

Junior Hikers Badge - Sample Hikes

Stoney Creek 3 KM

There and back hike starts at McDui Drive Access Trail at km 15.7 on Map 6, N 43.204598 W 79.712827. Hike up the McDui Access Trail to the main trail. Go south (turn left) and hike along the main trail to the point where the Jones Road Access Trail meets the main trail. This is the halfway point. Before returning to your cars, this is a nice picnic spot with logs to sit on and small streams nearby to enjoy. It can be very muddy so clean footwear may be needed for the car ride home. Streams will be dry in the summer unless there has been a rain. There is a great gelato place nearby at Fruitland Rd and Barton.

Hamilton - Dundas Conservation Main Loop 4KM

Depart from the Dundas Valley Trail Center off Governor Rd. The conservation area main loop follows 3 KM of the main Bruce Trail meeting the qualifications for a junior hiker badge.

Kilbride - Calcium Pits 3 KM

There and back the hike depart from the parking area on Twiss Road at 103.8 km on map 10, N43.447743 W 79.953436. Follow the trail south towards Kilbride until you reach a boardwalk. This is the halfway point and is also a good place to have a snack or lunch before returning to your car. This easy hike is on a relatively flat part of the trail that twists its way through woodlands.

Burlington - City View Park and King Side Trail 3.8 KM

There and back hike that departs from the parking lot off Dundas Street. Follow City View Park Side Trail to the Main Trail. Turn right (south) onto the main trail. Please note the trail crosses Kerns Road Children will need direct supervision and assistance while crossing the road. Follow the main trail until it connects with the King Side Trail. Continue on the King Side Trail in a counterclockwise direction. It will eventually connect with the Main Trail. Turn left (north) onto the main trail. About half way enjoy drinks with a snack or lunch. Follow the Main Trail and City View Park Side Trail to the parking lot taking extreme care at the roadside crossing.

Milton - Kelso Lookout Loop 5 KM

Depart from 121.3 km in the parking lot and follow the main trail to the look out at 118.4. Note that the lookout has no railing. Keep your child a distance from the edge and beside you at all times. There is plenty of room to have lunch, enjoy the spectacular view and still be safe. Return along the main trail until you reach the ... Conservation Trail that will wind down the grassy slope of the ski hill. This hike can include a trip to the small lake where you can swim or rent a canoe.

Grimsby Lookout Loop 4 KM

Depart from the Lions Pool Parking Lot on Elm Street, N43.193201 W 79.565301. Hike along the blue side trail to 0.0 km, follow the main trail up the stream to the top

of the brow for a picnic lunch. Follow the main trail until it joins the Grimsby Point Side Trail near a parking lot. Follow the blue side trail and it will join the main side trail at the top of the stairs where you can descend the trail and return to your car. Please note that the trail climbs a very steep hillside where children need close attention. There are safe lookouts with railings at the top of the mountain. Children need close attention while descending the trail on the return trip to your car.

Hamilton - Smokey Hollow and The Great Falls 3.7 KM

Depart from parking at 73.2 km map 9, N 43.331568 W 79.880989 on Mountain Brow Road. Follow the Norman Pearson Side Trail to the main Trail. Note that the blue trail crosses a road where children will require close attention. The side trail joins the main trail at Grindstone Creek. Turn north (right) at the main trail that will lead you back to your car. The creek is near the halfway point providing a good place to picnic. Note that the trail later climbs a steep hillside where children will need close attention as it follows the watershed up to The Great Falls. A second road crossing will also need close parental guidance.

Kilbride - River and Ruin Loop – 5.2 KM (Long Loop)

There and back hike starts at 98.1 km on map 10, N 43.429065 W 79.927324, at the intersection of Twiss Road and no. 8 Sideroad near the town of Kilbride. Head south on the main trail, turn left (east) when you meet the River and Ruin Side Trail. It loops back to the main trail. Turn right (north) onto the main trail to return to your car. This challenging hike covers several small hills and one large hill, a boardwalk through a marsh, an interesting bridge, riverside trail and an actual ruin. With so much to explore it can easily take up to three hours. It can be very buggy and muddy. Clean footwear may be needed for the ride home.

River and Ruin Loop – 3.5 KM (Short Loop)

There and back hike starts at 96.8 km on map 10, N 43.417359 W 79.910852 near Britannia Rd and Blind Line. This approach has a shorter link to the River and Ruin Loop includes riverside trail and an actual ruin. It can be enriched by a visit to the boardwalk on the other side of the river. With so much to explore it can easily take up to three hours. It can be buggy and muddy. Clean footwear may be needed for the ride home.

Hamilton Mountain - Robert MacLaren Side Trail loop, 4.5 KM

Depart from the parking lot of the Chedoke Golf Club, off of Aberdeen Ave. in Hamilton N 43.246205 W 79.906935 Map 8. Take the 403 west to Aberdeen Ave. Exit here and travel to Studholme Rd. Turn right (just past the railway overpass) and follow to Beddoe Rd. The golf course is here. From the parking lot hike towards Tobermory (turn right onto the main trail). Follow the main trail until you reach the Robert MacLaren Side Trail. Follow this side trail along the top of the escarpment which will eventually descend the stairs to return to your cars.