s)/driver(s) will required to drive back to starting point to recover shuttle car(s).

Bring water, snacks and lunch. Bug spray may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca 905-332-7254 Hike Morning use cell (905-749-0914)

Thursday June 22, 2017 Iroquoia Rattlesnake Pt. CA to Kilbride, Map 11

This 16 km shuttle hike will take approximately 4.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am We will meet at 9:30 sharp at the back of Kilbride Public School (by Tennis Courts). From there we will shuttle over to Rattlesnake Point CA

Directions: Kilbride Public School is located in the heart of the village of Kilbride (north Burlington) at 6611 Panton St (and Kilbride St.)

Hike Description: From Rattlesnake Point CA we will follow conservation side trails and main BT along the escarpment and descend/ascend Nassagaweya Canyon. We will lunch at the lookout in Crawford Lake CA (with a lovely view of the Canyon and turkey vultures). From there we will make our way out of the CA to the calcium pits at Twiss Rd and on thru the lush Yaremko-Ridley Nature Reserve to Kilbride. Upon completion of the hike, hiker(s)/driver(s) will be required to drive back to the starting point to recover shuttle

car(s)- There is a conservation fee for those cars that park at Rattlesnake Point C/A. Bring water, snacks and lunch. Bug spray may be necessary.

Hike Leader: Karen Capindale-Smith jsmith62@cogeco.ca 905-332-7254 Hike Morning use cell (905-749-0914)

Thursday June 29, 2017 Iroquoia Section North Burlington, Map 9

This 10 km shuttle hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:00 am City View Park (south parking lot), Kerns Road (south of Highway 5).

Hike Description: Car pool to No. 1 Side Road (off Guelph Line) and hike back to City View Park using main trail, side trails and ski trails. Bring water, bug spray and snack. Some steep climbs.

Hike Leader: Terry Rose termarintl@gmail.com 905 320 6513 Phone or Text

Thursday July 6, 2017 Iroquoia Section Dundas Valley CA, Map 8

This 12 km loop hike will take approximately 4 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 9:30 am Meet at the Sanctuary Park parking lot which is off Sanctuary Drive in Dundas.

Directions: West on Old Ancaster Road from Dundas. Right turn onto Pleasant Avenue, then right turn onto Sanctuary Drive. Follow Sanctuary Drive to the park. Parking lot on the right hand side of the road.

Hike Description: Monarch Trail and Spring Creek Trail Loop. This loop hike follows the Spring Creek Trail to the Dundas Valley CA trail centre where we stop for a snack. Return along the Main Trail and Monarch Trail, with a short bit on the rail trail back to Sanctuary Park. Bring snack and lunch, water, sunscreen.

Hike Leader: Janina Vanderpost kayakhiker1@gmail.com 905-521-2296

Thursday July 13, 2017 Iroquoia Section Borer's Falls

This 8 km "there and back" hike will take approximately 2.5 hours and is at a medium pace over moderate terrain. There is no dropout point.

Depart: 9:30 am. Meet at the dog park on York Rd. in Dundas. **Hike Description:** We are hiking up the escarpment to the falls and then onto Rock Chapel for our break then returning by same route. Bring snack and something to drink to stay hydrated. **Hike Leader:** Linda Robinson fly@execulink.com

Thursday July 20, 2017 Iroquoia Section Dundas Conservation Area, Map 8

This 10 km loop hike will take approximately 3 hours and is at a leisurely pace over easy terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Meet for a 9:30 am. start in the parking lot (known as the Hermitage Parking lot) on Sulphur Springs Rd. (near the Gatehouse). Conservation Area Pass or parking fee.

Directions: Take the 403 W. to the Mohawk Rd. exit. Keep to the right and follow it to Wilson St. Turn left onto Wilson and then right onto Sulphur Springs Rd. Follow Sulphur Springs Rd. to the parking lot on your right. (look for the gatehouse at the entrance.)

Hike Description: This is a lovely, circular hike through the western section of the Dundas Valley Conservation Area. Bring water, a lunch or snack, bug repellent and sunscreen.

Hike Leader: Anne/Phill Armstrong hikinggrandma@gmail.com 9053373937

Thursday July 27, 2017 Joe Hanson Memorial Hike Van Wagners Beach Rd. Hamilton

Come join us for a short hike/walk (about an hour) at a leisurely pace over easy terrain.

Depart: 10:30 am. Meet at Confederation Park, Van Wagners Beach Rd. in the parking lot to the west side of Hutch's restaurant.

Hike Description: We will enjoy a walk along the lake, sharing our many memories of Joe together. Wheel walkers are welcome, with drop out points along the way. Join us for lunch afterwards at "Barangas on the Beach". Reservations are required. To make a reservation call Carol Clarke-Allam at 905 679 4443 or email carol.allam@hotmail.com

Hike Leader: Bill Haartman 905 383 6319

Thursday August 3, 2017 Iroquoia Section Lions Valley Park (Sixteen Mile Creek) Oakville

This 10 km loop hike will take approximately 3 hours and is at a medium pace over easy terrain. There is no dropout point. No dogs please.

Depart: 9:30 am. We will meet at Lions Valley Park in Oakville.

Directions: The park is located at the corner of Dundas St W (Hwy 5) and Lions Valley Park Rd. This is one stoplight west of Neyagawa Rd along Hwy 5. Turn south into the park along Lions Valley Rd and follow the road past the church and down the big curvy hill into the parking lot at the bottom of the hill.

Hike Description: The hike will include a beautiful creekside walk, some hills to keep us in shape and scenic trails along the top of the canyon. Bring water, snack, sunscreen, bug spray and perhaps lunch. At the conclusion of the hike you may want to picnic by the water.

Hike Leader: Connie Rusynyk c.rusynyk@sympatico.ca 905 520 6502

Thursday August 10, 2017 Iroquoia Section RBG-North Shore Trail

This 8 km loop hike will take approximately 2 hours and is at a medium pace over easy terrain.

There is no dropout point. Depart: 9:30 am. Meet at former RBG North Shore parking lot on York Rd. in Dundas.

Directions: Park alongside of York Road or park at the Dog Park near Valley Rd. and walk down to the former parking lot where the group is meeting.

Hike Description: We will walk the North Shore trails taking a break at the Nature Center. Easy hike, a few hills. Bring snack and water.

Hike Leader: Linda Robinson fly@execulink.com

Thursday August 17, 2017 Iroquoia Section Dundas

This 10 km "there and back" hike will take approximately 3 hours and is at a medium pace over moderate terrain. There is no dropout point. No dogs please.

Depart: 10:00 am We will meet at the Dundas Driving Park located at the end of Cross Street in Dundas. We will meet in the east parking lot. Hike Description: We will hike up to the Dundas Peak, Tews Falls and Webster's Falls. There is one strenuous hill.

Hike Leader: Marion Fletcher 905 628_5537 email octother@aol.com

Thursday August 24, 2017 Iroquoia Section Greenville - Christie Lake

This 10 km "there and back" hike will take approximately 3.5 hours and is at a medium pace over easy terrain. There is no dropout point. No dogs please.

Depart: 9:00 am Park Avenue, Greenville - beside the playground.

Directions: Park Avenue is south of Hwy 8 just 50 metres west of Bullocks Corners. Take Hwy 8 north from Dundas OR take Brock Road south from Hwy 5.

Hike Description: Hike with optional swim. We will hike from Greenville (Bullocks Corners) along Spencer's Creek and then clockwise around Christie Lake. At the beach we will swim (optional) and have a picnic lunch. Bring water, lunch, swimsuit and towel (NOTE: there are changing rooms)

Hike Leader: Terry Rose termarintl@gmail.com

905 320 6513 Phone, Text or Email

Thursday August 31, 2017 Iroquoia Section Rattlesnake/Kelso Conservation Areas, Map Map 11

This 11 km shuttle hike will take approximately 3.5 hours and is at a leisurely pace over moderate terrain. There is no dropout point. No dogs please. There will be a refreshment/pub stop afterwards.

Depart: 9:30 am Meet in the far western parking lot at Kelso Conservation Area on Tremaine Rd. at 9:30 am. We will car pool to the lower parking lot of Rattlesnake Point Conservation Area.

Directions: Kelso Conservation Area is on the west side of Tremaine Rd., north of Steeles Rd. and south of the 401. Parking fee in effect or Halton Conservation Area pass.

Hike Description: This is an old favourite linear hike which visits Rattlesnake Point and Kelso Conservation Areas, both of which provide spectacular escarpment views. Bring water, a snack or lunch, insect repellent and sunscreen.

Hike Leader: Anne/Phill Armstrong hikinggrandma@gmail.com [9053373937](tel:9053373937)