

Iroquoia Bruce Trail Club

Winter Hike Schedule

December 2018 – February 2019

Iroquoia Bruce Trail Club Hike Schedule – Winter 2018/19

- Be sure to make a habit of checking out the Iroquoia Bruce Trail Club [Website](#) for information pertaining to corrections, missed or added hikes (Pop-Up Hikes) to the schedule. Up-to-date hike information can be found on our online [Calendar](#)
- Carry I.D. and your Health Card. • Dress in layers suitable for the weather. • Hiking boots and rain gear are essential
- Stay with the group when hiking. Don't go ahead or fall behind. • Please follow any instructions given by the leader
- Bring food and water. • Stay around for a few minutes at the end of the hike to see if you are needed to drive other hikers back to their cars.
- Unless stated otherwise no dogs are allowed
- While there are a few portions of the Bruce Trail within conservation areas that are wheelchair accessible, use of the majority of the Trail is suitable for foot traffic only
- Remember, all of our leaders are unpaid volunteers. You are invited to attend, but do so at your own risk! All map and kilometer notations are from the 28th Edition of the Bruce Trail Reference Guide, unless otherwise stated
- Please judge your abilities appropriately according to the hike ratings:

Pace /Speed of hike

Leisurely 3 km/hr or less

Medium..... 3 - 4 km/hr

Brisk..... 4 - 5 km/hr

Fast..... 5 km/hr +

Difficulty of terrain:

Mostly flat and usually good footing..... **EASY**

Some hills and/or and poor footing..... **MODERATE**

Hilly with steep climbs and some poor footing..... **STRENUOUS**

December Hikes

12/1/2018

City View Park/Waterdown

General Hike

Location: Meet at City View Park in Burlington. Near km 77, Map 9. @9:30:00 AM

Distance: 13 **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: Directions: From Hwy 401 come south on Guelph Line to Dundas St. Turn right and go 3 km to left turn at Kerns Rd. From QEW come north on Guelph Line to Dundas St. Turn left, go 3 km to Kerns Rd. Park is at south-east corner of Dundas St and Kerns Rd. From Dundas St drive south on Kerns Rd 400 meters to the second (south) entrance to the Park. Turn left to parking. (Might be called "New City Park" in some maps).

Hike Description: We will hike the Main Trail and Side Trails in the Kerncliff Park / Waterdown area. Fine views over the Escarpment.

Peter Leeney 905-822-1877 peter.leeney@utoronto.ca

12/1/2018

Two Day Beaver Valley Falling Water Badge - Day One

General Hike

Location: Beaver Valley @8:30:00 AM

Distance: Approximately 15km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Strenuous - Hilly with steep climbs and some poor footing

Description: Day 1 will be followed by Day 2 on December 2.

Park in the parking lot at Beaver Valley Ski Club on Beaver Trail road near Crossover Side Trail. Carpool to Parking lot at Hogg's Falls. Two day completion will make you eligible for Beaver Valley Falling Water triangle badge.

Register with **Hike Leader:** Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

12/2/2018

Two Day Beaver Valley Falling Water Badge Day Two of Two

General Hike

Location: Beaver Valley @8:30:00 AM

Distance: Approximately 15km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Strenuous - Hilly with steep climbs and some poor footing

Description: Day 2 of 2

Park in the parking lot at Beaver Valley Ski Club on Beaver Trail road near Crossover Side Trail. Carpool to Parking lot at Hogg's Falls. If you completed both days you will be eligible for the Beaver Valley Falling Water triangle badge.

Register with **Hike Leader:** Ruth Moffatt ruthdmoffatt@gmail.com 905-928-7056

12/3/2018

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail +/- 10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

12/5/2018

Langdon Hall

Hikers R Us

Location: 1 Langdon Dr, Cambridge, ON @9:00:00 AM

Distance: 10-12 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: Nestled within the Carolinian Forest, Langdon Hall is one of 14 properties in Canada recognized by Relais & Chateau for a standard of excellence and is known for incredible Five-Diamond dining experiences, exquisite accommodations and storybook architecture. We'll hike the trails on the grounds of Langdon Hall and the surrounding area, then have lunch in their award-winning restaurant.

Pre-register for the hike with the Hike Leader. Please email Louise at least one week before the hike to register, if you wish to join the group for lunch after the hike, so that reservations can be made at the restaurant.

Hike Leader: Louise Langlais; Email: langlaislouise@gmail.com. Cell: 519-222-4040 on day of hike.

12/5/2018

Dundas Valley CA

Good Companions

Location: Map 8. Sanctuary Park 53.254210 -79.968885 @10:00:00 AM

Distance: 8.0 km Loop **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meet at parking lot at end of Sanctuary Drive (off Pleasant Ave.) in Dundas. We will walk along the Spring Creek Trail to the trail centre and return via Sulphur Creek Trail. Bring icers.

Hike Leader: Stella Parr 905-628-6436 scparr@yahoo.ca

12/5/2018

Wednesday Night Hike - West Hamilton Mountain - 1 of 2- Walk for Health & Fun

General Hike

Location: Meet at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics) in Hamilton @7:00:00 PM

Distance: 6km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Climb the steps and walk the streets and trails of West Hamilton.

During the winter, we hike the streets and the lit rail trail as well as going up the stairs once, which is also lit.

Hike is cancelled if there is heavy rain or heavy snow. We still do hike in the cold though (wear your thermal underwear!)

We will be taking a break this winter from Dec 26 to March 6. We will resume this walk on Wednesday March 13th and go until Christmas next year.

Leader: Paul Lewis (905) 331-8600 or email: outdooractive@hotmail.com

12/7/2018

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

12/8/2018

Scotsdale Farm

General Hike

Location: Scotsdale Farm parking lot. Map13, Km 29.7. (N43.687772- W 79.990300) @9:00:00 AM

Distance: 14 **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely

Description: Loop hike on the BT main trail and Roberts Side Trail.

Direction: From 401 north on Trafalgar Rd. Left on Hwy 7 and right on Trafalgar to Fram on your right. GPS N 43.687772 -W 79.990300.

Pub stop after, No dogs, Hiking Boots, Icers maybe required

RSVP. **Hike Leader:** Ron Granger. Phone: 519 485 0879. Email: ron.granger1@yahoo.com

12/9/2018

City View Park and Smokey Hollow

General Hike

Location: City View Park (43.352308, -79.862585) 2500 Kerns Rd., at Dundas St. #5. Use the South parking lot: from Dundas St take second entrance on your left @9:00:00 AM

Distance: 13.6 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A loop hike using the main trail and side trails from City View Park to Smokey Hollow, Grindstone Creek and back. Brisk pace: 13.6 km in about 3 hours. Bring snacks and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and hard packed snow. Hike may take longer if winter conditions are challenging. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

12/10/2018

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

12/10/2018

Christmas Light Walk 1 of 5 - Burlington

General Hike

Location: Timâs in Eastway Plaza at the corner of Walkers and New St in Burlington @7:00:00 PM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: A Christmas Light walk around the streets of Burlington. Of course, we will spend some time at the huge display on Spruce Ave (an old favorite!)

Optional Tims or Pub stop after the hike.

Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com (Email preferred)

12/11/2018

Christmas Light Walk 2 of 5 - North Burlington (Orchard)

General Hike

Location: Meet in front of Canadian Tire at the Millcroft Shopping Centre at Appleby & Upper Middle @7:00:00 PM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: A Christmas Light walk around the streets of the Orchard Neighbourhood in North Burlington. We will spend some time at a displays on Blue Spruce Ave and Bluegrass Lane, which are synchronized to music! Optional Tims or Pub stop after the hike.

Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com (Email preferred)

12/12/2018

Hamilton Rail Trail

Hikers R Us

Location: Ancaster @9:00:00 AM

Distance: 12 +/- **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meeting place: 91 Little John Rd, Dundas, across from Little John Park- parking on right side of the street

Directions: Little John Rd is behind University Plaza in Dundas. Take South St to Lynden, Lynden to Little John and turn right onto the dead end section of little John.

Description: we will hike the Hamilton to Brantford rail trail along with some of the trails in Dundas Valley

RSVP Wayne Riley wlr8362@gmail.com to confirm attendance

289-456-3498 for contact the morning of the hike

Bring snacks, water, icers, no dogs please

12/12/2018

Hidden Valley/Hendrie Valley

Good Companions

Location: Map 9. Hidden Valley, West Burlington. 43.3050374 -79.8623191 @10:00:00 AM

Distance: 6.0 km Loop Hike **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: Meet at parking lot at intersection of Hidden Valley Road and Lemonville Road in west Burlington. We will hike along Grindstone Creek to the harbour and return via a different route. Bring icers.

Leader: Mary Rose. 905-637-2918 termarintl@cogeco.ca

12/12/2018

Wednesday Night Hike - West Hamilton Mountain - 2 of 2- Walk for Health & Fun

General Hike

Location: Meet at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics) in Hamilton @7:00:00 PM

Distance: 6km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Climb the steps and walk the streets and trails of West Hamilton.

During the winter, we hike the streets and the lit rail trail as well as going up the stairs once, which is also lit.

Hike is cancelled if there is heavy rain or heavy snow. We still do hike in the cold though (wear your thermal underwear!)

We will be taking a break this winter from Dec 26 to March 6. We will resume this walk on Wednesday March 13th and go until Christmas next year.

Leader: Paul Lewis (905) 331-8600 or email outdooractive@hotmail.com

12/13/2018

Thursday Group - Rattlesnake/Crawford Lake

Thursday Group

Location: Rattlesnake Point Conservation Area-Upper Parking Lot @10:00:00 AM

Distance: 8 to 10 km. **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: This loop hike will use a combination of main Bruce Trail and Conservation Area trails to explore the conservation area and Nassagaweya Canyon. If the conditions are good we will go to Crawford Lake Visitor Centre. Bring water and a snack/lunch. Icers may be needed. Parking fee in effect or Conservation Area pass. Rattlesnake Point Conservation area is on the west side of Appleby Line above Derry Road.

Leaders: Anne and Phillip Armstrong 905 617 3937 hikinggrandma@gmail.com

12/14/2018

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

12/16/2018

Junior Hiker - River and Ruin

Junior Hiker

Location: Loweville @11:00:00 AM

Distance: 4 km. **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: This 4 km. loop hike will take us along Bronte Creek to the main Bruce Trail and back. Along the way we will see the ruins of an old house. Bring water and a snack. Icers may be necessary. Take Guelph Line up to Loweville. Keep to the right and turn right into the parking lot of Loweville Park. Map 10

Leader: Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

12/17/2018

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

12/18/2018

Christmas Light Walk 3 of 5 - Burlington

General Hike

Location: Meet at the Timâs in Roseland Plaza at the corner of Guelph Line and New St @7:00:00 PM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: A Christmas Light walk around different streets of Burlington than the Dec 10 hike, except we will still go to the huge display on Spruce Ave. Lets get in the Christmas spirit!

Optional Tims or Pub stop after the hike.

Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com (Email Preferred)

12/19/2018

Bronte Creek East

Hikers R Us

Location: Meet at Valleyridge Park, Oakville, located at 2524 Valleyridge Road, just west off Bronte Road and south of Dundas St. @9:00:00 AM

Distance: 14 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A 14 km "in and out" hike along the river in Bronte Park East for about 4 hours. No dropout point. Bring snacks, lunch, water. Wear appropriate gear (icers may be needed). Please no dogs. Please RSVP the **Hike Leader**, Norman Young mny176@outlook.com 905 845-0939, cell 905 330-6605.

12/19/2018

Figure 8 at Chedoke

Good Companions

Location: Begins at Chedoke Golf Course @10:00:00 AM

Distance: 8 km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: Meet for a 10:00 am start at the parking lot of the Chedoke Golf Course in Hamilton. From the 403, exit onto Aberdeen Avenue, turn south onto Studholme Rd, then left on Beddoe Drive and follow to the golf course. This hike will follow the Chedoke Rail Trail west to Scenic Drive then back on Scenic Drive to the escarpment steps down to the golf course. There is a drop-out point here. Those wishing to carry on will follow the Chedoke Rail Trail east to Dundurn Street and back through residential streets, completing a figure eight. Bring water, snack and suitable footwear including icers if necessary.

Leader: Janina Vanderpost. 905-521-2296 kayakhiker1@gmail.com

12/19/2018

Christmas Light Walk 4 of 5 â West Hamilton Mountain

General Hike

Location: Meet at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics) @7:00:00 PM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: for a Christmas Light walk around different streets of the west side of Hamilton Mountain including a large display on Magnolia Drive

Lets get the Christmas spirit now that Christmas is only 6 days away!

Optional Tims or Pub stop after the hike.

Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com (Email preferred)

12/20/2018

Thursday Group - Hidden Valley/Lemonville Road/Grindstone Creek

Thursday Group

Location: Map 9. Hidden Valley, West Burlington. 43.3050374 -79.8623191 @10:00:00 AM

Distance: 8.0 Loop Hike **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meet at Hidden Valley Park in west Burlington. We will do a loop hike along the west side of Grindstone Creek (Lemonville Road) to join the Main Trail and return on the east side (Hidden Valley Road). Some steep hills. Bring snack, water and ICERS.

Hike Leader: Terry Rose. 905-320-6513. termarintl@gmail.com

12/20/2018

Christmas Light Walk 5 of 5 - North Burlington (Millcroft)

General Hike

Location: Meet outside Charles R Beaudoin School at 4313 Clubview Drive Burlington @7:00:00 PM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: A Christmas Light walk around the streets of Millcroft. Lets get the Christmas spirit now that Christmas is only 5 days away! New walk this year since last year it was snowed out!

Optional Pub stop after the hike.

Leader: Paul Lewis 905-331-8600 or outdooractive@hotmail.com

12/21/2018

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

12/24/2018

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

12/27/2018

Thursday Group. Sixteen Mile Creek, Oakville

Thursday Group

Location: We will meet at the parking lot of Sixteen Hollow Park, 2108-2140 West Oak Trails Blvd. This is the extension of Dorval Rd. north of Upper Middle Rd @9:30:00 AM

Distance: 12 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: There are three long hills along the route. Bring poles (if you use them), ICERS, water, snack and gear appropriate for the weather.

Hike Leader: Norman Young. mny176@outlook.com 905 845 0939, Cell 905 330 6605. Please let leader know by 6 pm the day before the hike.

12/28/2018

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

12/29/2018

Iroquoia Crawford Lake

General Hike

Location: Crawford Lake , Parking Lot Map 11 (N 43.471920 _W79.950494) @9:30:00 AM

Distance: 13 **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely

Description: Loop hike in Crawford Lake and Rattlesnake Conservation Areas.

Parking fee required. Icers maybe required. Pub stop after hike.

Direction : from 401 south on Guelph Line to right on Conservation lower parking lot.

RSVP:**Hike Leader** Ron Granger Phone 519 485 0879. Email Ron.granger1@yayoo.com

12/30/2018

East Hamilton Escarpment and Red Hill Valley

General Hike

Location: Parking area on Mountain Brow Blvd (43.211737, -79.815689), between the end of Mohawk Rd East and the Mohawk 4 Ice Centre (710 Mountain Brow Blvd) @9:00:00 AM

Distance: About 8 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A loop hike using the main trail, Escarpment Rail Trail, and other trails in the Red Hill Valley. Brisk pace: about 8 km in 2 hours. Bring snacks and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and/or hard packed snow. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

12/31/2018

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

January Hikes

1/2/2019

Puslinch Tract -Burn off those NYE Party Calories -Hike

Hikers R Us

Location: Wellington Rd 32, in the parking lot between Concession 2 and 401. GPS: 43.427821, -80.259075 @9:00:00 AM

Distance: 12-16 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: We will hike the winding trails in this lovely forested area. After the hike, we'll go to the Old Marina Restaurant on Puslinch Lake. Perhaps we'll even bump into a celebrity or two!

Hike Leader: Louise Langlais; Email: langlaislouise@gmail.com. Cell: 519-222-4040 on day of hike.

Pre-register for the hike with the **Hike Leader**. Please email Louise at least 24 hours before the hike to register.

Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

1/2/2019

River & Ruin, Lowville

Good Companions

Location: Map 10. Lowville Park. 43.4333686 -79.9054547 @10:00:00 AM

Distance: 8.0 km **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: Starting from the car park in Lowville Park we will connect to the River & Ruin Side Trail and parts of the Main Trail. Bring icers.

Hike Leader: Terry Rose. 905-320-6513 termarintl@gmail.com

1/3/2019

Thursday Group. Bronte Trails, Oakville

Thursday Group

Location: We will meet at Coronation Park, 1426 Lakeshore Rd. West, Oakville. This is east of Bronte Rd. @9:30:00 AM

Distance: 12 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: Bring poles (if you use them), ICERS, water, snack and gear appropriate for the weather. **Hike Leader:**

Norman Young. mny176@outlook.com phone: 905 845 0930. Cell 905 330 6605. Please let leader know by 6 pm the day before the hike if you plan to attend.

1/4/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

1/5/2019

Iroquoia Mount Nemo

General Hike

Location: Mount Nemo Conservation Area. Map 10., Km 88.2 Walters Line and #2 sideroad @9:00:00 AM

Distance: 13 **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely

Description: Loop hike within Mount Nemo.

Direction: From 401 south on Guelph Line, left on Derry Rd. right on Walters Line corner of #2 side road. Km 88.2 Map 10.

Pub. stop after, Icers maybe required. No dogs ,Hiking boots

RSVP: **Hike Leader** : Ron Granger. Phone: 519 485 0879. Email: ron.granger1@yahoo.com

1/6/2019

Gentle Hike Crawford Lake Conservation Area

General Hike

Location: Crawford Lake Conservation Area east side of Guelph Line, north of Derry Rd. Go north on Guelph Line, north of Derry Rd. The conservation area is on the east side. @10:00:00 AM

Distance: 7 km. **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing, Slippery Sections Likely

Description: Come and enjoy the beautiful trails of this unique conservation area with its lake, boardwalks and history along with a rediscovered Indian village. Parking fee or conservation area pass. Bring water, a snack and icers for your boots. Optional refreshment stop afterwards.

Leader: Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

1/6/2019

Rattlesnake Point and Crawford Lake

General Hike

Location: Rattlesnake Point Conservation Area (43.469506, -79.913648), 7200 Appleby Line. Meet at upper parking area. Parking fee in effect. @9:00:00 AM

Distance: 14.5 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Strenuous - Hilly with steep climbs and some poor footing

Description: A loop hike from Rattlesnake Point to Crawford Lake and back. Brisk pace: 14.5 km in about 3.5 hours. Bring snacks or lunch, and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and hard packed snow. Hike may take longer if winter conditions are challenging. Parking fee in effect or Conservation Area pass. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

1/7/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

1/9/2019

14 Mile Creek

Hikers R Us

Location: Meet at Glen Abbey Rec Centre parking lot, located at 1415 Third Line, Oakville (north of QEW and south of Dundas St.) @9:00:00 AM

Distance: 13 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A 13 km loop hike along 14 mile creek and town paths for about 4 hours. No dropout point. No dogs please. Bring water, snack/lunch, and other appropriate hiking gear (icers may be needed). Please RSVP **Hike Leader** Norman Young , mny176@outlook.com , 905 845-0939 cell 905 330-6605

1/9/2019

Waterdown Woods

Good Companions

Location: City View Park in Burlington. The park is located on Kerns Rd just south of Hwy 5. @10:00:00 AM

Distance: 8 km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing, Dependent on Conditions, Slippery Sections Likely

Description: Meet in the first (north) parking lot near the washrooms. We will do a loop hike walking along the escarpment using both the blue and white trails. Bring ICERS, snack and water. Refreshment stop afterwards at Copper Kettle in Waterdown and, for those interested a possible tour of the True North Gallery just around the corner, Waterdown's "hidden gem" art gallery (assuming there are no changes in visiting times). **Hike Leader:** Connie Rusynyk 905 520 6502

1/10/2019

Thursday Group - Dundas Valley Trails

Thursday Group

Location: Dundas Valley Trail Centre-Governor's Road @10:00:00 AM

Distance: 8 to 10 m. **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: This hike will take us along the trails of this lovely valley. Conditions will determine length of hike. Bring water, snack/lunch and icers. Dundas Valley is located off of Governor's Rd. west of downtown Dundas. Parking fee in effect or Conservation Area pass. Optional refreshment stop afterwards.

Leaders: Phill and Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

1/11/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

1/11/2019

January Snowshoe Weekend in the Bruce

Special Event

Location: Bruce Peninsula @6:00:00 PM

Distance: **Pace:** **Terrain:**

Description: This is the first day of a three-day snowshoe and social event running from Jan. 11 - 13. Pre-registration is required. For an excruciatingly detailed description of the whole weekend, e-mail Richard Reble reblerichard@gmail.com and request his blurb. After checking out the details, e-mail him back to pre-register. Participation is limited to 20 people.

1/13/2019

City View Park/Kerns Road/King Road Junior Hike Exploration

Junior Hiker

Location: City View Park/East Side/South Entrance @11:00:00 AM

Distance: 4 km. **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: Come out to explore these trails in the winter. City View Park is on the east side of Kerns Road, most southerly entrance. Bring water, a snack and if you have them, icers for your boots. Map 9.

Leader: Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

1/14/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

1/16/2019

Dundas Valley

Hikers R Us

Location: Dundas Valley Conservation Area @9:00:00 AM

Distance: 15K +/- **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meet at the main parking lot off of Governors Rd in Dundas, Map 8 Ed 29, marker 51.9, parking fee applies.

We will hike the main trail and then take the Headwaters trail and return.

RSVP by email wlr8362@gmail.com Cancellations the morning of the hike call 289-456-3498

Bring lunch, water and icers. No dogs please.

1/16/2019

Glen Abbey Ravine Trails Oakville

Good Companions

Location: Oakville Glen Abbey Ravine Trails Upper Middle Rd./Third Line @10:00:00 AM

Distance: Approximately 8 km. **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing, Slippery Sections Likely

Description: Come and enjoy the trails of the Glen Abbey Ravines in winter. Walk along quiet trails through woodlands, sometimes along frozen creeks and then friendly neighbourhoods. Bring water, a snack and icers. Meet before 10:00 am. in the north west corner of Abbey Plaza at the corner of Third Line and Upper Middle Rd. Park near Macdonald's (bathrooms available) facing Third Line.

Leaders: Anne and Phill Armstrong. 905-617-3937. hikinggrandma@gmail.com

1/17/2019

Thursday Group, Waterdown Woods

Thursday Group

Location: We will meet in City View Park in Burlington. The park is located on Kerns Rd just south of Hwy 5.

@10:00:00 AM

Distance: 8 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meet at the first (north) parking lot near the washrooms. We will do a loop hike walking along the escarpment using both the blue and white trails. Bring ICERS, snack and water. Refreshment stop afterwards at the Copper Kettle in Waterdown, and for those interested, we will do a tour of the True North Gallery just around the corner from the coffee shop. This is Waterdown's hidden gem art gallery. hopefully they will not have changed their visiting times for the winter. **Hike Leader:** Connie Rusynyk 905 520 6502

1/18/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM
Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing
Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

1/21/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM
Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing
Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.
Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

1/23/2019

Dundas Valley CA

Hikers R Us

Location: Dundas Valley Conservation Area @9:30:00 AM
Distance: 15 **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely
Description: 15 km loop hike will take approx. 4.5 hrs. There will be a refreshment/pub stop in Dundas afterwards. Depart 9:30 from Dundas Valley parking lot (fee) by the Trail Centre. Enter Dundas Valley Conservation Area main entrance off Governors Road, Dundas.
Begin at the Trail Centre (washrooms available) to the Main Loop to the Headwaters Trail and back around. Bring water, lunch, snacks, icers.
Please register with Steven White stevenwhite901@gmail.com or text -242-9415. No dogs please

1/23/2019

RBG North Shore Trail

Good Companions

Location: Meeting at former RBG York Road Parking Lot in Dundas. @10:00:00 AM
Distance: 7-8km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing
Description: Easy hike, a few hills. We'll take a break at the nature center (which has a restroom). Bring snack, drink and have icers on hand (if needed given it's winter).
Leader: Linda Robinson fly@execulink.com

1/24/2019

Thursday Group, Dundas

Thursday Group

Location: We will meet in Dundas Driving Park off Park st. in downtown Dundas. @10:00:00 AM
Distance: 8 - 10 Km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing
Description: Depending on the conditions, we will hike to Dundas Peak and beyond to Tews Falls. However, given the time of year, this may not be possible so it may be a street hike to look at interesting architecture. There is lots of free parking in Dundas Driving Park. If you don't see anyone that looks like a leader, wait by thegateposts. Bring poles (if you use them), ICERS, water and snack.
Contact Marion Fletcher (905) 628-5537, octother@AOL.com

1/25/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: Brisk - 4 to 5 km/hr **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

1/27/2019

East Hamilton Escarpment and Red Hill Valley

General Hike

Location: Parking area on Mountain Brow Blvd (43.211737, -79.815689), between the end of Mohawk Rd East and the Mohawk 4 Ice Centre (710 Mountain Brow Blvd) @9:00:00 AM

Distance: About 8 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A loop hike using the main trail, Escarpment Rail Trail, and other trails in the Red Hill Valley. Brisk pace: about 8 km in 2 hours. Bring snacks and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and hard packed snow. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

1/28/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail +/- 10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

1/30/2019

Shell Park, Burlington/Oakville

Hikers R Us

Location: Meet at the front parking lot for Shell Park at 3307 Lakeshore Road West (west of Bronte Road and east of Great Lakes Blvd.) @9:00:00 AM

Distance: 12 **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: A 12 km circular hike in the park and along the lake for about 3.5 hours. No dogs please. Bring water, snack/lunch, other appropriate gear (icers may be needed). Please RSVP **Hike Leader** Norman Young

mny176@outlook.com 905 845-0939 cell 905 330-6605.

1/30/2019

Cootes Paradise South Shore

Good Companions

Location: Princess Point, Cootes Paradise @10:00:00 AM

Distance: 8km **Pace:** Leisurely - 3km/hr or less **Terrain:** Moderate - Some hills and/or some poor footing

Description: Meet for a 10:00am start at the Princess Point parking lot. Note that RBG parking fees are in effect unless you have an RBG membership. However, the machines let you pay by the hour. The parking lot can be reached by turning right (north) on Macklin Street North from King Street West in Hamilton. Follow to the very end keeping right all the way. This is a "there and back" hike. We will follow the south shore trails to McMaster University, taking in the Sassafras Point trail. We can warm up at the Student Centre building then return to Princess Point. Bring water, suitable footwear and icers. Also a snack or one can purchase a snack at the Student Centre (there is also a Timmies).

Leader: Janina Vanderpost. 905-521-2296 kayakhiker1@gmail.com

1/31/2019

Thursday Group Joshua Creek south, Oakville

Thursday Group

Location: We will meet in the NW corner of Maple Grove Village Plaza (511 Maple Grove Dr.) which is at the corner of Maple Grove Plaza and Cornwall. The plaza is west of Ford Drive and east of Trafalgar Rd. @9:30:00 AM

Distance: 12 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: Bring poles (if you use them), ICERS, water, snack and gear appropriate for the weather. **Hike Leader:** Norman Young. mny176@outlook.com home phone 905 845 0939. Cell 905 330 6605. Please let leader know by 6 pm the day before the hike.

February Hikes

2/1/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

2/2/2019

Iroquoia. Kelso

General Hike

Location: Kelso Conservation Area. West end of parking lot. KM 121.3, Map 11, (N 43.471920 - W 79.950494)

@8:30:00 AM

Distance: 18 **Pace:** **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely

Description: Car shuttle to Km 103.8, Map 11. Hike back through Crawford Forestry Tract, Crawford Lake and Kelso Conservation Areas.

Pub stop after. No dogs. No drop outs. Hiking Boots Icers maybe required

Direction : from 401 north on #25, left on Campbellville Rd, left on Tremaine Rd right into Kelso Conservation Area.

RSVP **Hike Leader:** Ron Granger. Phone. 519 485 0879. Email: ron.granger1@yahoo.com

2/3/2019

Clappison Woods and Grindstone Creek

General Hike

Location: Roadside parking (43.307417, -79.911580) at km 66 (map #9), north end of Old Guelph Rd near Highway #6. See below for further **Directions** @9:00:00 AM

Distance: 12.8 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Strenuous - Hilly with steep climbs and some poor footing

Description: A €œthere and back€• hike using the main trail from Highway #6 to the falls at Smokey Hollow and back. Brisk pace: 12.8 km in about 3 hours. Bring snacks and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and hard packed snow. Hike may take longer if winter conditions are challenging. **Directions** to meeting place: From Highway #6 take York Rd towards Dundas. Turn right onto Old Guelph Rd at the four way stop. Parking is at the dead end of Old Guelph Rd, just past the point where Patterson Rd meets Old Guelph Rd. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

2/4/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

2/5/2019

SOUPFEST HIKE

General Hike

Location: Bayfront Park Hamilton @10:00:00 AM

Distance: 8km loop hike **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: To reach Bayfront Park take Bay St North and turn left on Harbour Front Drive. Park near the gazebo. We will hike along the harbour wall to the canal, around Princess Point, past the Catholic Cathedral and on to the Hamilton Convention Centre.

For \$20 (\$15 seniors) you get to select four delicious cups of soup (bread included) from the best restaurants in the area. The proceeds go to Living Rock Ministries, an NGO that does great work with troubled youth in Hamilton.

There is entertainment and door prizes with plenty of sporting and media celebrities on hand.

After lunch return to Bayfront Park at your leisure. Leader: Terry Rose. (905) 320-6513. termarintl@gmail.com

2/6/2019

Hilton Falls Hiking and Hot Dogs

Hikers R Us

Location: Hilton Falls Conservation Area @9:00:00 AM

Distance: 12-14 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: Hilton Falls is a favourite with most hikers and no wonder! It's a gorgeous conservation area, with lots of variety of trails. It's especially pretty in the winter. To make this hike even more fun, let's bring hot dogs and marshmallows to roast over the fire at the falls.

Hike Leader: Louise Langlais; Email: langlaislouise@gmail.com. Cell: 519-222-4040

Pre-register for the hike with the **Hike Leader**. Please email Louise at least 24 hours before the hike to register.

Sometimes last minute changes are made to hikes; registering means you won't be waiting around the meeting place not knowing why no-one else is there!

2/6/2019

Shell Park, West Oakville

Good Companions

Location: Shell Park. 43.3806068 -79.7181055 @10:00:00 AM

Distance: 8km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: We will explore the trails in Shell Park, Village Wood Park, Riverview Park and Bronte returning via the Pioneer Cemetery. Bring icers.

Hike Leader: Mary Rose. 905-637-2918 termarintl@cogeco.ca

2/7/2019

RBG North Shore Trail

General Hike

Location: Meeting at former RBG York Road Parking Lot in Dundas. @10:00:00 AM

Distance: 7-8km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: Easy hike, a few hills. We'll take a break at the nature center (which has a restroom). Bring snack, drink and have icers on hand (never know this time of year). **Hike Leader:** Linda Robinson, fly@execulink.com

2/8/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

2/8/2019

February Snowshoe Weekend in the Bruce

Special Event

Location: Bruce Peninsula @6:00:00 PM

Distance: Pace: Terrain:

Description: This is the first day of an annual three-day social and snowshoe event in the Bruce Peninsula, running from Feb. 8 - 10. Pre-registration will be required because the event will be limited to 20 participants. If you're interested in learning more, e-mail Richard Reble reblerichard@gmail.com and he'll send you an excruciatingly detailed blurb. If you're still interested, e-mail him back and pre-register.

2/9/2019

Rattlesnake Point

General Hike

Location: Rattlesnake Point, Upper parking lot. Map 11 , Parking Fee require. (GPS N 43.469506 -N 79.950498)

@8:30:00 AM

Distance: 14 Pace: Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing, Slippery Sections Likely

Description: Loop hike in Rattlesnake Point and Crawford Lake.

Pub stop after. No dogs, Hiking Boots, Icers maybe required .

Direction: From 401 north on #25, left on Campbellville rd, left on Appleby Line and right into Conservation Area.

RSVP:**Hike Leader:** Ron Granger Phone : 519 485 0879 Email: ron.granger1@yahoo.com

2/11/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop Pace: Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

2/13/2019

16 Mile Creek

Hikers R Us

Location: Meet at Sixteen Hollow parking lot at 2108-2140 West Oak Trails Blvd. (a northern extension of Dorval Road) and just north of Upper Middle Road, Oakville @9:00:00 AM

Distance: 13 km Pace: Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A circular hike of about 13 km along the creek for about 3.5 hours. No dropout point. No dogs please.

Bring water, snack/lunch, appropriate gear (icers may be needed). Please RSVP**Hike Leader** Norman Young mny176@outlook.com 905 845-0939 cell 905 330-6605.

2/13/2019

RBG North Shore Trail

Good Companions

Location: Meeting at former RBG York Road Parking Lot in Dundas. @10:00:00 AM

Distance: 7-8km Pace: Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: Easy hike, a few hills. We'll take a break at the nature center (which has a restroom). Bring snack/drink and icers (it there is snow). **Hike Leader:** Linda Robinson fly@execulink.com

2/14/2019

Thursday Group - Red Hill Valley

Thursday Group

Location: Map 7. Red Hill Valley - Parking Lot @ Pritchard and Old Mud Street, Hamilton EastMountain. 43.2006438 -79.8155411 @10:00:00 AM

Distance: 8km loop hike Pace: Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: We will do a loop hike in the Red Hill Valley returning via Buttermilk Falls and Albion Falls. Could be shortened if conditions are poor. Bring icers.

2/15/2019

Family Day Weekend Snowshoeing in Tobermory

General Hike

Location: Tobermory @6:30:00 PM

Distance: 7km per day **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: Family Day Weekend snowshoeing at the "Tip o' the Bruce" Tobermory and the Bruce Peninsula National Park. Feb. 15-18. We will snowshoe the Burnt Point Loop and the trails of the Cypress Lake area to the Georgian Bay shore and along the shore. Lots of great views of Georgian Bay. New to snowshoeing? We will help you. We stay and have our meals at a comfortable hotel overlooking Little Tub Harbour in Tobermory. More information contact Greg Vincent vincent.greg@gmail.com or (519) 579-8210

2/15/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant @7:30:00 PM

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

2/17/2019

East Hamilton Escarpment and Red Hill Valley

General Hike

Location: Parking area on Mountain Brow Blvd (43.211737, -79.815689), between the end of Mohawk Rd East and the Mohawk 4 Ice Centre (710 Mountain Brow Blvd) @9:00:00 AM

Distance: About 8 km **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: A loop hike using the main trail, Escarpment Rail Trail, and other trails in the Red Hill Valley. Brisk pace: about 8 km in 2 hours. Bring snacks and water. Be prepared for winter conditions: poles recommended and icers or micro-spikes may be required for icy sections of the trail and hard packed snow. Leader: Douglas Boyce at dboyce004@gmail.com or 905-928-4509.

2/18/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton @10:00:00 AM

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail +/- 10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

2/20/2019

Hamilton Waterfront Trail

Good Companions

Location: Entrance to the Waterfront Trail at the Far west end of Bayfront Park @10:30:00 AM

Distance: 5km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing

Description: We will walk from the entrance of the Bayfront Trail to Princess Point and back and then go to Fishers Pier 4 Pub and Grub on James St. N. for lunch.

Hike Leader: Bill Fulton. ibtcrbguu.fulton@gmail.com

2/20/2019

Mountsberg

Hikers R Us

Location: Meet at Mountsberg Conservation Area, 2259 Millborough Line, Campbellville GPS 43.459745 - 80.030052.
@9:00:00 AM

Distance: 12 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: We'll hike the snowy trails of the conservation area for about 3 hours and check out the birds and the animals in the barn. Please bring snack/lunch, water, icers may be necessary. Conservation pass or Parking fees apply. No dogs, please. Please RSVP to **Hike Leader** Charlotte Stewart stewchar01@gmail.com, cell/text 905 906-0519.

2/22/2019

Burlington Waterfront Evening Hike

General Hike

Location: Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant **@7:30:00 PM**

Distance: **Pace:** Brisk - 4 to 5 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

2/25/2019

Radial Trail, Hamilton

General Hike

Location: Parking lot of the Chedoke Golf Club in Hamilton **@10:00:00 AM**

Distance: 10km loop **Pace:** Medium - 3 to 4 km/hr **Terrain:** Moderate - Some hills and/or some poor footing

Description: Hamilton Radial Trail+/-10 km loop. There is no dropout point.

Hike Leader: daljeet juneja ds.juneja@gmail.com 905-870-3088

2/27/2019

Joshua Creek North, Oakville

Hikers R Us

Location: Meet at Oakville Town Hall, 1225 Trafalgar Road, just north of the QEW **@9:00:00 AM**

Distance: 14 km **Pace:** Medium - 3 to 4 km/hr **Terrain:** Easy - Mostly flat and usually go footing

Description: A circular hike of 14 km along the creek and town trails for about 4 hours. No dropout point. No dogs please. Bring water, snack/lunch, appropriate gear (icers may be needed). Please RSVP **Hike Leader** Norman Young mny176@outlook.com 905 845-0939 cell 905 339-6605

2/27/2019

Crawford Lake

Good Companions

Location: Crawford Lake is located off Guelph Line north of Derry Rd. **@10:00:00 AM**

Distance: 8 km **Pace:** Leisurely - 3km/hr or less **Terrain:** Easy - Mostly flat and usually go footing, Dependent on Conditions, Slippery Sections Likely

Description: Meet in the lower level parking lot. Depending on conditions we will hike around the lake, out to the lookout and possibly along the green conservation area trail. Bring ICERS, snack, water. C/A parking fees apply if you do not have membership. Afterwards, if you wish, we will go to the Trail Eatery in Campbellville for refreshments. **Hike Leader:** Connie Rusnyk 905 520 6502