

The Iroquoian

Official Newsletter of the Iroquoia Bruce Trail Club

WINTER 2016

SIGHTS FROM THE TRAIL



IROQUOIAN OFFICIAL ANNUAL END TO END

The 2016 edition of Iroquoia's Official End to End was completed this past weekend. Out of 132 registrants, 56 received the Waterfall Badge, having hiked all four days to complete the section. It was refreshing to see so many young and first timers on the trail. We were blessed with good weather all four days. Thank you to the many volunteers who helped to make it such a success! submitted by Anne Armstrong



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THE IROQUOIAN

The Iroquoian Newsletter is published quarterly by the IBTC, one of nine member clubs of the Bruce Trail Conservancy, a registered non-profit organization.

We welcome submission of articles or photographs for publication from our members. All submissions will be reviewed and must be approved by the Board of Directors.

Contact the Newsletter Editor at editors.iroquoian@gmail.com

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Ads MUST be sent print ready as PDF or WORD

For Advertising submissions please contact **KATHY BOYCE** - kathyjboyce@gmail.com



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VISIT THE CLUB'S WEBSITE FOR INFORMATION AND ACTIVITIES:
www.iroquoia.on.ca



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PLEASE SIGN UP FOR THE EMAIL EDITION OF THIS NEWSLETTER

TRAILS FROM THE PAST – About ANOTHER Bridge

By Paul Beneteau

To my knowledge, the first permanent large bridge on our trail was built by our volunteers around the mid 1970's. I am referring to the bridge over Ancaster creek, near the Sherman Falls - with the steel girder, wooden deck and NO hand rails. Early guide books mention the trail passing Sherman Falls, but the first reference to the bridge is in the revised format in the sixteenth edition in 1988 which says "the trail crossed the creek on a steel bridge, the material for which was donated to the club by Frank Sherman JR. Chairman of Dofasco in memory of his father who used to own the land."

Many years ago, I spoke with someone on a work party who lived in Dundas, worked at Dofasco. He said the bridge was built in the winter so they could slide the 12 foot I beam over the ice and snow to the site. I also know that Art Whipps who lived across the road at the corner of Lions Club Rd. and Old Ancaster Rd would have been involved as for the first thirty years he was the curator of the club's tools and the "guardian of Sherman Falls". Temporary supports would have been built to hold up each of the six I beams which were then bolted together. Difficult in the summer, impossible to imagine doing in the winter.

Once installed a 2X6 was bolted to the top of the beams as a nailing strip for the deck boards. Again, you can imagine doing all of the drilling and bolting in top of those beams in the cold. The Bridge Deck was only 32" wide, so three deck boards could be cut from an 8' 2X6, probably to reduce costs. I suspect that the wood that was used was donated as there was no budget for construction or maintenance in those days.

I'm sure that the topic of a hand rail was discussed as the bridge was 8 feet above the creek, but since there was no money and no regulations, it did not happen. The result was a 48 foot bridge 32" wide 8 feet above a rocky creek and no hand rail. To get access the bridge, to some people, felt like walking a tight rope. Some people crossed on their hands and knees, while others turned back and crossed the creek at the road. Of course, those brave enough to walk across did so single file, and IF they met someone crossing from the other end - someone had to turn around.

This story has produced more questions than answers. Again, I am requesting your assistance to fill in the blanks. If you know any details about this project or of someone who was involved, please contact me at **905-335-0707**. Leave your name and number please.

Historically yours,
Paul Beneteau

REMINDER - IF you recall my previous story on the bridge over Bronte Creek, I am still looking for more details, photographs, and for people involved as well.

Start your New Year right with a hike with the Iroquoia Bruce Trail Club.

Dundas Valley Trail Centre 650 Governor's Rd. Dundas



Bring your family, friends, and neighbours for a free, enjoyable winter afternoon walk with the Iroquoia Bruce Trail Club.

All walks will start at 12:30 p.m. We will be holding one-hour walks and a two hour walk.

After the walks, join us in the Trail Centre for warm drinks, snacks and a chance to chat with others and wish them a Happy New Year. Door prizes after the two hour hike and the one hour hike.

Please note: Parking fee in effect (\$10 per car/ Seniors \$8) or a Conservation Area Pass if you have one.

Directions: # 650 Governors Road.

Take Highway #403 West toward Hamilton. Exit

Main Street West to Dundas. Move into one of the

two left hand turn lanes. Turn Left onto Main Street West. Continue along Main St. and it will turn into the town of Dundas. Continue to the intersection at Governors Road (Tim Horton's on left) and turn Left. Continue along Governors Road. You will travel past the Metro on your right. You will also pass Highland High School on your left, which is approximately 2 km. away from the park entrance. As the housing developments end you will find the Park entrance on your left hand side. Come through the gates and continue to the second parking lot, closest to the Trail Centre.

The IBTC Board wants to ensure that we have a robust process of succession planning for our Board. We are creating a Nominations Committee who will be tasked with identifying potential candidates for the various Board positions. The Committee will refresh the Board member position requirements and seek out interested people. The Nominations Committee will be chaired by the Volunteer Director and include 2 other members, one from the IBTC Board as well as an individual that is not currently on the Board. Ideally the Committee members have connections with other BTC members and volunteers who may make the list. The Nominations Committee will meet 4 times per year for about 2 hours. As well there will likely be email communication. If you are interested in participating in this Committee because you care about the governance of the IBTC, please let me know.

Please contact Gloria Pennycook, Volunteer Director at gpennycook@icloud.com

Comfortable Hiking Holidays (416) 445-2628

info@letshike.com www.letshike.com

PATAGONIA Chile & Argentina

March 5 to 17, 2017

In Chile, visit penguins on Isla Magdalena. Then journey even further south to Torres Del Paine NP - sleep in geodesic ECO-DOMES, hike up to "The Towers", and see icebergs & glaciers on Grey Lake. Then join the gauchos in Argentina. Travel to El Chalten and El Calafate in Los Glaciares NP, a UNESCO World Heritage site. Hike over to view Mt. Fitz Roy and even visit the renown Perito Moreno Glacier. This exciting adventure concludes in the cosmopolitan city of Buenos Aires.

AMALFI COAST, ITALY

April 17 to 29, 2017

Italy never fails to capture the hearts (and stomachs) of its visitors, and the Amalfi Coast lives up to that reputation - towns perched impossibly on mountainsides, one of the most famous stretches of coastline in the world, sapphire-blue water in every direction, an infamous volcano and some of the finest Limoncello anywhere. Come hike in Sorrento, Positano, Amalfi and on the posh island of Capri.

THE "CAMINO", SPAIN

May 1 to 13, 2017

The Camino de Santiago is an iconic trek covering some 800km across the north of Spain. Our journey encompasses the last 152km from O'Cebreiro to Santiago de Compostela, including many "extras" in order to make it a complete Galician experience. Thousands of pilgrims have walked before us, and it is time to add your footsteps to this famous trail.

IRELAND

June 6 to 16, 2017

With more shades of green than you can imagine, the **Emerald Isle** lives up to its deserving reputation. From historical Dublin to picturesque Killarney & parts in between, we will take you hiking through some of the most sought-after scenery the country has to offer - and we'll even make a few pub stops along the way!

KENYA WALKING SAFARI

July 9 to 21, 2017

Don't just *drive* through Kenya - hike it too! Imagine encountering herds of zebras, giraffes and gazelles right on your path! Travel to 3 different parts of the country, take in incredible sunsets over the savannah, visit Masai herdsman in their homes and, of course, see lions, elephants & leopards on our game drives. Accommodations include luxury tented camps and one night at The Ark! And did you know that July is the coolest month of the year in Kenya?

MACHU PICCHU

September 15 to 27, 2017

Explore the Sacred Valley of the Incas by hiking through the famed salt pans of Maras, the ancient ruins of Pisac, and trekking high up into the Urubamba mountain range. Then that all important day arrives when we hike into Machu Picchu - **rounding the corner of the Sun Gate and seeing Machu Picchu with your own eyes will give you goose bumps!**
(Note: This trip does not involve ANY camping - all accommodations are in hotel & lodges.)

TICO # 50018498

SUSQUEHANNOCK LODGE and TRAIL CENTRE Hiking in the Highlands of North Central Pennsylvania



NEW YEARS Dec. 28 - Jan 1, 2017

Time to ourselves after the hectic season.
Outside everyday and a little longer by the fireplace.

EASTER April 14 - 17

Welcome spring on the trails.

The Lodge is located in Potter County, Pennsylvania, 2.5 hours south of Buffalo. There is no agriculture or industry in the area, just great trails. Daily hikes of 10 to 15 km are led through hardwood forest, many beside mountain streams. Our lodge provides comfortable accommodation & excellent meals for \$70.00 semi-private or \$75.00 private USD per day per person. These outings have proven to be popular with the lodge filling quickly.

For more information, including driving directions, please see hikevincent.wordpress.com or contact Greg Vincent at 519-579-8210 or vincent.greg@gmail.com

For reservations call Carol Szymanik at 1-814-435-2163



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BRUCE TRAIL DAY

A BIG thank you to all of the volunteers that came out to help with BRUCE TRAIL DAY. The torrential downpours made for very low attendance overall, but we did have a few brave hikers show up!



PHOTOS by
Michael
McDonald



VOLUNTEER - Be a part of the Bruce Trail

The Bruce Trail needs you! After enjoying all the gifts the Bruce Trail has to offer, many people have decided to give something back to the Trail.

This is your opportunity to help secure the Bruce Trail, share your experiences, be a part of a team, learn new skills and develop lasting friendships. Volunteering with the Bruce Trail Conservancy allows you to choose from a variety of opportunities with various levels of commitment.

From the boardroom to the Trail, volunteers typically commit between 4 to 16 hours a month to their positions.

Today, more than 1250 volunteers donate their time and talents to the Bruce Trail Conservancy and its nine member Clubs.

With opportunities to suit everyone, there is a place for you. Please join our effort to secure the Trail.

Volunteer and be a part of the Bruce Trail!



We currently need some help with social media posting, newsletter articles, publicity, public speaking, fundraising, and leading hikes.

Please contact our Volunteer Director **Gloria PennyCook** at gpennycook@icloud.com if this interests you.

The History of the Iroquoia Bruce Trail Club

Did you know that you can research the history of our Club using the collection of historical materials held for us at the Hamilton Public Library (HPL)? A copy of the finding aid for the IBTC fonds, which describes the current content of our archival collection, is available on our web site.

Growing our collection – Recently, the Board recommended giving HPL a collection of badges that have been awarded by our Club as well as annual reports provided at the AGM. We need your assistance in assembling a complete collection of badges and AGM Annual Reports. If you can provide any reports or badges, please contact me. As the Club's Secretary, I will coordinate and semi-organize this donation for HPL My contact information is phone/text 416 573 4236 and archercynthiab@gmail.com.

Filling gaps in the collection - When you read the finding aid you may note some items are missing. If you have any of the missing items and would like to donate them, please contact me. If you have other items not listed that might be considered for the archives, let's get in touch.

The mystery: Since joining the IBTC Board I keep hearing about a mythical box that contains historical items. The Board would love to know if this treasure box truly exists.

Cynthia Archer, July 2016
Secretary, IBTC Board



For the third time in as many years, our club partnered with CITYKIDZ to take some children hiking on the Bruce Trail in late August. We had beautiful weather, and were able to have a wonderful hike. The children had an amazing time learning about the trail, the Niagara Escarpment, biodiversity, wildflowers and we were even able to find a garter snake.

A BIG thank you to our Volunteer Hike Leaders : Anne Armstrong, Jan Graves, Emily Graves, and Michael McDonald.



The Bruce trail relies on the good relations we have with our landowners that generously let us cross their land. Keeping this in mind, please refrain from using the **Dundas Golf and Country Club** when out on our trail. It is a private club and they do not provide bathroom facilities to our members.

IROQUOIA WINTER 2016 HIKE LIST

Be sure to make a habit of checking out the Iroquoia Bruce Trail Club website for any information pertaining to corrections, missed or added hikes to the schedule.

- Always carry I.D. and your Health Card. • Dress in layers suitable for the weather. • Hiking boots and rain gear are essential.
- Stay with the group when hiking. Don't go ahead or fall behind. • Please follow any instructions given by the leader.
- Bring food and water. • Stay around for a few minutes at the end of the hike to see if you are needed to drive other hikers back to their cars.
- If bad weather is forecast, check the [club website](#) or our FACEBOOK page for cancellations.

Remember, all of our leaders are unpaid volunteers. You are invited to attend, but **do so at your own risk!** All map and kilometer notations are from the 28th Edition of the Bruce Trail Reference Guide, unless otherwise stated.

Please judge your abilities appropriately according to the hike ratings:

Pace /Speed of hike

Leisurely 3 km/hr or less

Medium..... 3 - 4 km/hr

Brisk..... 4 - 5 km/hr

Fast..... 5 km/hr +

Difficulty of terrain:

Mostly flat and usually good footing..... **EASY**

Some hills and/or and poor footing..... **MODERATE**

Hilly with steep climbs and some poor footing.... **STRENUOUS**

Notice to all hikers. Be honest with yourself when judging the length, speed and difficulty of the hike you wish to attend. If in doubt call the leader.

Notice for hikers: if you are parking at **Tiffany Falls** you will be able to display your BTC membership card on your vehicle dashboard instead of paying. However this is the only Hamilton Conservation Area parking spot where this can be done. Please do not attempt it anywhere else!



FEATURE HIKES

Tues. Nov. 29 - Christmas Lunch and Hike (Everyone is welcome)

Al and Barb Hutchison would like to invite all Bruce Trail hikers and anyone that hiked with the Slowpokes to come to a Christmas lunch and hike. The hike will start at Shell Park on the Lakeshore Rd., east of Burloak Drive in Oakville at **10:00 am**. The hike is an hour and a half. The lunch will be at Tuckers Market Place on the South Service Road near Guelph Line in Burlington at 12:00 noon. We have reserved a room for the group and you must call Barb 905.639.1771 to register by November 22 so that she can confirm the numbers. This will be a great opportunity to mix and mingle with old and new friends. The hike will be on some trails, some street walking and some by the lake. In case of bad weather we will still have the lunch.

WEEKLY HIKES

****Thursday night walks in Grimsby have been cancelled until another leader steps up to lead.****

EVERY MONDAY MORNING - +/- 10 km.

Meet at **10:00 am** in the parking lot of the Chedoke Golf Club in Hamilton, just off of Aberdeen. We will hike up the Radial Trail and do a mainly loop hike in the Iroquoia Heights Conservation Area. Pace: medium. Terrain: moderate. Map 8. Leader: Daljeet Juneja 905-648-4596 Cell: 905-870-3088 ds.juneja@gmail.com

EVERY WEDNESDAY NIGHT - CULHAM TRAIL MISSISSAUGA 1.5 - 2 hrs

Brisk pace. Meet at Riverwood Visual Arts Centre in Mississauga. The centre is located just north of Burnhamthorpe Rd. between Mississauga Rd and Creditview Rd on Riverwood Park Lane. We will meet at **6:00 pm** in the parking lot at the top of the hill and hike along the Culham trail. Hike is cancelled if there is heavy rain. Leader: Nancy Stevens nancystevens7@gmail.com

EVERY WEDNESDAY NIGHT - Until Dec 21, then resuming March 15 - Walk for Health and Fun (1.5hrs at a Medium to Fast Pace)

Climb the steps and walk the streets and trails of West Hamilton. Meet at **7:00 pm** at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics). Come along for a brisk, aerobic walk. During the winter, we hike the streets and the lit rail trail as well as going up the stairs once (also lit). Hike is cancelled if there is heavy rain or heavy snow. We still hike in the cold though (wear your thermal underwear!) We will be taking a break this winter from Dec 28 to March 8. We will resume this walk on Wednesday, March 15th and go until Christmas next year. Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

EVERY FRIDAY NIGHT - Burlington Waterfront 2 hrs.

Meet at **7:30 pm** in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant for brisk walk along Lake Ontario, to the canal and back. Hike cancelled in poor weather. Pace - brisk. Terrain - easy. Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

WINTER FUN

Snowshoe Challenge 2017

This is a series of snowshoe hikes for new snowshoers or laid back adventurers interested in earning their Iroquoia Club Snowshoe Challenge badge! Snowshoes are mandatory for this trips. If there is not enough snow, we will go hiking (icers strongly recommended). It is \$10.00 to register for all of these hikes. Please bring exact change on the first hike. Your fee will include your badge, and your lunch on the last day. Please make sure to be at all hikes by 9:45 am. sharp to allow time to get ready and sign your waiver. To register for this challenge please email hollysluiter@yahoo.ca with your name, and emergency contact, if you are a Bruce Trail member and if you have snowshoes.

The Mid-January Snowshoe Weekend: Jan. 19, 20, and 21

Jan. 19 - We meet at a restaurant in Wiarton at 6:00 pm. for dinner and introductions, though this is not compulsory. Sat. Jan. 20 - We start our morning snowshoe at 9:30 am. at “base camp” in Purple Valley in the Bruce Peninsula and return to “base camp” for a hot lunch. After lunch we go for an afternoon snowshoe of shorter duration. Sun. Jan. 21 - We start our morning snowshoe at 9:30 am. at “base camp” and follow the cliffs overlooking Georgian Bay. We return to “base camp” to pick up our gear and drive into Wiarton for a farewell lunch. Please email questions or concerns to Richard Reble at reblerichard@gmail.com

Sun. Jan. 29 - Iroquois Bruce Trail and Five Winds Backcountry Ski Club Outing

Did you miss out on snowshoeing last winter because there was not enough snow in southwestern Ontario? Are you worried this will happen again in 2017? We have a suggestion for you! Come experience the beauty of the Canadian Shield in the Muskoka Wilderness. This is a combined Iroquois Bruce Trail and Five Winds Backcountry Ski Club outing, so the \$10 guest fee has been waived. You will be picked up by the Five Winds chartered bus at the Highway 400 and Major Mackenzie carpool lot. The bus leaves at 8:00 a.m. Five Winds members will then take you on an off-trail adventure while navigating the group by map and compass through a stunning winter wonderland for some snowshoeing fun. The bus fare is \$35 (no trail fees), payable at least two weeks in advance and non-refundable for last minute cancellations or no shows.

Prerequisites: (1) A strong hiker in good physical condition with prior experience snowshoeing, able to snowshoe for 5 to 6 hours in deep snow. (2) You will be able to carry adequate gear to travel safely in winter (lunch, snacks, water and a hot drink, extra clothing, etc, as there are no warming huts or chalets, and lunch is in the woods; (3) An aggressive pair of backcountry snowshoes with front and rear crampons as well as secure bindings that will provide traction traversing in steep and rugged terrain.

RVSP and send your e-payment to me at: langlaislouis@gmail.com before January 11, 2017. Register early, this outing is limited to 12 persons.

For general information about what a snowshoe day would be like and what to bring, go to: <https://skifivewinds.wildapricot.org/Ski/Snowshoe>

For more information with regard to the bus pick-up times and locations, go to: <https://skifivewinds.wildapricot.org/Winter-Bus>

The Mid-February Snowshoe Weekend: Feb. 17, 18, and 19.

Feb 17 - We meet at a restaurant in Wiarton at 6:00 pm. for dinner and introductions though this is not compulsory. Feb. 18 - We start our morning snowshoe at 9:30 am. at “base camp” in Purple Valley in the Bruce Peninsula and return to “base camp” for a hot lunch. After lunch we go for an afternoon snowshoe of shorter duration. Feb 19 - We start our morning snowshoe at 9:30 am. at “base camp” and follow the cliffs overlooking Georgian Bay. We return to “base camp” to pick up our gear and drive into Wiarton for a farewell lunch. Please email questions or concerns to Richard Reble at reblerichard@gmail.com

Feb. 17 - 20 - Family Day Weekend at Tobermory

The days are longer, there is lots of snow and we enjoy this mid winter break at the “Tip o’ the Bruce” Tobermory. We stay and have our meals at a comfortable hotel overlooking Little Tub Harbour in Tobermory. We will snowshoe the trails in the area with lots of views of Georgian Bay. New to snowshoeing, we will help you. Contact Greg Vincent vincent.greg@gmail.com or (519) 579-8210

GENERAL HIKES

Sat. Dec. 3 - Niagara, Short Hills (Maps 2/3) - 23 km.

Depart 8:30 am: Map 2, Km 21.9. Parking Lot on north side of Glendale Ave where Merritt Trail crosses Glendale Ave.

Directions: QEW to St Catharines, turn right onto Highway 406 to Glendale Ave., turn left go about 300 m., turn left to parking area.

Hike Description: Car shuttle to Km. 45.1, Map 3. Hike back through the Short Hills Provincial Park. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, Weekdays between 7-10 pm. E- mail ron.granger1@yahoo.com

Sat. Dec. 3 - 9:00am - Franck’s Last Seven – 14 km /3-4 hours

On June 26, 2016, Franck and a few others set off to hike the entire length (80.4km) of the Niagara section.

Franck hung up his poles and took off his boots at 73 km. Let’s help him get the last seven done...twice. Meet at the cairn in Queenston and hike to Firefighters Park and return to the cairn. Badge celebration to follow. Leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Sun. Dec 4 – Clappison Woods and Grindstone Creek – 12.8 km

Meet **9:00 am.** at the dead end of Old Guelph Rd, km. 64.6, Map 9. This will be a vigorous hike over challenging terrain. Pace: Brisk. Terrain: Strenuous. A “there and back” hike (no car shuttle). We will hike through Clappison Woods and along Grindstone Creek to the falls at Smokey Hollow, km. 71.0, and back. Directions to meeting place: Parking at the dead end of Old Guelph Rd, north of York Rd and just past the point where Patterson Rd meets Old Guelph Rd. Bring icers, snack and water. Leader: Douglas Boyce dboyce004@gmail.com

Sun. Dec. 4 - Dundas Valley - Approx. 10 km. (3 hours)

Park in the Dundas Valley Conservation Area (off of Governor’s Rd., Dundas), last parking lot. From there follow the road to the Trail Centre, a five minute walk. Coffee and washrooms available before we start the hike at **10:00 am.** We will do some of the valley’s short loop hikes to make up our distance and time. (Some of these loops may take us back to the Trail Centre for snacks etc., how civilized in the winter!) Pace: leisurely. Terrain: moderate, with some steep, hilly sections. Icers may be necessary. Bring water and snacks. Parking fee or Conservation Area pass applies. Optional pub stop after. Leaders: Anne and Phill Armstrong 905-337-3937 hikinggrandma@gmail.com

Wed. Dec. 7 - 8:30 am - Winter in Iroquoia - 1 of 3 - 20.2 km. 4-5 hours

Meet at Look Out Point roadside parking at approximately 252 Sydenham Road, Dundas. Carpool to Springer Crescent in Burlington. Enter from Cedar Springs Rd to Highview Dr. (Brisk – Moderate) Ed. 28 58.6-78.8km Please register with Leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Sun. Dec. 11 - Chedoke (See Map 7, km 38.5 BT Reference Guide, Ed. 28)

Meet at **8:30 am.** at the Chedoke Golf Course, 563 Aberdeen Ave., Hamilton. We will hike to the main trail and come back along the top of the escarpment along the Scenic Drive Side Trail and will descend the Chedoke Escarpment stairs with the option to do a few repeats of the stairs. 3 Hours. Pace: medium. Terrain: moderate. Leaders: Lisa Raftis cstewart5@bell.net (416) 829-5053 and Bill Pote wrsp777@gmail.com (289) 772-9490.

Mon. Dec. 12 - Christmas Light Walk – Burlington - 1.5 hrs.

Meet at **7:00 pm.** at the Tim's in Eastway Plaza at the corner of Walkers and New St. for a Christmas Light walk around the streets of Burlington. Of course, we will spend some time at the huge display on Spruce Ave (an old favorite!) Optional Tim's or Pub stop after the hike. Pace: medium. Terrain: easy. Leader: Paul Lewis - 905-331-8600 or outdooractive@hotmail.com

Tues. Dec. 13 - Christmas Light Walk - North Burlington (Orchard) - 1.5 hrs.

Meet at **7:00 pm.** in front of Canadian Tire at the Millcroft Shopping Centre at Appleby & Upper Middle for a Christmas Light walk around the streets of the Orchard Neighbourhood in North Burlington. We will spend some time at a displays on Blue Spruce Ave and Bluegrass Lane (both synchronized to music)! Optional Tim's or Pub stop after the hike. Pace: medium. Terrain: easy. Leader: Paul Lewis – 905-331-8600 or outdooractive@hotmail.com

Wed. Dec. 14 - 8:30 am - Winter in Iroquoia - 2 of 3 - 23.7 km. - Approx. 5 hrs.

Meet at Springer Crescent in Burlington. Enter from Cedar Springs Rd to Highview Dr. Carpool to Calcium Pits approx. 7435 Twiss Rd, Milton roadside parking. (Brisk - Moderate) Ed.28 78.8–102.5km Please register with Leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Sun. Dec. 18 - Toronto Section, Speyside (Map 12) - 11.2 km.

Depart: 9:00 am. Map 12, Km. 11.2.

Directions: Bruce Trail Pear Tree Parking lot on 15th Sideroad, 200 m. southwest of Halton Rd 25.

Hike Description: Loops hike on difficult blue trails and the main trail. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: Ron Granger, (519) 485-0879, Weekdays between 7-10 pm, E- mail ron.granger1@yahoo.com

Tues. Dec. 20 - Christmas Light Walk - Burlington - 1.5 hrs.

Meet at **7:00 pm.** at the Tim's in Roseland Plaza at the corner of Guelph Line and New St. for a Christmas Light walk around different streets of Burlington than the Dec 12 hike, except we will still go to the huge display on Spruce Ave. Let's get in the Christmas spirit! Optional Tim's or Pub stop after the hike. Pace: medium. Terrain: easy. Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com

Wed. Dec. 21 - 8:30 am. - Winter in Iroquoia -3 of 3 - 19.2 km./ 4-5 hours

Meet at Calcium Pits approx. 7435 Twiss Rd, Milton roadside parking. Carpool to approx. 8539 Appleby Rd. into Kelso Conservation Area. Enter thru gate to the right of Bruce Trail path. If the gate is closed you must enter through Kelso Rd off of Tremaine Rd. Drive to the far end of the parking lot. Ed.28 102.5-121.7km Please register with Leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Wed. Dec. 21 - Christmas Light Walk/West Hamilton Mountain - 2nd year. - 1.5 hrs. Meet at **7:00: pm.**

at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics) for a Christmas Light walk around different streets of the west side of Hamilton Mountain. Let's get the Christmas spirit now that Christmas is only 4 days away! Optional Tim's or Pub stop after the hike. Pace: medium. Terrain: easy. Leader: Paul Lewis - 905-331-8600 or outdooractive@hotmail.com

Thurs. Dec. 22 - Christmas Light Walk - North Burlington (Alton) - NEW! - 1.5 hrs.

Meet at **7:00 pm.** outside the Black Swan Pub at the corner of Walkers Line and Palladium Way for a Christmas Light walk around the streets of Alton, Burlington's newest neighbourhood. Let's get the Christmas spirit now that Christmas is only 3 days away! Optional Pub stop after the hike. Pace: medium. Terrain: easy. Leader: Paul Lewis -905-331-8600 or outdooractive@hotmail.com

Sun. Jan.1 - Toronto Section /Hilton Falls - 8 km.

This 8 km. loop hike will take approximately 3 hours and is at a leisurely pace over moderate terrain. Map 11. There is a dropout point after 4 km. There will be a refreshment/pub stop afterwards.

Depart: 11:00 am Hilton Falls Conservation Area parking lot. Note that an admission fee will need to be paid in accordance with Conservation Halton policy.

GPS Coordinates: N43 30.343', W 079 57.702'

Directions: Exit 401 at Guelph Line and turn north. Take Campbellville Road to Conservation Area entrance and follow to parking lot.

Hike Description: An opportunity to keep that New Year resolution to get more exercise, and walk off some of the excess of the night before! (Note the sympathetic start time.) Join us to hike the many paths and trails in the conservation area. Dogs permitted, but must be leashed, and owners scoop the poop. Hiking boots required.

Bring a snack lunch, something to drink and ice footwear.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com

[519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

Sat. Jan. 7 - 9:00 am - The Ball's Falls Lunch Hike - 3 hrs. +or-

The first Saturday of the New Year is the date of a longstanding tradition in the area of the village of Jordan, Twenty Mile Creek, and Ball's Falls. The guys who inaugurated the tradition will be joining the ranks of the celebrated soon enough but are happy in the meantime just to be celebrants (not celibates) Curious? Join us. The place we meet is the parking lot on the left side of the Jordan House Pub on Hwy. 8 in Jordan. After a hike through field and forest, we return to Jordan House for food and fun. Please contact Richard Reble at reblerichard@gmail.com with questions or concerns.

Sat. Jan. 7 - Toronto Section/Speyside - 11 km.

This 11 km. loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. Map 12. There is no dropout point. No dogs please.

Depart: 10:00 am. Pear Tree parking lot in Speyside, at km 11.2.

GPS Coordinates: N43 34.676', W79 58.619'

Directions: Exit 401 in Milton and take Highway 25 north to 15th Sideroad at Speyside. Turn left, and the parking lot is 300 metres along on the left hand side.

Hike Description: An opportunity for a winter walk in the woods, what more can be better. We will walk part of the Main Trail, the Al Shaw Side Trail, Vanderleck Side Trail, and maybe the Speyside North and South Sidetrails. Hiking boots required. Bring drinking water, a snack lunch and ice footwear. If sufficient snow, bring snowshoes as we could need them.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com

[519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

Sat. Jan. 14 - Caledon Hills Section/ Hockley Valley - 11 km.

This 11 km loop hike will take approximately 3 hours and is at a medium pace over moderate terrain. Map 18. There is no dropout point.

Depart: 10:00 am. 3rd Line E.H.S. parking.

GPS Coordinates: N43 59.562', W80 02.881'

Directions: Take Highway #10 north from Orangeville, turn right on Hockley Road (County Road #7), follow to 3rd Line E.H.S. and turn left to roadside parking 1 km north on right hand side.

Hike Description: We will hike the Isobel East, Tom East, and Glen Cross Side Trails, linked together by the Main Trail. Dogs permitted, but must be leashed, and owners scoop the poop. Hiking boots required. Bring a snack lunch, something to drink, and ice footwear. If sufficient snow, bring snowshoes, as we will need them.

Hike Leader: Bob Humphreys walk2tobermory@gmail.com

[519-883-1840](tel:519-883-1840) Weekdays between 7-10 pm.

JANUARY 15 – SPRING HIKE SUBMISSIONS ARE DUE

Sun. Jan. 15 - Rattlesnake Point/Crawford Lake - Approx. 8 -10 km.

Meet for a **10:00 am** start in the parking lot of Rattlesnake Point Conservation Area on Appleby Line just above Derry Rd. Map 11. We will do a figure 8 loop from Rattlesnake Point to Crawford Lake and back. (a nice warm spot for lunch at Crawford Lake). Depending on weather and snow conditions, we can do a shorter loop of 8 km.). Icers may be necessary. Bring water and a lunch or snack. Pace: leisurely. Terrain; moderate with some hills and rocky sections (hopefully covered by snow!) Parking fee or Conservation Area pass applies. Optional refreshment stop afterwards. Leaders: Anne and Phill Armstrong 905-337-3937 hikinggrandma@gmail.com

Sat. Jan. 21 - Snowshoe Hike 1 of 4 - Crawford Lake -

We will meet at the lower level of the Visitors center for 9:45 am to start our hike at 10:00 am. We will leave the visitor centre to snowshoe on the Bruce Trail side trail towards Rattlesnake Point/ Nassagaweya Trail. We will then turn right on to the Escarpment trail and take the Woodland trail back.

Distance: 5.5km

Pace: Leisurely - 3km/Hour or less Terrain: moderate. Park Admission: \$7.50

Snowshoe Rentals (first come first serve) \$12.00

Leader: Doug Boyce dboyce004@gmail.com

Sun. Jan. 22 - Kerncliff Park to Smokey Hollow in Waterdown.

Meet for an **8:30 am** start in the parking lot of Kerncliff Park, 2198 Kern's Rd., below the escarpment. The parking lot is accessible by driving north on Kern's Rd. from the North Service Rd. We will do a loop hike along the main and side trails to Smokey Hollow in Waterdown and back. 3 Hours. Pace: medium. Terrain: moderate.

Map 9, km 75.9, BT Reference Guide Ed. 28) Dogs welcome. Leaders: Lisa Raftis cstewart5@bell.net (416) 829-5053 and Bill Pote wrsp777@gmail.com (289) 772-9490

Sun. Jan. 22 - Mono Hills Snowshoe Hike - +/- 8 km.

Meet for 12:00 noon departure at Mono Centre's Community Centre on Map 19. For 3 to 4 hours we will take a loop to the Lookout Side Trail. Be prepared for snow and/or ice. Please bring snowshoes and icers. Pub stop to follow. Terrain: hilly. Pace: medium. Difficulty medium.

If you pre-register, you can be notified of any cancellation due to weather.

Leader: Cynthia Archer archercynthiab@gmail.com cell/txt 416 573 4236

Sat. Jan. 28 - Toronto Section (Maps 11/12) - 12 km.

Depart : 8:30 am. Map 11, Km. 121.1 Kelso Parking Lot west end.

Direction: Hwy 401 west from Toronto, North on Hwy 25, left on Compbellville Rd. Left on Tremaine Rd. turn right into Kelso Conservation Area.

Hike Description: Car shuttle to Km. 11.2, Map 12. Hike back through Hilton Falls Conservation Area. Pace: moderate. Terrain: variable and challenging, hiking boots, no dropout and no dogs.

Hike Leader: **Ron Granger, (519) 485-0879, Weekdays between 7-10 pm ,E- mail ron.granger1@yahoo.com**

Sat. Jan. 28 - Snowshoe Hike - 2 of 4 - Rattlesnake Point

We will meet at the Rattlesnake Point Visitor Center for 9:45 am. to leave at 10:00 am. Today we will be snowshoeing the Nassagaweya Trail/ Buffalo Crag Trail to the mid point to Crawford Lake. At the top of steep hill we will turn around taking the Buffalo Crag Trail back.

Distance: Approximately 5.5 km

Pace: Leisurely: 3km/Hour or less. Terrain: Moderate. Park Admission: \$6.75 or Conservation Area pass.

Leader: Holly Sluiter: hollysluiter@yahoo.ca

Wed. Feb. 1 - Caledon Hills End-to-End 1/4* 0.0km – 18.3km (18.3km) -

Meet at **8:30 am.** off-road parking on Creditview Road between Boston Mills Rd & Olde Baseline Rd. Carpool to off-road parking where Willoughby Rd meets Escarpment Sideroad. (Brisk-Moderate) Please register with hike leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056 *Completion of all 4 hikes will qualify you for the Caledon Hills End to End badge.

Sat. Feb. 4 - Snowshoe Hike 3 of 4 - Crawford Lake - 6.1km

We will meet at the lower level of the Visitors center for 9:45 am. to start our hike at 10:00 am. We will leave the visitor centre to snowshoe the Woodland Trail, across to the Pine Ridge Trail, loop back over the Woodland Trail to get to the Crawford Lake Side trail making a figure 8.

Pace: leisurely - 3km/Hour or less Terrain; moderate. Park Admission: \$7.50 or Conservation Area pass.

Snowshoe Rentals (first come first serve) \$12.00

Leader: Holly Sluiter: hollysluiter@yahoo.ca

Wed. Feb. 8 - Caledon Hills End-to-End 2/4* 18.3km- 33.8km (15.5km)

8:30 am. Meet at off-road parking where Willoughby Rd meets Escarpment Sideroad. Carpool to off-road parking at Innis Lake Road and Finnerty Sideroad. (Brisk-Moderate) Please register with hike leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Sat. Feb. 11 - Snowshoe Hike 4 of 4 - Hilton Falls - 7 km.

We will meet at the Visitor's center for 9:45 am to leave at 10:00 am. We will take the Red Oak trail around the reservoir to cross the Beaver Dam Trail to take the Hilton Falls Side Trail. We will take a short break to see the famous waterfall and pot hole. At the end of our hike we will be enjoying a cookout and you will receive your Iroquoia Snowshow Badge.

Pace: leisurely - 3km/Hour or less Terrain: moderate. Park Admission: \$7.50 or Conservation Area pass.

Snowshoe Rentals (first come first serve) \$12.00

Leader: Doug Boyce: dboyce004@gmail.com

Sat Feb. 11 - Toronto Section/Limehouse (Map 12) - 15 km.

Depart: 8:30 am. Map 12 Km. 11.2, BTC Pear Tree Parking Lot.

Directions: Hwy 410 west from Toronto, north on Hwy 25, left on 15th Sideroad ,200 m. southwest of Halton Rd 25.

Hike Description: Car shuttle to Km 26.9 ,Map 12. Hike back through Limehouse Conservation Area and Speyside.

Hike Leader: Ron Granger, (519) 485-0879, Weekdays between 7-10 pm , E- mail ron.granger1@yahoo.com

Sun. Feb. 12 - Guelph Line to Cedar Springs.

Meet for an **8:30 am.** start on Guelph Line (north of Dundas St. and south of No. 1 Side Road. (See Map 9, km 82.3, BT Reference Guide, Ed 28). We will hike out and back from Guelph Line going west to Cedar Springs Road. 3 hours. Pace: Medium. Terrain: moderate. Dogs welcome. Leaders: Lisa Raftis cstewart5@bell.net (416) 829-5053 and Bill Pote wrs777@gmail.com (289) 772-9490.

Sun. Feb. 12 - Kerns Road/Smokey Hollow/ Waterdown Loop - 8 - 10 km.

Meet for a **10:00 am.** start in the southern parking lot of City View Park, east side of Kerns Rd. south of Dundas St. Burlington. We will do a loop hike to Smokey Hollow in Waterdown, via the McNally Side Trail (depending on snow conditions) and back. Pace: leisurely. Icers may be necessary. Terrain: moderate with some hills and rocky sections. Bring water and a lunch or snack. Optional refreshment stop afterwards.

Leaders: Anne and Phill Armstrong 905 337 3937 hikinggrandma@gmail.com

Wed. Feb. 15 – Caledon Hills End-to-End 3/4* 33.8 – 52.9km (19.1km) - 8:30am

Meet at off-road parking at Innis Lake Road & Finnerty Sideroad. Carpool to corner of Hockley Rd (#7) & 5th Line EHS. (Brisk-Strenuous) Please register with hike leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

*Completion of all 4 hikes will qualify you for the Caledon Hills End to End badge.

Wed. Feb. 22 - Caledon Hills End-to-End 4/4* 52.9 - 72.3km (19.4km)

8:30 am. Meet at corner of Hockley Rd (#7) & 5th Line EHS. Carpool to Mono Centre Rd & 3rd Line EHS. (Brisk-Strenuous) Please register with hike leader: Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

Completion of all 4 hikes will qualify you for the Caledon Hills End to End badge.

Sun. Feb. 26 - Hockley Crest Sunday Snowshoe Hike - +/- 8 km.

Meet for **11:00 am.** departure at Parking lot on 5th Side Road by Airport at 46.6 km Map 18. We will snowshoe for 3 to 4 hours looping 8+km. through the Hockley Crest side trails. Pub stop in Orangeville to follow. Terrain hilly.

Pace Medium. Difficulty moderate +/- 8 km. If you pre-register, you can be notified of any cancellation due to weather. Leader: Cynthia Archer archercynthiab@gmail.com cell/txt 416 573 4236

Tues. Feb. 28 - Hamilton - SOUPFEST HIKE – Approx 8 km. loop

Meet **10:00 am.** at Bayfront Park in Hamilton. We will hike along the harbour wall to the canal, around to Princess Point, past the Catholic Cathedral and on to the Hamilton Convention Centre. For \$15 (\$12 for seniors) you get to select four delicious cups of soup from the best restaurants in the area (bread included). The proceeds go to Living Rock Ministries, an NGO that does great work with troubled youth in Hamilton. There is entertainment and door prizes with plenty of

sporting and media celebrities on hand. After lunch return to Bayfront Park at your leisure. Distance 8km. Pace: medium. Terrain: easy. Leader: Terry Rose. (905) 320-6513 termarintl@gmail.com

HAPPY WANDERERS (MONDAY HIKES)

****No winter hikes scheduled. Hikes will start up again for spring.****

TUESDAYS WITH BILL

Tues. Feb. 28th - Bayfront Trail - Approx. 1 and 1/2 hours.

Meet at **10:30 am.** at entrance to the Bayfront Trail, at far west end of the Bayfront Park parking lot when you turn left off of Bay Street. Leader: Bill Fulton ibtcbguu.fulton@gmail.com

TUESDAY MORNING HIKERS

We meet regularly each Tuesday at 10:00 am. for 1.5 - 2 hr. hikes. This winter we'll stay close to home with walks in different locations including Hamilton, Ancaster, Dundas, Greensville, Waterdown, Stoney Creek, and Burlington. Bring water and wear hiking boots. The speed and nature of the terrain will vary from hike to hike. An optional social hour at a nearby pub concludes each hike. If you have questions or concerns, contact Richard Reble at reblerichard@gmail.com

Tues. Dec. 6

Meet in the parking lot of the Lion's Club Outdoor Pool on Jerseyville Rd, one km. west of the corner of Jerseyville Rd. and Fiddler's Green in Ancaster for a hike in Dundas Valley. The après-hike pub stop will be *Brassie's* on Wilson St. in Ancaster.

Tues. Dec. 13

Meet in the parking lot of the Lion's Club Outdoor Pool on Elm St. in Grimsby for a loop hike to Beamer's Conservation Area. The après-hike pub stop will be at the *Judge and Jester* at the corner of Main and Elm in Grimsby.

Tues. Dec. 20

Meet at the dead end of Filman Rd. in Ancaster for a loop walk featuring Tiffany Falls and the ravine lands bordering Lower Lion's Club Rd. Filman is at the first traffic light on Rousseaux on the Ancaster side of Hwy. 403. Turn right. See Km 44.0 of Map 8 in *Edition 28 of The Bruce Trail Reference*. Our après-hike location will be the *Coach and Lantern* on Wilson St. in Ancaster.

Tues. Dec. 27

And now for something completely different. Meet at the Lawrence Rd. entrance to Hamilton's Gage Park for a mystery loop. Wear boots. Our après-hike pub stop will be *Rankin's* on Main St. E. one block east of Delta Secondary School.

Tues. Jan. 3

Meet on Flanders Dr. at the corner of Mountain Brow Rd. in Waterdown for a loop walk along the escarpment. See Km 71.8 of Map 9 in *Edition 28 of The Bruce Trail Reference*. Access Mountain Brow Rd. by taking Waterdown Rd. south from Dundas St. in Waterdown or north from Plains Rd. W. in Burlington. Mountain Brow Rd. is just south of the parking lot at Grindstone Creek Falls. Pub stop will be at the *American Hotel* in Waterdown at the corner of Mill St. and Dundas St.

Tues. Jan. 10

Meet at the front door of William's Coffee Pub on Discovery Lane on Hamilton's waterfront for a loop hike along the bay and on urban streets. The après-hike pub stop will be at *William's*.

Tues. Jan. 17

And now for something completely different. Meet in the parking lot of the RBG headquarters on Plains Rd. W. in Burlington. We park in the part of the lot closest to Easterbrook's Hot Dog Stand on the street behind the RBG. Our loop hike will be a mystery. The après-hike stop will be at the Plains Rd. W. restaurant on the west side of the RBG. (Formerly called called *Louie's*)

Tues. Jan. 24-

Meet in the Devil's Punch Bowl Conservation Area parking lot on Ridge Rd. in Upper Stoney Creek for a loop walk above and below the escarpment. Ridge Rd. can be accessed from either Centennial Pkwy. on the west or New Mountain Rd. on the east. The après-hike pub stop will be the *Powerhouse* on Augusta St. in downtown Stoney Creek.

Tues. Jan. 31

Meet in the parking lot on the right-hand side of Hutch's Fish and Chips joint on Van Wagner's Road for a lakeside loop hike in Confederation Park. Wear your woollies. Pub stop will be at the *Fool and Flagon* in the plaza on the northwest corner of Nash Rd. and Barton St.

Tues. Feb. 7

Meet on Mountain Brow Blvd. at the corner of Margate for a loop walk in Red Hill Valley. Drive east on Fennell Ave. on Hamilton mountain till you reach the end. Turn left on Mountain Brow Blvd. and go one block to Margate. Pub stop will be at the *Brown Barrel* on Upper Ottawa.

Tues. Feb. 14

Meet in the parking lot under the hydro towers at the west end of Scenic Drive on Hamilton's west mountain. This parking lot is located at the edge of the escarpment where the Chedoke Radial Trail reaches the top of the escarpment. It is also next to the east entrance of Iroquoia Heights Conservation Area. We'll hike above and below the escarpment. See Km 40.6 of Map 8 in *Edition 28 of The Bruce Trail Reference*. We'll do pub stop at *Montana's* in Ancaster's Meadowlands.

Tues. Feb. 21

Meet in the parking lot of the small strip mall in Greensville at the corner of Hwy. 8 and Kirby for a walk in the woods. Drive up the Dundas Hill on King St., aka Hwy. 8, to Bullock's Corners at the top of the hill. Turn left at Bullock's Corners to stay with Hwy. 8. Drive up the hill and you'll see that Kirby is the first street on your right. Turn right on Kirby and then immediately right between the two rows of buildings. Pub stop will be at the *Winchester Arms* in Dundas.

Tues. Feb. 28

Park in the lot on the right side of Hutch's Fish and Chips joint on Van Wagner's Rd. for a there-and-back walk to the Burlington Canal. Wear your woollies. Pub stop will be at the *Fool and Flagon* in the plaza at the northwest corner of Barton St. and Nash Rd.

HIKERS R US

No need to curl up indoors! Winter hiking can be fun as long as you dress properly and have your icers with you. Please be sure to notify the hike leader if you plan to attend as sometimes weather or other circumstances mean cancellations or changes. Bring water, lunch, and wear clothing suited to the weather, hiking boots and icers. Map references 28th edition unless otherwise specified. Hike Convener: Charlotte Stewart stewchar01@gmail.com (905) 628-0509

Wed. Dec. 7 - Dundas Valley Morning Hike and Potluck - +/- 12 km.

Meet for **9:00 am**. exit at Sanctuary parking lot at end of Sanctuary Drive. From Old Ancaster Rd in Dundas take Pleasant Ave. and turn right onto Sanctuary Drive. We will do a loop heading east along rail trail encompassing Monarch, Main trail, Spring Creek trail.

This will be a morning hike followed by our annual holiday potluck at the home of Charlotte Stewart: details to follow. Bring water and a snack. You may need icers. Ref: Map 8. Pace: medium. Terrain: easy
Leader: Louise Langlais langlaislouise@gmail.com, 519-654-0282

Wed. Dec. 14 - 15 SR Parking to Fourth Line Loop Hike - +/- 15 km.

Meet for **9:00 am**. exit at the Food Basics Parking Lot at north east corner of Derry Rd/Hwy 25 (Ontario Street) in Milton. We will carpool to Speyside Parking on SR 15 east of Hwy 25 (Map 12) and then hike to Fourth Line on the Main Trail and return on Brown Benton ST, Canada Goose ST, Vanderleck ST, 17SR Access Trail, Speyside North & South ST, with interconnecting portions of Main Trail. Ref: Map 12 Edition 27. Pace: medium. Terrain: strenuous.

Leader: Keith Barber kbarber11@cogeco.ca Home Phone: [289-878-2299](tel:289-878-2299)

Wed. Dec. 21 - Silvercreek C.A. Loop Hike - +/- 15 km.

Meet for **9:00 am** exit at Hwy 401/Trafalgar Rd Intersection Parking lot (north east side). We will carpool to Eighth Line Trail Access & Parking (Map 13) and hike the Great Esker ST, Bennett Heritage ST, including interconnecting parts of the Main Trail. Ref: Map 13 Edition 27. Pace: medium. Terrain: strenuous.

Leader: Keith Barber kbarber11@cogeco.ca Home Phone: 289-878-2299

Wed. Jan. 4 Puslinch Tract Loop Hike - 12 - 14 km.

Meet for **9:00 am. exit** at the parking lot on Wellington County Rd 32, just south of 401 overpass, <https://goo.gl/maps/ZB8bXv6Bscr>, 43.427897, - 80.259168

GPS coordinates can be copied and pasted into the Google search bar to get driving directions to meeting place.

Bring icers, water, lunch/snack. Pace: medium. Terrain: easy, flat.

Leader: Louise Langlais langlislouise@gmail.com, 519-654-0282

Wed. Jan. 11 - Sherman Falls through Dundas Valley Conservation Area - +/- 14K

Meet for **9:00 am. exit** at Artaban Rd parking lot Map 8, Ed. 27, mile 46.7. Start at Sherman Falls and hike along Artaban Rd to the Monarch Trail to the main loop. We will take the Canterbury Side Trail then back to the main loop to the Gatehouse Museum. We will then head to the McCormick Trail and back to the parking area. A few good climbs. Bring water, lunch, hiking boots, icers. Ref: Map 8. Pace: medium. Terrain: moderate.

Leaders: Wayne and Roxanne Riley Email: wlr8362@gmail.com Cell: [289-456-3498](tel:289-456-3498)

Wed. Jan. 18 - Hilton Falls C.A. Trails Loop Hike - +/- 15 km.

Meet for **9:00 am. exit** at Hilton Falls Conservation Area Parking Lot (Entrance off Campbellville Rd, just west of Appleby Line). We will hike the Red Oak, Beaver Dam & Hilton Falls Trails. Ref: Map 11 Edition 27. Terrain: moderate. Pace: medium

Leader: Keith Barber kbarber11@cogeco.ca Home Phone: 289-878-2299

Wednesday January 25 No Scheduled Hike

Wed. Feb. 1 - Hespeler Urban Trails including Mill Pond - 10-12 km.

Meet for a **9:00 am. exit** at Tim Hortons on Townline Road just south of the 401 and we will car pool to the hike start. Loop hike, lunch in downtown Hespeler after the hike. Pace: medium (approx 4 km/hr.) Terrain: easy (flat)

Leader: Louise Langlais langlislouise@gmail.com, 519-654-0282

Wed. Feb. 8 - There and Back/Hamilton Waterfront - +/- 10 km.

Meet for a **9:00 am. exit** at the Discovery Centre parking lot at the foot of James North/Guise Street East in Hamilton. We will follow the Hamilton Waterfront Trail and the Desjardins Trail through Pier 4 Park, Bayfront Park, and Princess Point. Pace: medium. Terrain: easy (paved trail) Bring water, snack. Coffee/ lunch at Williams Café after the hike.

Leader: Charlotte Stewart stewchar01@gmail.com Cell morning of hike 905 906-0519

Wed. Feb. 15 - Morrison Valley & McCraney Valley Trails Loop Hike - +/- 11 km

Meet for **9:00 am. exit** at Walmart Parking (West End) off Trafalgar Rd. or Oak Park Blvd. We will then hike west through Oak Park and follow the Nipigon and McCraney Valley trails south to McCraney St. and join the Morrison Valley Trails north back to Walmart Plaza. Terrain: moderate. Pace: medium.

Leader: Keith Barber kbarber11@cogeco.ca Home Phone: 289-878-2299

Wed. Feb. 22 - Scotsdale Farm Snowshoe Hike - +/- 8 km.

Meet for **9:30 am.** departure at parking lot at Scotsdale farm, 1.7 km northwest of Highway 7. Bring your own snowshoes. We will snowshoe for 3 to 4 hours looping through the area. If insufficient snow, hike will be cancelled. Bring light lunch and warm drink. If you pre-register, you can be notified of any cancellation due to weather. Ref: Map 13. Pace: medium. Terrain: easy.

Leader: Cynthia Archer archercynthiab@gmail.com cell/txt 416 573 4236

GOOD COMPANIONS

All hikes begin at **10:00 am.** and are at a leisurely pace. Please wear appropriate clothing for winter hiking (icers) Bring water, a snack and a sense of humour. Kathy and Brian (905) 632-8934. Remember as in life, it's the journey that matters, not the destination.

Wed. Dec. 7 – Crawford Lake - 2hrs.

Meet Connie at Crawford Lake on Guelph Line. We will hike the boardwalk around the lake and maybe out to the lookout. Leisurely. Flat. Fees may apply.

Wed. Dec. 14 - West Hamilton Skyline - 2hrs.

Meet Gary at the parking lot for Chedoke Golf Course in West Hamilton. We will hike the trail to the Hydro lines and then return along the Mountain Brow and down the stairs. Leisurely, flat.

Wed. Dec. 21 - Christmas Lights - 2hrs. – EVENING HIKE

Meet Connie at 7 pm. at Central Library on New St in Burlington for a hike to see the Christmas Lights in Spencer Smith Park. Leisurely, flat.

Wed. Dec. 28 - Hidden Valley - 2 ½hrs.

Meet Connie, at the parking lot off Howard Rd in Aldershot. We will hike to the toll ponds and return. Leisurely, hilly some poor footing.

Wed. Jan. 4 - Canal Hike - 2 ½hrs.

Meet Stella at Hutch`s restaurant at Van Wagners Beach (Hamilton.) We will hike out to the canal and return. Optional lunch afterwards. Leisurely, flat.

Wed. Jan.11 - Bayfront Park - 2hrs.

Meet Gary at the parking lot at the bottom of Bay St in Hamilton. We will hike along the Waterfront trail and return. Leisurely, flat.

Wed. Jan. 18 - Beachway Park - 2hrs.

Meet Brian at the Snack Shack stand at Burlington Beach (lakeshore rd.). We will hike out to the lighthouse and back. Leisurely, flat.

Wed. Jan. 25 - Confederation Park - 2hrs.

Meet Gary at Hutch`s Restaurant at Van Wagoners Beach. We will hike the waterfront trail and return. Optional lunch after. Leisurely, flat.

Wed. Feb. 1 - Mountain Trails - 2 ½hrs.

Meet Brian at the Old Mud St. Parking lot on the east mountain (Pritchard rd.) We will hike along the mountain brow and then onto the rail trail. Leisurely, flat, some poor footing.

Wed. Feb. 8 - Dundas Valley Rail trail - 2 ½hrs.

Meet Stella at the entrance to the Rail Trail at Ewing and Ofield Road in West Hamilton. We will hike into the station and return. Leisurely, flat.

Wed. Feb. 15 - Kerncliff Park - 2 hrs.

Meet Gary at the north parking lot on Kerns Rd (Cityview Park). We will hike along the White trail to King Rd, and return on the blue trail. Leisurely, flat, some poor footing.

Wed. Feb. 22 - La Salle Park - 2hrs.

Meet Brian at Geraldos at LaSalle Park on Northshore Blvd. We will hike this historic waterfront area. The Tundra Swans should be wintering over. Leisurely, some hills.

MIDWEEK HIKES

Rather than hibernate this winter, let's get out and hike with friends. Dress in layers, bring GOOD QUALITY ICERS along just in case and don't forget the sunscreen! Bring lunch, water and snack. All hikes are at a moderate pace with the likelihood of hills and rocky footing. No dogs, please. Unless otherwise stated, hikes begin at 10:00 am. In the event of inclement weather be sure to call the hike leader. Also, if you would like to make carpool arrangements the hike leader may be able to help you with that. Convener: Connie Rusnyk, c.rusnyk@sympatico.ca 905 689 2203

Thurs. Dec. 1 - Cedar Springs Rd. to Guelph Line - 3 hrs (+/- 10km)

Meet for a 9:30 am. start at Fischer Access Trail (just off Highview Drive: 78.6 km BT ref, Map 9, Edition 26). We will hike out and back from the Access Trail to Guelph Line. Pace: medium, Terrain: moderate. Remember to pack water, a snack, and layers for variable weather. Icers may be necessary. Hike Leader: Karen Capindale-Smith, jsmith62@cogeco.ca, 905-749-0914

Thurs. Dec. 8 - Dundas Valley - Approx. 10 km. (3 hours)

Meet for a 10:00 am start Park in the Dundas Valley Conservation Area (off of Governor's Rd., Dundas), last parking lot. From there follow the road to the Trail Centre, a five minute walk. Coffee and washrooms available before we start the hike at 10:00 am. We will do some of the valley's short loop hikes to make up our distance and time. (Some of these loops may take us back to the Trail Centre for snacks etc., how civilized in the winter!) Pace: leisurely. Terrain: moderate, with some steep, hilly sections. Icers may be necessary. Bring water and snacks. Parking fee or Conservation Area pass applies. Optional pub stop after. Leaders: Anne and Phill Armstrong 905-337-3937 hikinggrandma@gmail.com

Thurs. Dec. 15 - Mt. Nemo North and South Loop Trails - 2 hrs (+/- 5km)

Meet for a 9:30 am. start at Mt. Nemo Conservation parking lot at Guelph Line and Colling Rd. (parking fee/conservation pass required). We will complete a "figure 8" hike of the North and South Loop trails. Pace: medium. Terrain: flat. Remember to pack water, a snack and layers for variable weather. Icers may be necessary. Hike Leader: Karen Capindale-Smith, jsmith62@cogeco.ca 905-749-0914.

Thurs. Dec. 22 - Dundas - +/- 8 km.

Meet for a 10:00 am. start at the entrance gates to Dundas Driving Park at Cross Street and Alma St in Dundas. Length and direction of hike will depend upon the weather but we will aim for approx. 8 km. Hiking boots. Bring snacks, icers, and water. Hiking sticks recommended. No dogs. Medium pace. Terrain moderate. Leader: Marion Fletcher 905 628 5537, octother@aol.com

Thurs. Dec 29 - RBG Dundas - +/- 8 km.

Meet for a 10:00 am. start at the former RBG North Shore parking lot on York Rd. in Dundas. Park alongside of York Road or park at the Dog Park near Valley Rd. and walk down to the former parking lot where the group is meeting. Bring icers, snack and water. Pace: moderate. Terrain: easy but with some hilly sections. Leader: Linda Robinson email fly@execulink.com

Thurs. Jan 5 - Mountain and Mansions - 2 to 2.5 hours

Meet for 10:00 am start at Chedoke Golf Club parking lot (in Hamilton, follow Studholme Rd off Aberdeen Street). Loop hike involving the rail trail, the Bruce Trail, and back through some of Hamilton's undermount neighbourhoods enjoying the decorations of the season. We will pass by the remnants of the James Street incline railway (1892-1932). An urban hike for a January day. Hiking boots, icers, snack and water. Medium pace and moderate terrain. Leader: Janina Vanderpost [905-521-2296](tel:905-521-2296), kayakhiker1@gmail.com

Thurs. Jan.12 - Rattlesnake Point/Crawford Lake - Approx. 8 -10 km.

Meet for a 10:00 am. start in the parking lot of Rattlesnake Point Conservation Area on Appleby Line just above Derry Rd. Map 11. We will do a figure 8 loop from Rattlesnake Point to Crawford Lake and back (a nice warm spot for lunch at Crawford Lake. Depending on weather and snow conditions, we can do a shorter loop of 8 km.). Icers may be necessary. Bring water and a lunch or snack. Pace: leisurely. Terrain; moderate with some hills and rocky sections (hopefully covered by snow!) Parking fee or Conservation Area pass applies. Optional refreshment stop afterwards. Leaders: Anne and Phill Armstrong 905-337-3937 hikinggrandma@gmail.com

Thurs. Jan 19 - Oakville - Morrison/Division Trails - +/- 12 km.

Meet for a 9:30 a.m. start in the Oakville town hall parking lot (enter on White Oaks Blvd. off Trafalgar Rd north of the QEW) Moderate pace, terrain mostly easy. Bring gear appropriate for the weather including icers, just in case and water. Bring lunch or purchase it if you prefer. We will move cars to Oakville Place and eat in the food court. Leader: Norman Young myoung2@sympatico.ca 905 845 0939

Thurs. Jan. 26 - Red Hill Valley Loop - 8 km.

Meet for a 10:00 am start in car park at intersection of Old Mud Street and Pritchard Road (Hamilton, East Mountain). We will do a loop hike along the Red Hill Creek, Greenhill Ave. and Mountain Brow. Could be shortened if conditions are poor. Bring icers, water and snack. Pace: medium. Terrain: moderate. Leader: Terry Rose. (905) 320-6513. termarintl@gmail.com

Thurs. Feb. 2 - Oakville/14 Mile Creek - +/- 12 km

Meet for a 9:30 a.m start at the Glen Abbey Rec. parking lot 1415 3rd Line, Oakville. Pace moderate, terrain easy. Bring gear appropriate for the weather including icers, water and lunch. Eat your lunch indoors at the Rec Centre at hike's end. Leader: Norman Young myoung2@sympatico.ca 905 845 0939

Thurs. Feb. 9 - Kerns Road/Smokey Hollow/Waterdown Loop - 8 - 10 km.

Meet for a 10:00am. start in the southern parking lot of City View Park, east side of Kerns Rd. south of Dundas St. Burlington. We will do a loop hike to Smokey Hollow in Waterdown, via the McNally Side Trail (depending on snow conditions) and back. Pace: leisurely. Icers may be necessary. Terrain: moderate with some hills and rocky sections. Bring water and a lunch or snack. Optional refreshment stop afterwards. Leaders: Anne and Phill Armstrong 905 337 3937 hikinggrandma@gmail.com

Thurs. Feb. 16 - RBG Dundas - +/- 8 km.

Meet for a 10:00 am. start at the former RBG North Shore parking lot on York Rd. in Dundas. Park alongside of York Road or park at the Dog Park near Valley Rd. and walk down to the former parking lot where the group is meeting. Bring icers, snack and water. Pace: moderate. Terrain: easy but with some hilly sections. Leader: Linda Robinson email fly@execulink.com

Thurs. Feb. 23 - Tews Falls to York Road - 9 km.

Meet for a 9:30 am. start in car park at intersection of York Road and Valley Road in Dundas (dog walking compound). We will car pool to Tews Falls and hike back. Bring icers, water and snack. Pace: medium. Terrain: moderate. Leader: Terry Rose. (905) 320-6513. termarintl@gmail.com

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